

## Immunohistochemical evaluation of Her-2/neu overexpression in breast carcinoma in Mosul

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### ABSTRACT

**Objective:** To evaluate the overexpression of Her-2/neu in patients with breast cancer in Mosul (both invasive and intraductal) against other prognostic parameters of mammary carcinomas, such as histological type, grade, tumor size, patient age and number of lymph nodes involved.

**Methods:** This is a retrospective study conducted in the Pathology laboratory of Al-Jamhoori Teaching Hospital and at private laboratories. A total of 36 breast cancer cases and 4 benign cases were diagnosed and collected in a period spanning from April 2006 to April 2007. We used Immunohistochemistry to evaluate the overexpression of Her-2/neu against the age, tumor size, type and grade and the axillary lymph node status.

**Results:** The mean age of all cases was 47.5 years ranging from 28 to 72 years. Regarding the age, Her-2 positivity was shown in 2 peaks (4<sup>th</sup> and 7<sup>th</sup> decades), while Her-2 negativity was found in older age group ( $p=0.004$ ). Overall Her-2 overexpression was in 37% of the cases; it was overexpressed in 34.5% of invasive ductal carcinoma, in 100% of medullary carcinoma and in 100% of ductal carcinoma in situ. Whereas no expression (0.0%) was seen in 3 cases of invasive lobular carcinoma and one case of colloid carcinoma. Her-2 positivity was associated with large size (T2 and T3) rather than small size tumors ( $p=0.015$ ). There was a correlation between Her-2 positivity and high grade tumor [G3 in 69.2% of the positive cases ( $p=0.045$ )]. Her-2 positivity was associated with axillary lymph node metastasis in 84.6% of cases, but not reaching a statistical significance. The benign lesions included in this study (two fibroadenoma, one fibrocystic disease and one duct ectasia) all showed negativity for Her-2 stain.

**Conclusion:** Her-2 overexpression was found in 37% of breast cancer in Mosul. Regarding age incidence Her-2 overexpression was noted at 2 peaks 3<sup>rd</sup> and 6<sup>th</sup> decades. Large size and high grade breast carcinomas were associated with high percentage of Her-2 positivity, and the majority of Her-2 positive cases had axillary lymph node metastases.

**Key words:** Breast carcinoma, Her-2/neu expression

### الخلاصة:

**الهدف:** تقييم شدة إظهار مستلمات Her-2/neu لمريضات سرطان الثدي في مدينة الموصل و لكلا نوعيه (المقيم والمنتشر). كذلك مقارنته مع عناصر أخرى للعوامل الانذارية للمرض مثل نوع السرطان النسيجي, درجة تقدم المرض, حجم المرض, عمر المريضة ووجود انتشار المرض إلى العقد اللمفاوية.

**تصميم الدراسة:** دراسة رجعية لحالات سرطان الثدي عند النساء في مدينة الموصل.

**طريقة إجراء البحث:** تمت الدراسة في مختبر المستشفى الجمهوري التعليمي /قسم النسيج المرضي مع جمع عينات من المختبرات الأهلية فكان العدد الكلي للعينات ست وثلاثون حالة لسرطان الثدي مع جمع أربع عينات من آفات الثدي الحميدة

للفترة ما بين نيسان ٢٠٠٦ إلى نيسان ٢٠٠٧. تم استخدام صيغة خاصة (صبغات مناعية نسيجية) لإبراز درجة إظهار مستلمات Her-2/neu ومقارنتها مع العوامل الانذارية الأخرى.

