

## Determination of the Toxic Dose of Experimental Lead Poisoning for Male Goats in Fallujah City, Iraq

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### Abstract

This study aimed to induce lead poisoning experimentally in male goats to determine the toxic dose and investigate its effects on hematological parameters, and the functions of the liver and kidney. The experiment was performed on 15 male goats, aged between 3 - 5 months with a mean weighing  $13 \pm 0.65$  kg. Goats were divided into five equal groups, the first represented the control group given tap water, while the other groups were given orally (by stomach tube) 70, 100, 200 and 400 mg/kg B.W. of lead acetate respectively, for 5 days. Blood was collected weekly for 4 weeks to estimate the concentrations of lead, hematological and biochemical analysis. The results indicated a significantly ( $P \leq 0.05$ ) increase of lead ( $0.738 \pm 0.07$  ppm), only in goats which received 400 mg Pb/kg B.W of lead with symptoms included: depression, dullness, anemia, muscle twitching, staggering, and teeth grinding, with significant reduction in erythrocyte count, packed cell volume, and hemoglobin  $10.391 \pm 0.41 \times 10^6$ /ml,  $25.5 \pm 0.55\%$ , and  $8.30 \pm 0.19$  g/dl respectively, compared with the control ones. Also, increase in total white blood cell count to  $9.098 \pm 0.08 \times 10^3$ /ml, neutrophils  $39.07 \pm 0.93\%$ , monocytes  $1.88 \pm 0.07\%$ , and eosinophils  $4.82 \pm 0.05\%$ . The same group results showed significant elevations in the activities of liver enzymes; ALT  $59.9 \pm 0.20$  u/l, AST  $243 \pm 1.3$  u/l, in addition, the serum levels of creatinine and urea were also increased indicating renal failure  $1.96 \pm 0.05$  mg/dl and  $29.78 \pm 0.34$  mg/dl respectively. In summary, this is the first study that proved the toxic dose of lead poisoning for male goats in Iraq and estimate their hazardous results on the hematological and chemobiological analyses on goats.

**Keywords:** Goats, Hematological Parameters, Lead Poisoning, Lead Toxic Doses.

تحديد الجرعة السامة للتسمم بالرصاص تجريبيا لذكور الماعز في مدينة الفلوجة - العراق.

### الخلاصة

هدفت الدراسة إلى إحداث التسمم التجريبي بخلات الرصاص في ذكور الماعز لتحديد الجرعة السامة ومعرفة تأثيرها على المؤشرات الدموية ووظائف الكبد والكلية. أجريت التجربة على 15 من ذكور الماعز تراوحت أعمارهم بين 3 - 5 شهور ومعدل أوزانهم  $13 \pm 0.65$  كجم. قسمت الماعز إلى خمس مجموعات متساوية، المجموعة الأولى مجموعة السيطرة أعطيت ماء للشرب فقط، بينما أعطيت المجموعات الأخرى عن طريق الفم 70، 100، 200 و 400 ملجم / كجم من وزن الجسم خلات الرصاص لمدة 5 أيام. تم جمع الدم أسبوعياً لمدة 4 أسابيع لتقدير تركيز الرصاص وقيم الدم والقيم الكيموحيوية. أشارت النتائج إلى أن الماعز التي تناولت 400 ملجم / كجم من أسيتات الرصاص فقط بلغت مستويات سمية  $0.738 \pm 0.07$  جزء في المليون، مع ظهور أعراض مثل الاكتئاب والبلادة وفقدان الشهية وفقر الدم وارتعاش العضلات والترنج. بالإضافة إلى انخفاض كبير في عدد كريات الدم الحمراء، وحجم الخلايا المرصوصة، والهيموغلوبين  $10.391 \times 10^6$  / مل،  $25.5\%$ ، و  $8.30$  جم / ديسيلتر على التوالي، مقارنة مع مجموعة الحيوانات السليمة. وكانت هناك زيادة معنوية في عدد كريات الدم البيضاء  $9.098 \times 10^3$  / مل، العدلات  $39.07\%$ ، الخلايا الوحيدة  $1.88\%$ ، والحمضات  $4.82\%$ . أظهرت النتائج ارتفاعاً معنوياً في نشاط أنزيمات الكبد ALT  $59.9$  u/l، AST  $243$  u/l، بالإضافة إلى زيادة مستويات الكرياتينين واليوريا في الدم مما يشير إلى عجز كلوي  $1.96$  ملجم / ديسيلتر،  $29.78$  ملجم / ديسيلتر على التوالي. باختصار، هذه هي الدراسة الأولى في العراق التي أثبتت الجرعة السامة للتسمم بالرصاص لذكور الماعز وتقدير نتائجها الخطيرة على قيم الدم والقيم الكيموحيوية للماعز.

