

Genetic Basis of Biofilm Formation Genes *Ebp* and *Bph* (*phos*) among Multidrug Resistance *Enterococcus faecalis* Isolates, Iraq

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Abstract

Background: Biofilm produced by *Enterococcus* spp. increase their inherent and acquired antibiotic resistance, posing a significant challenge to infection treatment, particularly in virulent strains. **Objective:** This study aimed to investigate some genes responsible for biofilm formation (*Bph* (*phos*) and *EbpB*) by polymerase chain reaction (PCR) technique. **Materials and Methods:** A total of 130 clinical samples were collected during this study, which were obtained from patients who were admitted to Feminine and Children Teaching Hospital in Al-Diwaniyah City during a period extending from (November 2022 to March 2023). All samples were subjected to culturing on different media (blood agar, MacConkey, Bile Esculin agar, and M-EI chromogenic agar), after which catalase and oxidase tests were conducted biochemically. After cultivation, the VITEK-2 compact system was used to identify the samples. The isolates were investigated genotypically for harboring biofilm formation genes, including *EbpB* and *Bph* (*phos*), by molecular method (PCR). **Results:** The VITEK-2 compact system revealed that only 12 isolates were identified as *E. faecalis*. The most effective antibiotics against *E. faecalis* were (vancomycin, teicoplanin, linezolid, tigecycline, and ampicillin), and the highest resistance was against erythromycin (100%) and tetracycline (91.6%). *Enterococcus faecalis* isolates were investigated genotypically for harboring biofilm formation genes that include *EbpB* and *Bph* (*phos*) by molecular methods, PCR. The results showed that *EbpB* and *Bph* (*phos*) genes were positive for all isolates with a percentage of 100%. **Conclusions:** It was found that the presence of biofilm formation genes in *E. faecalis* *EbpB*, and *phos* (*Bph*) increase the pathogenicity of this pathogen. These genes showed a high percentage among *E. faecalis* isolates. Also, all isolates had the potential to form a biofilm, which complicates their treatment with antibiotics, confirming the critical need to develop novel antimicrobial agents that control the infection associated with the development.

Keywords: Antibiotic, biofilm, *Enterococcus faecalis*, virulence factors

INTRODUCTION

Enterococci are primarily commensal residents in the intestines of humans and animals. The species *Enterococcus faecalis* is a common inhabitant of the human intestinal microflora and the genitourinary tract of men and women.^[1] The species is recognized as an important causative agent of healthcare-associated infections, including urinary tract infections (UTIs), postsurgical wound infections, bacteremia, endocarditis, meningitis, and neonatal sepsis. *E. faecalis* was G+, facultatively anaerobic, catalase-negative, oxidase-negative, nonspore-forming bacteria belonging to the genus *Enterococcus* frequently live in the intestines of healthy people.^[2] It typically appears in pairs

or chains of various lengths.^[3] In humans, *E. faecalis* is a common intestine bacterium that is, easily susceptible to developing antibiotic resistance, allowing it to serve as a biomarker of antimicrobial resistance.^[4] Antibiotic resistances are a natural phenomenon that happens whenever antibiotics are in use; also, human behaviors contribute to rapid developments and spreads of bacterial

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antibiotic resistances.^[5] In addition to their resistance to antibiotics, *E. faecalis* may also produce virulence factors that contribute to their pathogenicity.^[6]

Biofilm is an aggregate of microorganisms such as bacteria and the attachment to the biotic surface, which is protected by an extracellular polymer matrix composed of polysaccharides and extracellular DNA; it has widespread implications in the medical field.^[7]

One of the main mechanisms by which *E. faecalis* is resistant to antibiotics is its ability to form biofilms; *E. faecalis* can also cause persistent inflammation after forming a biofilm.^[8] The endocarditis and biofilm-associated pilus minor *EbpB* and Biofilm association phosphatase *phos* (*Bph*). In addition to being necessary for the upregulation and synthesis of virulence determinants, it's also crucial for biofilm formation.^[9]

Clinical management of bacterial infections has faced significant difficulties in recent years due to the advent and spread of multiple drug-resistant (MDR) bacteria.^[10] Due to the extensive misuse of antimicrobial agents, treatment of infections associated with MDR enterococci is complicated. The inherent antibiotic resistance and dissemination of resistance genes through conjugative transposons and plasmids play an important role in the development of MDR enterococci.^[11]

The aim of this study was to genetic detection of genes responsible for biofilm formation (*Bph* [*phos*] and *EbpB*) by polymerase chain reaction (PCR) technique.