**النتائج:** كان معدل أعمار الحالات المدروسة ٤٧.٥ سنة (تتراوح ما بين ٢٨ إلى ٧٢ سنة). أغلب الحالات التي أظهرت إيجابية لمستلمات Her-2/neu كانت في العقدین (الثالث و السادس). إما أكثر الحالات التي أظهرت سلبية لمستلمات Her-2/neu ففي الفئات العمرية الأكبر. كانت نسبة إيجابية إظهار مستلمات Her-2/neu هو 37% من الحالات. 34.5% من الحالات الإيجابية هي من نوع سرطان الثدي القنوي الانتشاري، كما كانت شدة الظهار للمستلمات أكثر مع الإحجام الأكبر للسرطان ومع الدرجات المتقدمة للسرطان. 84.6% من الحالات التي أظهرت إيجابية لمستلمات Her-2/neu كانت منتشرة للعقد للمفاوية.

**الاستنتاج:** نسبة إيجابية إظهار مستلمات لسرطان الثدي في مدينة الموصل كانت 37%. وخاصة في العقدین الثالث والسادس وفي الأورام الأكبر حجما وفي الدرجات المتقدمة للسرطانات. معظم الحالات الإيجابية كانت منتشرة للعقد للمفاوية.

**G**rowth and differentiation of both normal and malignant human breast cancer cells are regulated by steroid hormone and peptide growth factor receptors. Among the peptide growth factor receptors frequently implicated in breast cancer are members of type I receptor tyrosine kinase family which is encoded by Her-2/ neu gene<sup>(1)</sup>. The Her-2/neu (c-erb B-2) gene is protooncogen localized to chromosome 17q that encodes a 185 kd transmembrane glycoprotein with tyrosine kinase activity and structural homology to the human epidermal growth factor receptor<sup>(2,3)</sup>. Tyrosine kinase receptor family is involved in cell-cell and cell-stromal interaction, primarily through a process known as signal transduction, in which external growth factors, or ligands, affect the transcription of various genes by phosphorylating or dephosphorylating a series of transmembrane proteins and intracellular signaling intermediates<sup>(4)</sup>.

Oncogenic amplification of Her-2/neu gene has been observed in 20%-30% of all invasive breast cancer and most cases of intraductal comedocarcinoma<sup>(2,5)</sup>. However, some studies had found that about 20%-40% of breast cancer showed amplification of Her-2/neu<sup>(6)</sup>. Her-2/neu amplification in breast cancer cases predicts more frequent relapse, short survival time and is considered as independent poor prognostic factor<sup>(2,7)</sup>. Cancer cells that overexpress Her-2/neu are often resistant to many cytotoxic drugs and radiotherapy. A humanized monoclonal

antibody, Trastuzumab (Herceptin) can effectively treat tumor with Her-2 gene amplification in 25% of patient as monotherapy and 50% when given with other chemotherapy<sup>(4)</sup>.

Because the clinical results obtained with Herceptin are promising, there is a need for a sensitive, precise and reproducible methods to screen breast cancer patients for amplification of Her-2/neu gene. The most common detection methods for Her-2/neu include; measurement of protein overexpression by immunohistochemical assay (Herceptest), detection of gene amplification by fluorescence in situ hybridization (FISH) technique and PCR technique<sup>(2,8)</sup>.

Our aims in this study are: (1) to evaluate the overexpression of Her-2/neu in patients with breast cancer in Mosul (both invasive and intraductal) and (2) to compare the expression of this with other prognostic parameters of mammary carcinomas, such as histological type, tumor grade, tumor size, patient's age and number of lymph nodes metastases.

### Materials and methods:

A total of 36 breast cancer cases and 4 benign cases were diagnosed in a period from April 2006 to April 2007. Cases were collected from Al-Jamhoori surgical teaching hospital and from private laboratories. The cases were classified according to WHO classification. Age and sex of patients and the size of each

tumor were considered. Nottingham combined histologic system was used for grading.

All cases underwent axillary clearance and the state of regional lymph nodes, the presence or absence of periductal fibrosis, necrosis and the lymphatic or vascular invasion were assessed.