## Introduction

Lead (Pb) is an extremely toxic, non-disintegrative heavy metal with a bluish-grey color, a molecular weight of 207.2, an atomic number of 82, a melting point of 621.43 F<sup>0</sup>, and a density of 11.34 g/cm<sup>3</sup>, it can be shaped easily, formed, and mixed with other metals to form alloys (1). Any domestic animal could be poisoned with Pb, like goats, cattle, horses, sheep, dogs and birds, Pb can be found in neighboring agricultural equipment and garbage dumps, grease, dye, lead shot, and contaminated flora growing near smelters or alongside roadsides (2). Blindness, staggering gait, rolling eyes, colic, uncoordinated attempts to climb obstacles, excessive response to external stimuli, and convulsions, putrid dark diarrhea, head pressing are public signs in affected animals, which death could be occurring (3). Renal failure, abdominal pain, and the nervous and circulatory systems can be affected by rising blood Pb levels, plus hematopoiesis and bone growing (4). Pb on large levels, on the other hand, can cause anemia by interfering with heme formation and causing red cell apoptosis (5).

## Materials and Methods

### Animals

Fifteen local breed male goats, aged between 3 - 5 months with a mean weighing 13±0.65 kg were obtained from the local market of Al Fallujah city, Iraq. The animals were housed in indoor pens and were fed three times a day with a mixture of alfalfa hay, barley grain, and wheat straw, while freshwater was freely available

throughout the study. Prior to the beginning of the experiment, goats were dewormed with Albendazole, animal health status was evaluated by clinical examination (temperature, respiratory rate and pulse rate), and goats were housed and fed in the aforementioned conditions for 14 days to ensure proper acclimation.

### Experimental design

The 15 goats were divided into five groups, each with three goats: the control group received only tap water, other groups received 70,100,200, and 400 mg/kg body weight of lead acetate (Sigma, St Louis, MO, USA) as a 1% (w/w) aqueous solution for five days.

### Blood collection

Blood samples (5 ml) were collected from the left jugular vein of each goat on days 0, 6, 13, 20, and 27 using heparinized tubes (with heparin anticoagulant) for measuring lead levels and hematological analysis, and plain tubes (without coagulant) for evaluating biochemical parameters of the samples in each group.

### Lead Concentrations

Lead levels in collected blood samples were detected by the atomic absorption spectrophotometer(Phoenix-986/USA) at 283.3 nm wavelength, 1 mL of blood was taken and digested in 9 mL of freshly prepared acid mixture 65 % HNO<sub>3</sub> and 37 % HCl. The mixture was then gently boiled for 4–5 hours over a water bath (95°C) or until the sample had completely dissolved (6).

### Hematological parameters

Red blood cells (RBCs), white blood cells

(WBCs), differential leukocyte count (DLC), haemoglobin (Hb), platelet count and pack cell volume (PCV), were calculated using digital Hematology analyzer of HORIBA-Japan, was used for all of these haematological tests. Besides that, blood specimens were estimated for ESR using Westgren tubes, with blood drawn to mark (0) and the tubes were hung vertically on the rake for 24hrs, and the ESR values were recorded in mm. (7).

**Biochemical parameters** :Serum specimens were calculated for liver enzyme concentration (AST), (ALP), and (ALT), also creatinine and urea enzyme levels for renal functions, by using available kits (DiaSys, Germany).

#### **Statistical Analysis**

To detect the effect of various factors in study parameters, the Statistical Analysis System- SAS (2012) application was used. In this study, a least significant difference –LSD test was used to compare means (8).

#### **Results and discussion**

**Clinical Signs** :Generally, goats that received 70,100 and 200 mg Pb/kg B.W showed no clear clinical signs of toxicity. While fetid and dark diarrhea appeared with other goats that received 400 mg Pb/kg B.W with slight difficulty in swallowing, depression, dullness, anorexia, anemia, muscle twitching, staggering, teeth grinding, salivation, teeth grinding, and blindness, the rectal temperature, respiratory and heart rates were normal at all times. The poisoned goats usually precede demise with recurrent moaning and tenesmus, as well as they die at last.