MATERIALS AND METHODS

The current study was conducted in the Maternity and Children Teaching Hospital in Al-Diwanyah City during the period from November 2022 to March 2023. One hundred thirty samples were collected from two sites of infection (mid-stream urine and high vaginal swab), labeled with the patient's details, and then promptly delivered to the lab.

Collection of urine specimens

Midstream urine samples (95 samples) were collected in sterile screw-cap containers (4–5 mL) from patients with UTI and immediately subjected to aerobic culture in the General Hospital laboratory. General urine examinations were conducted for each sample.

Collection of high vaginal swap

High vaginal swabs were taken from women patients suffering from abnormal vaginal discharge, itching, burning, and lower abdominal pain. Gynecologists obtained swabs from 35 women. They had not received antibiotic therapy at least one week before sample collection. The target vaginal area smear has been observed by the gynecologists using a sterile unlubricated speculum. Vaginal sterile cotton-tipped swabs with Amies medium was used for culture.^[12]

Culture and identification

Enterococcus faecalis was identified according to its morphology with Gram stain and chains appearance or pairs for primary isolation after cultured on blood agar, MacConkey agar, Bile Esculin agar, m-EI chromogenic agar and incubating for 24–48 h at 37°C. Biochemical testing (oxidase and catalase tests) followed; additionally, as a last stage of confirmation, out of 130 samples, only 16 specimens were exposed to the VITEK-2 system.

Test for antibiotic susceptibility

Drug sensitivity test results were evaluated using antibiotic susceptibility test (AST)-592 cards, and antibiotic susceptibility tests were conducted using the (VITEK-2) system on all bacterial isolates in the current investigation.

Molecular characterization

Bacterial genomic DNA extraction

Extraction of the DNA was carried out for *E. faecalis* isolates employing a commercial kit, and it was conducted relying on the manufacturer's instructions (TRANS, China).

Detection of biofilm formation genes by PCR

The primer sequences used to amplify genes encoding biofilm formation are listed in Table 1. The primers were resuspended by dissolving the lyophilized product of primers and preparing the stock primer by adding PCR water (free nuclease water) according to instructions of the manufacturer, as shown in Table 2. The PCR tubes were positioned in the thermal cycler, and the conditions of the correct PCR cycling software parameters were changed according to each primer, as shown in Table 3.

Agarose gel electrophoresis

The PCR products were analyzed according to the manufacturer's instructions by agarose gel electrophoresis.

Table 1: PCR primers for detection of biofilm formation genes

No	Gene		Sequences of primer (5-3)	Product size of PCR (bp.)	Reference
1	<i>EbpB</i>	F	5'-CGCAGCAACGAGATAAAGCC-3'	584	NCBI
		R	5'-GACAAAAGACTTGCCGCCTG-3'		
2	<i>Bph</i> (<i>Phos</i>)	F	5'-ACTCGTGAACCAGCCATTGT-3'	322	NCBI
		R	5'-GACAAAAGACTTGCCGCCTG-3'		

Ethical approval

The present study has been managed according to the recommendations guide gained from the College of Medicine, University of Al-Qadisiyah, according to document number 30/4193 on November 14, 2022. The study did not include genetically modified creatures or prohibited biological substances. Each *E. faecalis* isolates included in the present study was obtained without any additional substances.