Sections were cut at 4  $\mu$ m thickness from paraffin blocks, mounted onto silanized slides and let to dry at 60°C in the oven for 60 minutes. Sections then deparaffinized and rehydrated by descending grades (95%-100%) of ethanol and distilled water. Antigen retrieval was achieved by heat-treat at 95° C in water bath for 40 minutes, then left to cool at room temperature. Slides were quenched with 3% methanolic hydrogen peroxide for 5 minutes, followed by washing with Tris-buffered saline (TBS). Slides were incubated with 100  $\mu$ l of primary antibody for 30 minutes at room temperature in a moisture chamber, then rinsed with TBS. After which followed by application of secondary antibody for 30 minutes and then washed by TBS to remove excess of TBS and followed by adding 3,3 diaminobenzidine tetrahydrochloride as a chromogen for 10 minutes to produce the characteristic brown stain. A counter stain of hemotoxylin for 15 seconds was used to give better view. The final stages were drying and mounting coverslides.

For each run of staining, positive and negative control slides were also prepared. A positive control was taken from provided control slides from Dako for different scores of Her-2/neu. The negative controls were prepared from a known case of Her-2/neu positive block with substitution of primary antibody by negative control reagent.

Her-2/neu was scored on a 0 to 3 scale according to the criteria set by Dako. The staining was scored as negative (0) when no membrane staining was observed, or when membrane staining was observed in less than 10% of tumor cells. Weak positive (1+) if weak focal membrane staining was seen in more than 10% of tumor cells. Intermediate (2+) if weak to moderate, complete membrane staining was seen in more than 10% of tumor cells. Strongly positive (3+) if intense

complete membrane staining with weak to moderate cytoplasmic activity was seen in more than 10% of tumor cells. In final analysis score 0 and 1+ were considered negative, score 2+ was considered weakly positive and score 3+ was considered as strongly positive.

### Results:

Thirty six mastectomy specimens were included in this study. Invasive ductal carcinoma formed the majority of the cases (29 cases). The second type was invasive lobular carcinoma (3 cases). There were 2 cases of ductal carcinoma in situ, one case of medullary carcinoma and one case of colloid carcinoma (Table 1).

Four (17.4 %) were in G1, 6 cases out of 36 (20.1%) were in G2 and 13 cases were in G3 (56.5%), (Table 2).

Two thirds of cases (24) had size ranged between (2-5cm) T2, 9 cases (25%) were T3, while the remaining 3 cases (8.3%) were small size T1 less than 2cm. (Table 3).

The mean age of all cases was 47.5 years ranging from 28 to 72 years. Her-2 positivity was shown in 2 peaks in two age groups (4<sup>th</sup> and 7<sup>th</sup> decades). While Her-2 negative cases were seen in older age group. The difference is statistically significant ( $p=0.004$ ) (Table 4).

Her-2 was overexpressed in 13 (37%) tumors, nine of them showed strong positivity score (+3) and 4 scored (+2). There were 23 cases with negative reaction to Her-2. There was a strong correlation between Her-2 overexpression and tumor size (T2 and T3) (6 cases of each size) ( $p=0.015$ ). While most negative cases were in T2 (24 cases). Also we found a positive correlation between Her-2 positivity and high grade of tumor 69.2% ( 9 cases were G3) ( $p=0.045$ ).

The study of the lymph node status showed 31 tumors with positive metastasis, and 5 cases with negative lymph node metastasis. Her-2 overexpression was associated with lymph node metastasis in 11 (84.6%) cases, and with no lymph node metastasis in 2 (15.4%) cases. There was no statistical correlation between lymph node metastasis and Her-2 positivity (Table 5).

All of the four benign lesions included in this study were negative for Her-2 stain.