This study's findings were consistent with those of Soliman et al. (2013) who found that lead-intoxicated goats had moderate excitation, ataxia, 10% weight loss compared to control goats, and pale mucous membranes, as well as wasting, loss of appetite, slight dullness, depression, anorexia, fetid diarrhea, anemia, constipation, recumbency, paralysis, and death during the experimental period (9). Haneef et al. (1998) noticed that clinical signs appeared in goats between 25-39 days (10). Siddiqui and Rajurkar (2008) noticed that the animals are simply found down or dead on the ground (2).

**Lead Concentrations** At the end of the experiment period, goats that received 70,100 and 200 mg Pb/kg B.W had normal Pb concentrations in blood (the normal values of Pb range 0.05-0.25ppm), while other goats which received 400 mg Pb/kg B.W lead acetate recorded toxic values reach  $0.738 \pm 0.07$  ppm (0.159 LSD value) with significantly ( $P \leq 0.05$ ) increased in blood Pb level, compared to the control group as shown in (table -1-), and both of goats died at 28<sup>th</sup>, 32<sup>th</sup> day, so that is the first time recorded the toxic dose of lead poisoning for goats experimentally in Iraq.

This experiment was approved by Davis (1976) who found that the toxic values were started from 400-1.280 mg Pb/kg B.W. was fatal or produced a moribund condition in goats (11). Radostits et al. (2007) considered that 400 mg/kg enough to induce acute lead poisoning in goats (12). The current study correlated with those of Mousa et al. (2002) when they recorded lead concentrations of lead toxicity in goats with a significant

( $P \leq 0.05$ ) increase in blood on days 0, 7 and 14 was  $0.09 \pm 0.02$ ,  $0.76 \pm 0.06$  and  $1.12 \pm 0.08$  ppm, respectively (13). The current study results were in agreement with Bischoff *et al.* (2010) when they recorded lead levels of lead toxicity more than 0.35 ppm in the blood (14). Muhammad *et al.* (2017) found the Pb concentration on day 30 was  $1.03 \pm 0.108$  mg/l in serum throughout the experiment in the control group (15). Also, Peterson and Talcott (2013) showed that the diagnosis of lead poisoning is made by measuring whole blood lead levels above 0.3 to 0.35 ppm indicates significant lead exposure and blood levels may not necessarily correlate with the severity of the clinical signs (16).

**Hematological parameters :** In this study, the lead acetate decreased RBC count, Hb, and PCV concentrations considerably ( $P \leq 0.05$ ), particularly in the group that received 400mg/kg B.W. of lead acetate, which had the lowest values for RBCs  $10.391 \pm 0.41 * 10^6/\text{ml}$ , Hb  $8.30 \pm 0.19$  g/dl, and PCV  $25.5 \pm 0.55\%$  as shown in (table-2-), although ESR values were within the normal reference range. The study supposed that Pb toxicity has been to cause a defect in haem synthesis, via an inhibitory effect on globin synthesis, inhibits iron to form haem in red cells (17). Similar, low Hb ( $8.13 \pm 0.14$  g/dl) and PCV ( $32.0 \pm 1.4\%$ ) values were also reported by Zaki *et al.* (2010) in Merino sheep (18), and Sellaoui *et al.* (2016) in Ouled Djellal ewes which were intoxicated with Pb group, there was a decrease of Hb values observed, but no significant change ( $P > 0.05$ ) compared to controls, PCV was varied

from  $32.2 \pm 3.4\%$  before exposure to  $28.8 \pm 1.3\%$  in the 9th week; the decrease was significant ( $P < 0.01$ ) (19). As seen by Topashka-Ancheva *et al.* (2003), higher blood Pb levels destruction the red cell membrane, resulting in hemolysis or a decrease in blood iron concentration, which could result in reduced rates of Hb and PCV in animals (20). In agreement with the present study, Sajid *et al.* (2017) found the Pb treated sheep showed the lowest RBC value at day 30 that was  $8.04 \pm 0.122 * 10^6/\mu\text{l}$  the mean values of Hb and PCV were recorded in Pb treated group was  $10.18 \pm 0.360$  g/dl and  $30.79 \pm 0.783\%$  respectively (15). Also, Chandra *et al.*, (2010) described a decline in haemoglobin concentration, red blood cell count, and packed cell volume as a result of lead poisoning, which was produced by both shortening of the erythrocyte lifespan and inhibition of heme synthesis with reticulocytosis, this effect could have been caused by the substitution of the iron site with lead (21). This study, found there were a significant ( $P < 0.05$ ) increase in WBC count  $9.098 \pm 0.08 * 10^3/\text{ml}$ , neutrophils  $39.07 \pm 0.93\%$ , monocytes  $1.88 \pm 0.07\%$ , and eosinophils  $4.82 \pm 0.05\%$ , from the control group values especially in the last group which goats received 400mg/kg of lead acetate as shown in (table-3-), the leukocytes count have been increased may be due to the lead-induced inflammation (22,23). In similar, Zaki *et al.* (2010) reported an increase in WBCs values  $10.03 \pm 0.49$  in agreement with our findings (18). The variable mean values of DLC in the present work have agreed with the findings of