RESULTS

A total of 130 samples that collected from mid-stream urine (95 samples) and high vaginal swab (35 samples) that took from UTI and vaginal discharge patients admitting Maternity and Children Teaching Hospital in Al-Diwanyah City, during the period between (November 2022 to March 2023). Out of 130 samples, 25 (19.2%) isolates gave negative results for growth, and 105 (80.7%) isolates gave positive results for growth [Figure 1]. Out of 105 positive culturing samples, only 16 isolates (12.3%) were suspected to be *E. faecalis*.

Enterococcus faecalis was identified according to its morphology with Gram stain and chains appearance or pairs and biochemical tests (catalase, oxidase) for primary isolation after cultured on blood agar, MacConkey agar, Bile Esculin agar, m-EI chromogenic agar and incubating for 24–48 h at 37°C.

Colony morphology and culture characteristics were observed macroscopically; most isolates produce α -hemolysis on blood agar, while others do not. All isolates grew on MacConkey agar and appeared as lactose fermenters with deep pink-magenta colored colonies. On bile esculin agar, all isolates convert the color of media to black coffee brown (due to the hydrolysis of esculin). The identification of *E. faecalis* was performed by direct inoculation on m-EI chromogenic agar (recovery and

distinction of *E. faecalis*); the isolates were given blue colonies.

Diagnosis by VITEK-2 compact system

All 16 samples underwent a final confirmation phase using the VITEK-2 that confirmed the results. Table 4 explains the percentage of *E. faecalis* isolates from total samples, where only 12 (75%) isolates (according to the VITEK-2) were identified as *E. faecalis*. The percentage of *E. faecalis* isolated from midstream urine was (80%) while it was (66.6%) from high vaginal swabs.

Antibiotic susceptibility profile of *Enterococcus faecalis*

The antibiotic susceptibility test in the present study was evaluated utilizing AST-P592 cards and an automated VITEK-2 system. *Enterococcus faecalis* antimicrobial susceptibility profile revealed that resistance was most frequently observed with erythromycin (100%), tetracycline (91.66%), streptomycin (58.33%), and gentamycin (50%) with a low resistance to ciprofloxacin (25%). The AST results indicated many available treatment options for the clinical management of *E. faecalis* infections since all the isolates tested were susceptible (100%) to antibiotics (vancomycin, teicoplanin, linezolid, tigecycline, and ampicillin). The antimicrobial susceptibility and percentage of isolates are shown in Figure 2.

Multi drug resistance of *E. faecalis*

In the present study, the majority of *E. faecalis* isolates exhibited MDR to different antibiotics (75%, 9/12), as in Table 5. Multidrug resistance in the present study was less in urine isolates (62.5%) than vaginal isolates (100%).

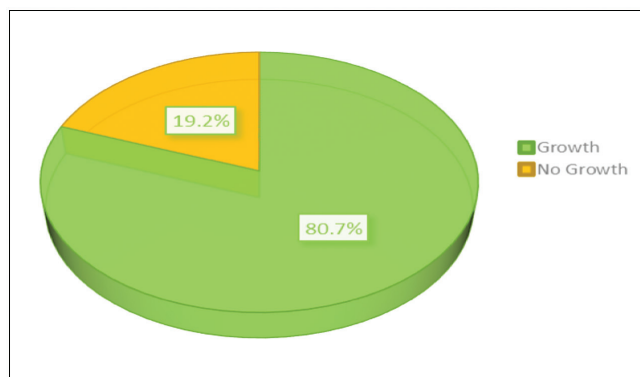


Figure 1: Percentage of isolates according to the growth

Table 2: Components of the PCR mixture

No	Mixture contents	Volume (μl)
1	Master mix	12.5
2	Forward primer	1.5
3	Reveres primer	1.5
4	Template DNA	5
5	Distilled water	4.5
Total		25

Table 3: PCR thermo cycling conditions

Gene	Temperature (°C)/time (s)					Cycle no.
	Inietal denaturation	Cycling condition			Final extension	
		Denaturation	Annealing	Extension		
<i>EbpB</i>	94	94/60	57/60	72/60	72	35
<i>Bph (phos)</i>	94	94/60	53/60	72/60	72	