Table 1: The histological types of breast carcinoma versus Her-2 results

Types of Tumor	Her-2 (+ve)		Her-2 (-ve)		Total
	No.	%	No.	%	
Invasive ductal carcinoma	10	34.5	19	65.5	29
Medullary carcinoma	1	100	0	0.0	1
Colloid carcinoma	0	0.0	1	100	1
Ductal carcinoma in situ	2	100	0	0.0	2
Invasive lobular carcinoma	0	0.0	3	100	3
Total	13	-	23	23	36

Table 2: Tumor grade against Her-2 results

Tumor grade	Her-2 (+ve)		Her-2 (-ve)	
	No.	%	No.	%
G1	0	0.0	4	17.4
G2	4	30.8	6	20.1
G3	9	69.2	13	56.5
Total	13	100	23	100

Table 3: Tumor size against Her-2 results.

Tumor size (cm)	Her-2 (+ve)		Her-2 (-ve)		Total	
	No.	%	No.	%	No.	%
T1 (< 2cm)	1	7.6	2	8.7	3	8.3
T2 (2-5 cm)	6	46.2	18	78.3	24	66.7
T3 (>5 cm)	6	46.2	3	13.0	9	25.0
Total	13	100	23	100	36	100

Table 4 : Age group versus Her-2 results.

Age (year)	Her-2 (+ve)		Her-2 (-ve)		Total	
	No.	%	No.	%	No.	%
20-30	1	7.7	1	4.4	2	5.6
31-40	4	30.8	2	8.7	6	16.7
41-50	2	15.4	8	34.8	10	27.8
51-60	2	15.4	4	17.4	6	16.7
>60	4	30.8	8	34.8	12	33.3
Total	13	100	23	100	36	100

Table 5: Lymph node status versus Her-2 results.

	Her-2 (+ve)		Her-2 (-ve)		Total	
	No.	%	No.	%	No.	%
L.N Positive	11	84.6	20	87.0	31	86.1
L.N Negative	2	15.4	3	13.0	5	13.9
Total	13	100	23	100	36	100

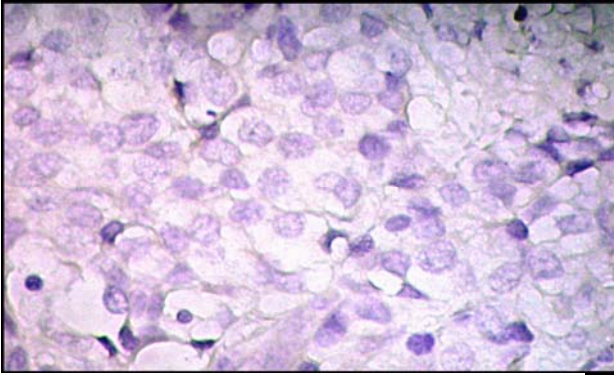


Figure 1: Score 0 (Her-2 negativity) (No staining is observed, or faint membrane staining present in less than 10% of the tumor cells) (40x)

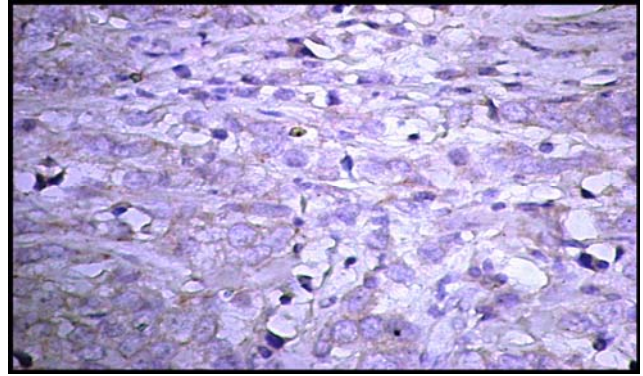


Figure 2: Score 1+ (Her-2 negativity) (A faint/barely perceptible incomplete membrane staining detected in more than 10% of the tumor cells) (40x)