Farkhondeh et al., (2014) who observed a rise in neutrophils (24), and Alabbassi et al. (2017) who observed higher neutrophils and lower eosinophils in Pb toxicity in different studies (25). Muhammad et al. (2017) found at 30 days of sheep poisoning with Pb, neutrophils  $24.87 \pm 0.492$ , monocytes  $1.5 \pm 0.161$ , and eosinophils  $5.07 \pm 0.285$  (15). However, the possible reason for the difference in monocyte eosinophils, count in our study than (25) and (15) might be due to differences in animal breed or the dose of lead acetate. With disagreement of this study Kar et al. (2015) observed that blood leukocyte, basophil, and lymphocyte counts were reduced, while blood monocyte, neutrophil, and eosinophil counts were significantly larger than normal levels (26). Also, the findings of this study differed from the findings of Muhammad et al. (2017) who found a decrease in WBC count to  $6.13 \pm 0.371$  (15).

**Biochemical parameters :** The present study showed a significant ( $P \leq 0.05$ ) increase of ALT, and AST concentrations in goats especially those that were exposed to 400 mg/kg B.W. lead acetate  $59.9 \pm 0.20$  u/l,  $243 \pm 1.3$  u/l respectively, but ALP within the normal range  $132.6 \pm 0.20$  u/l as seen in (table-4-). In the present study, the high levels of liver enzymes (ALT, AST and ALP) are attributed to liver injury because they are considered to be the biomarker of hepatotoxicity in live animals, this agreed with the findings of Badiei et al. (2009) who observed the higher ALT and AST concentration in experimentally lead intoxicated Iranian male sheep (27). Similar

findings were also reported by (18) in Merino sheep (ALT  $63 \pm 1.62$ , AST  $173 \pm 2.45$ ). Muhammad et al. (2017) recorded after 30 days of giving lead acetate to sheep the ALT, AST were higher than normal values  $36.2 \pm 1.301$ ,  $34.3 \pm 1.229$  respectively (15). The elevation of levels of ALT often suggested the existence of medical problems such as hepatic damage, viral hepatitis and bile duct problems, so that ALT assessment is commonly used as a way of screening for hepatic problems (28). As per the current findings the lead-exposed group, especially those who received 400 mg/kg B.W. lead acetate had quite a role in a significant increase ( $P \leq 0.05$ ) in urea 26.08 (13-28 mg/dl) and creatinine amounts 1.96 (0.7-1.5mg/dl) indicating renal insufficiency (table-5-), the group's rise blood urea and creatinine indicated renal failure resulting from Pb poisoning in this experiment. Also, Haneef et al., (1998) noticed an increase in urea  $39.94 \pm 2.8$  mg/dl and creatinine  $2.40 \pm 0.24$  mg/dl levels (10). Muhammad et al. (2017) noticed after 30 days of giving lead acetate to sheep that urea and creatinine were higher than normal values  $33.3 \pm 0.666$ ,  $1.15 \pm 0.061$  respectively (15). The impairment of the brush border of epithelial cells making them impermeable to urea and creatinine due to their high content in the blood is a possible mechanism of renal insufficiency produced by Pb poisoning, that with the agreement of (29, 30). Also, a significant ( $P \leq 0.05$ ) higher serum urea concentration was observed, which is consistent with the results of (31, 32).

Table (1) lead concentrations in blood of the poisoning goats experimentally (ppm).

Groups	Days of experiment					LSD value
	zero day	sixth day	thirteenth day	twentieth day	twenty-seventh day	
Control	0.061±0.03	0.055±0.05	0.057±0.006	0.063±0.09	0.059±0.01	NS
70mg	0.058±0.02	0.07±0.01	0.083±0.02	0.099±0.06	0.114±0.07 A	0.049
100mg	0.064±0.04	0.088±0.03	0.106±0.03	0.121±0.03	0.136±0.03 A	0.063*
200mg	0.057±0.06	0.103±0.09	0.144±0.05	0.178±0.02	0.203±0.01 A	0.104*
400mg	0.061±0.03	0.295±0.02 D a	0.464±0.07 C a	0.569±0.08 B a	0.738±0.07 A a	0.165 *
LSD value	NS	0.071 *	0.105 *	0.128 *	0.159 *	---

\* (P≤0.05), NS: Non-Significant

The different capital letters refer to significant differences within groups VS control at (P≤0.05). The different small letters refer to significant differences between different groups at (P≤0.05).