Molecular detection of biofilm formation genes *EbpB* and *Bph (phos)*

PCR was conducted for 12 isolates, using the *EbpB* and *Bph (phos)* using certain primers for amplifying such genes. The current findings made clear the existence of the *EbpB* gene was observed in all *E. faecalis* isolates (100%), where the bands showed up within the range of the gene's predicted size (584 bp) for all positive isolates, as shown in

Table 4: Distribution of *E. faecalis* isolates according to the VITEK-2 system

Source samples	No of samples	Suspected <i>E. faecalis</i> (%)	No. of <i>E. faecalis</i> (%) by VITEK-2
Urine	95	10 (10.52%)	8 (80%)
HSV swab	35	6 (17.14%)	4 (66.66%)
Total	130	16 (12.3%)	12 (75%)
Calculated χ^2		0.365	
Calculated <i>P</i> value		0.551*	

*No significant difference at *P* > 0.05

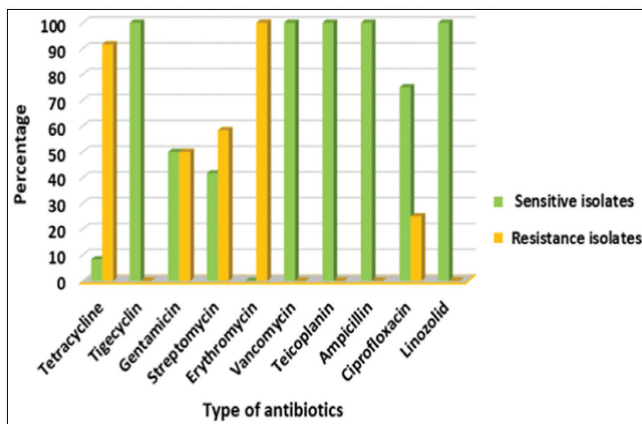


Figure 2: Antibiotic susceptibility profile of *E. faecalis*

Figure 3. Also, 100% of isolates have the *Bph (phos)* gene, where the bands are seen within the gene's predicted size (322 bp), as illustrated in Figure 4.

The relationship between virulence genes and antibiotic resistance

Results of the present study in Table 6 showed that *EbpB* and *phos(Bph)* genes were found in all *E. faecalis* isolates, so there was an association between these genes (biofilm formation genes) and (erythromycin, tetracycline, gentamycin, streptomycin, and ciprofloxacin) resistance.

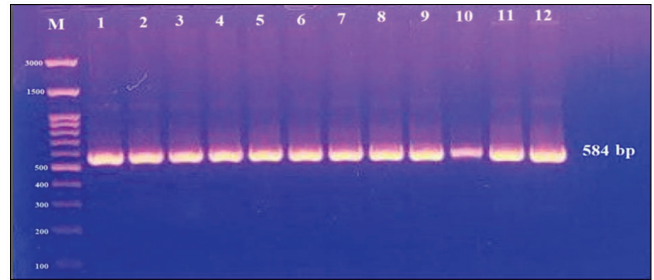


Figure 3: Shows a PCR-amplified *EbpB* gene (584 bp) electrophoresis on a 1.5% agarose gel after 60 min. Lane M (marker ladder 100–3000 bp). Lanes 1, 2, 3, 5, 6, 7, 8, 9, 10, 11, and 12 isolate positively at 70 V

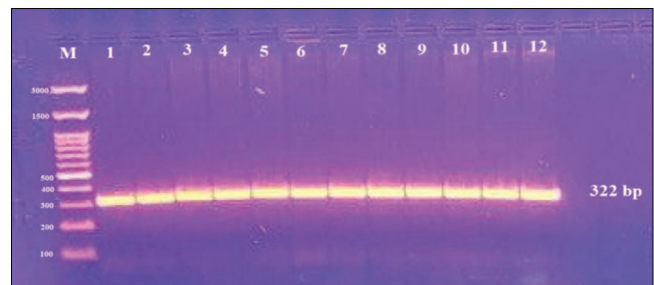


Figure 4: Shows a PCR-amplified *Bph (phos)* gene (322 bp) electrophoresis on a 1.5% agarose gel after 60 min. Lane M (marker ladder 100–3000 bp). Lanes 1, 2, 3, 5, 6, 7, 8, 9, 10, 11, and 12 isolate positively at 70 V