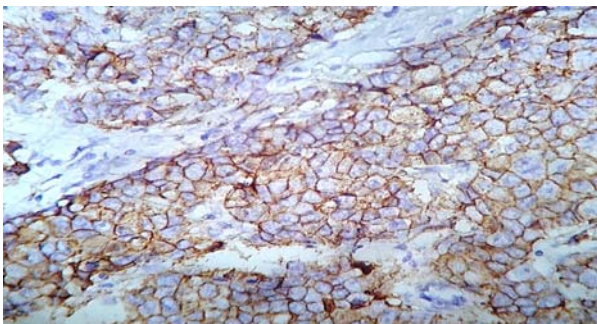


Figure 3: Score 2+ Her-2 positivity (weak to moderate complete membrane staining in more than 10% of the tumor cells) (40x)

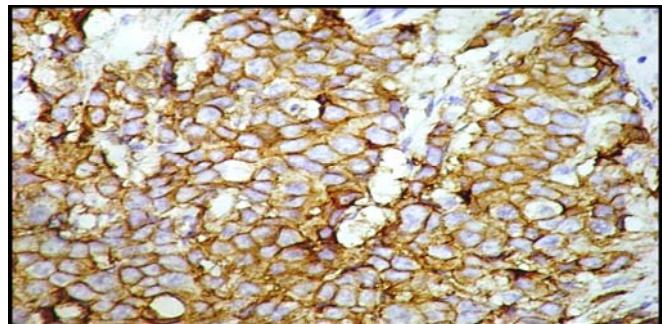


Figure 4: Score 3+ Her-2 positivity (Strong complete membrane staining in more than 10% of the tumor cells) (40x)

### Discussion:

Breast cancer is a heterogeneous disease with remarkable different biological characteristics and clinical behavior<sup>(9)</sup>. In addition to clinical parameter as age, and pathological parameters as histological type, size, and grade of the tumor, and others, as prognostic factors, Her-2 overexpression is now considered as an independent prognostic and predictive factor especially with the use of Herceptin (Trastuzumab).

In this study there were 13 (37%) out of the 36 malignant cases with Her-2 overexpression. This overexpression of Her-2 is higher than the range of 20%-30% reported in some studies<sup>(6,10,11)</sup>, while it appears within the accepted range found in other studies of 20%-40%<sup>(12,13)</sup>.

Regarding the age distribution of Her-2 overexpression, there were 2 peaks, one in

the 4<sup>th</sup> decade and the other in the 7<sup>th</sup> decade. Most of the Her-2 negative cases were found in patient over the age of 60 years. Statistical correlation between Her-2 overexpression and age is significant. Two studies from different countries, one showed peak of Her-2 positivity in younger females<sup>(10,12)</sup>, and another with a peak of Her-2 positivity in older females<sup>(6)</sup>.

Her-2 was overexpressed in 10 (34.5%) out of 29 cases of invasive ductal carcinoma and in one case (100%) of medullary carcinoma and in 2 cases (100%) of ductal carcinoma in situ. This is in comparison to none case of invasive lobular carcinoma and none case of colloid carcinoma (0.0%). Our results are comparable with the data in the literature<sup>(3,10)</sup>.

There was a strong correlation between Her-2 overexpression and tumors of large size and of high grade, as most of the cases with Her-2

positivity were appointed with G3, this is consistent with others<sup>(10,12-14)</sup>.

Although 11 cases out of 13 with Her-2 overexpression showed lymph node metastasis, statistically, there was no significant correlation. This may be due to the low number of studied cases as compared to a study from Jordan<sup>(10)</sup>. On the other hand a different study found a strong correlation between Her-2 overexpression and lymph node metastasis<sup>(15)</sup>.

#### Conclusion:

Her-2 overexpression was found in 37% of breast cancer in Mosul. There were 2 peaks of age incidence in relation to Her-2 positivity at 4<sup>th</sup> and 7<sup>th</sup> decades. It predicts poor prognosis which is compatible with other poor prognostic factors. Large size and high grade breast carcinomas were associated with high percentage of Her-2 positivity, and the majority of Her-2 positive cases had axillary lymph node metastasis.

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