Table (2) Erythrogram values of the experimental goats. The different small letters refer to significant differences between different groups at (P≤0.05).

Groups	Hb (8-12g/dl)	PCV (22-38%)	ESR (1-3mm)	RBCs (8-18*10 <sup>6</sup> /ml)	Platelets 300-600 10 <sup>3</sup> /μl
Control	10.55±0.28	33±0.58	2.1± 0.02	12.446±0.36	4.08±0.3
70 mg	10.28±0.17	32.8±0.35	2.0± 0.04	12.290±0.25	4.51±0.22
100 mg	9.94±0.04	31.5±0.29	2.2± 0.01	11.978±0.16	4.64±0.31
200 mg	9.67±0.22	31±0.38	2.3± 0.02	11.840±0.20	4.77±0.45
400 mg	8.30±0.19 a	25.5±0.55 a	2.3± 0.03	10.391±0.41 a	6.89±0.34 a
LSD value	1.39 *	7.4 *	NS	1.459 *	1.18 *

\* (P≤0.05), NS: Non-Significant

Table (3) Leukogram values of the experimental goats. The different small letters refer to significant differences between different groups at ( $P \leq 0.05$ ).

Groups	WBCs ( $4-13 \times 10^3$ /ml)	Neutrophils (30-48%)	Lymphocytes (50-70%)	Monocytes (0-4%)	Eosinophils (1-8%)	Basophils (0-1%)
Control	7.691±0.10	31.45±0.17	58.73±1.73	0.20±0.16	2.23±0.06	0.01± 0.03
70 mg	7.964±0.19	31.53 ±0.24	58.41±2.14	0.32±0.12	2.35±0.01	0.03± 0.01
100 mg	8.252 ±0.12	31.70±0.19	57.97±0.29	0.37±0.14	2.42±0.08	0.01 ±0.04
200 mg	8.671±0.20	32.15±0.26	57.86±2.52	0.46±0.26	2.69±0.02	0.01± 0.02
400 mg	9.098±0.08 a	39.07±0.93a	57.69±0.41	1.88±0.07 a	4.82±0.05 a	0.02 ±0.00
LSD value	1.102 *	6.21*	NS	0.71*	1.23*	NS
* ( $P \leq 0.05$ ), NS: Non-Significant						

Table (4) liver function biochemical tests of the experimental goats. The different small letters refer to significant differences between different groups at ( $P \leq 0.05$ ).

Groups	ALT (15-52 u/l)	ALP (61-283 u/l)	AST (66-230 u/l)
Control	17.2±0.26 d	127.24± 0.25	149.4± 0.29
70 mg	18±0.33	129.2±0.14	153± 0.50
100 mg	18.9±0.09	130±0.09	162.6±1.29
200 mg	24.1±0.45 b	131.8±0.16	173.8±0.46 b
400 mg	59.9±0.20 a	132.6±0.20	243±1.3 a
LSD value	6.6*	NS	22.1*
* ( $P \leq 0.05$ ), NS: Non-Significant			

Table (5) kidney function biochemical tests of the experimental goats. The different small letters refer to significant differences between different groups at ( $P \leq 0.05$ ).

Groups	Creatinine (0.7-1.5 mg/dl)	Urea (13-28 mg/dl)
Control	0.65 ±0.04	16.17 ±0.14
70 mg	0.73±0.11	16.97±0.03
100 mg	0.82 ±0.14	17.76 ±0.11
200 mg	0.91±0.06 b	18.59±0.21 b
400 mg	1.96±0.05 a	29.78±0.34 a
LSD value	0.24*	2.37*
* ( $P \leq 0.05$ ), NS: Non-Significant		

## Conclusion

This is the first study that fixed the toxic dose of Pb poisoning in male goats experimentally at Fallujah city, Iraq. With a recording of hazard effect of blood Pb elevation by decreasing RBC, Platelets, PVC and Hb. While ALT, AST, urea and creatinine enzymes concentration were significantly higher ( $P \leq 0.05$ ) increasing than their normal values, referring to the liver and renal disorders.

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