Table 5: Antimicrobial resistance profile of 12 *E. faecalis* isolates and resistance type

Isolate NO	Source of isolates	Antibiotics										Type of resistance
		AMB	LZD	E	CIP	GM	S	VA	TIC	T	TIG	
1	HVS	-	-	+	-	+	-	-	-	+	-	MDR
2	Urine	-	-	+	-	-	+	-	-	+	-	MDR
3	Urine	-	-	+	-	+	+	-	-	+	-	MDR
4	Urine	-	-	+	-	+	+	-	-	+	-	MDR
5	HVS	-	-	+	-	-	+	-	-	+	-	MDR
6	Urine	-	-	+	-	-	-	-	-	-	-	—
7	Urine	--	-	+	-	-	-	-	-	+	-	—
8	Urine	-	-	+	-	-	-	-	-	+	-	—
9	HVS	-	-	+	-	+	-	-	-	+	-	MDR
10	HVS	-	-	+	+	-	+	-	-	+	-	MDR
11	Urine	-	-	+	+	+	+	-	-	+	-	MDR
12	Urine	-	-	+	+	+	+	-	-	+	-	MDR

+: Presence of resistance gene, -: absence of resistance gene, S: streptomycin, T: tetracycline, E: erythromycin, CIP: ciprofloxacin, GM: gentamicin, AMB: ampicillin, TIG: tagicyclin, LZD: linezolid, VA: vancomycin, TCG: teicoplanin

Table 6: Virulence genes and resistance patterns of *E. faecalis* isolates

Isolate no	Sample source	Genes		Antibiotics				
		<i>Ebp</i>	<i>Bph (Phos)</i>	E	T	GM	S	CIP
1	HVS	+	+	+	+	+	-	-
2	Urine	+	+	+	+	-	+	-
3	Urine	+	+	+	+	+	+	-
4	Urine	+	+	+	+	+	+	-
5	HVS	+	+	+	+	-	+	-
6	Urine	+	+	+	-	-	-	-
7	Urine	+	+	+	+	-	-	-
8	Urine	+	+	+	+	-	-	-
9	HVS	+	+	+	+	+	-	-
10	HVS	+	+	+	+	-	+	+
11	Urine	+	+	+	+	+	+	+
12	Urine	+	+	+	+	+	+	+

DISCUSSION

Although *E. faecalis* can live peacefully in the gastro intestinal tract (GIT) of the human, if it grows unchecked in the gut or gains access to extraintestinal sites, it can transform into an opportunistic pathogen. *Enterococcus faecalis* overgrowth in the GIT is often associated with antibiotic treatment and host inflammation, which can lead to subsequent translocation to other sites.^[13] *Enterococcus faecalis* produces a biofilm that plays an important role in its virulence. It promotes bacterial adherence to the host cell surface, antibiotic resistance, and resistance to phagocytosis.^[14]

Enterococci have an extraordinary ability to form biofilms, which is a remarkable pathogenesis strategy that allows their survival in adverse conditions and persistence at the site of infection. The formation of biofilm is a complex and multifactorial event but may be attributable in part to specific virulence factors, such as those associated with enterococci colonization/adhesion of the host.^[15]

Enterococcus faecalis strains were able to survive within macrophages for up to 48h; it seemed to be related to the ability of bacteria to synthesize extracellular polysaccharides (to form biofilm) induced by the presence of an additional carbohydrate source in the medium. Survival of *E. faecalis* within macrophages may contribute to pathogenesis by facilitating spread to distant sites after translocation through the intestinal barrier.^[16]

The current results show that all isolates were very resistant to erythromycin (100%) and tetracyclin (91.66%), concurs with earlier research about the same issue.^[17] And agreement with other studies carried out in India.^[18,19] Previous studies^[20,21] showed the majority of *E. faecalis* isolates were resistant to erythromycin, with 82.4% and 66%, respectively. Also, a study in Baghdad showed that 75% of *E. faecalis* isolates were resistant to erythromycin.^[22] Another study about *E. faecalis* showed high susceptibility to tetracycline, linezolid, daptomycin,

and tigecycline, whereas it showed a high resistance rate to levofloxacin, erythromycin, and clindamycin.^[23]

In the present study, resistance was observed against streptomycin (58.33%) and gentamycin (50%); previous study^[24] found (31.25%) and (43.75%) of *E. faecalis* isolates were to be resistant to gentamicin and streptomycin (both high level). Another study done by Szabó *et al.*^[25] showed the highest resistance against streptomycin (67.7%) and gentamicin (59.3%).

This study is in the same line with the frequency of resistance to ciprofloxacin (20.6%) in urine specimens.^[26] Another study^[27] found that *E. faecalis* was highly resistant against ciprofloxacin (66.67%).

According to the current study, the highest resistance was related to erythromycin and tetracyclin, which are in concurrence with other studies.^[28,29] Also, present results showed the prevalence of *EbpB* and *phos (Bph)* genes among *E. faecalis* isolates was high, with a rate of 100%, while the study by Kadhem^[30] found that the most prevalence genes among *E. faecalis* isolates were *esp* gene 100%, and in another study which was performed in Tunis (2007) showed the most prevalence genes between *E. faecalis* isolates was *ace* gene 100%.^[31]

In the present study, the majority of *E. faecalis* isolates exhibited MDR to different antibiotics (75%, 9/12). The rate of MDR of isolates in the current study was higher than in a study,^[32] which reported that (57.1%) of *E. faecalis* showed MDR. A study^[33] showed that multidrug resistance was more in urine isolates (55.7%) than vaginal isolates (53.6%), with many showing the same resistance patterns, while in the present study, multidrug resistance was less in urine isolates (62.5%) than vaginal isolates (100%).

There are at least three major reasons for the emergence of MDR enterococci: (i) baseline intrinsic resistance to several antimicrobial agents, (ii) acquired resistance via mobility of the resistance genes on plasmids and

transposons, and chromosomal exchange, and (iii) the transferability of resistance.^[34]

EbpB gene is coding for Ebp production (the endocarditis and biofilm-associated pili minor), (Ebp) are surface-associated filamentous structures considered to play a pivotal role in *E. faecalis* virulence. Ebp pili contribute to biofilm formation, adherence to abiotic surfaces, and adherence to platelets, fibrinogen, and collagen of *E. faecalis*, thus supporting the establishment and persistence of this bacterium in clinically important infections and cause endocarditis and UTI. The presence of Ebp pili on the surface of *E. faecalis* cells likely has an important impact not only on colonization and adherence but also on bacterial pathogenicity and the spread of antibiotic resistance.^[35] According to results from the present study, the *Ebp* gene was present in all *E. faecalis* (100%); a high incidence of this *Ebp* gene was reported in the previous study, with a percentage (90%) of all *E. faecalis* in urine.^[36] The current study showed similarity to the result of another study,^[37] with (95.9%) of the *EbpB* gene between *E. faecalis* isolates.

Recently, another virulence factor (biofilm association phosphatase) was described in *E. faecalis*, *Bph* (phos) is required for attachment to a relevant host surface. Expression of *Bph* from a pheromone-inducible complementation vector restored biofilm formation in all mutants. An increase in the number of attached biofilm cells was observed with the *Bph* strain expressing *Bph* from a plasmid. One explanation for reduced biofilm formation by *Bph* mutants is increased cell lysis due to cell envelope defects.^[38-39]

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Conflicts of interest

There are no conflicts of interest.

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