
BONE MARROW NECROSIS IN NON-HODGKIN'S LYMPHOMA

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Summary

We describe a newly diagnosed case of non-Hodgkin's lymphoma with clinical and haematological features of bone marrow necrosis in a three-year old female who sustained a rapidly progressive and terminal course.

Introduction

Bone marrow necrosis (BMN) is a rare entity, most frequently associated with post-mortem changes¹, appearing in up to 19.8% of all autopsies². However, ante mortem diagnosis is quite difficult and uncommon. It is defined morphologically by the destruction of haemopoetic tissue including the stroma with the preservation of the bone³.

Clinically, it usually presents as severe bone pains, fever and weight loss⁴. It is seen in association with haematological malignancies, like acute and chronic leukaemias, malignant lymphomas and multiple myeloma¹, in metastatic neoplasia and bacterial infections

especially when hypovolemia and septic shock are present. It can also be encountered with disseminated intravascular coagulation, following irradiation and anti-neoplastic therapy³. Rare cases had been reported in association with antiphospholipid syndrome^{3,5,6,7}, parvovirus B 19 infection preceding the development of haematological malignancies⁸, typhoid fever⁹ and anorexia nervosa¹⁰. Other than haematological malignancies, BMN can also be seen in association with sickle cell disease due to repeated marrow infarction following sickle cell crisis with the development of avascular necrosis of the bones^{1,3,11}. It is usually accompanied by hypercalcaemia and elevation of lactate dehydrogenase enzyme². Peripheral blood usually shows anaemia, leuko-erythroblastosis and schistocytosis⁴. Bone marrow shows amorphous material with isolated cells in

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different stages of necrobiosis² and variable degree of pancytopenia¹².

Case Description

A three-years old female patient from Basrah, Al-Midaina, was brought to Basrah Military Hospital complaining from night fever and sweating for four weeks with frequent coughs and purulent sputum, poor appetite and weight loss. On examination, the patient was pale, feverish, with thin body built, and palpable, rubbery, non-tender sub-mandibular lymph nodes. The liver was just palpable. Chest examination showed few ronchi. All other systems were normal.

Chest X-ray was normal, abdominal ultrasound study confirmed the presence of hepatosplenomegaly with the absence of para-aortic lymph node enlargement.

Peripheral blood examination showed the following results: Hb 7.4g/dl, HTC (PCV) 26%, ESR 20mm/1st hr, WBC 9900/cmm and platelets 187000/cmm. The differential count showed neutrophils 27%, lymphocytes 69%, monocytes 3% and eosinophils 1%. Blood film showed normochronic normocytic red cells, relative lymphocytosis with the absence of any blast. No malarial parasite was seen. Bone marrow study, thus, had been decided. Aspiration was tried from the right posterior iliac crest, under GA and a little amount of viscid material appeared with no marrow fragments. Smears stained with leishmann's stain showed amorphous necrotic material with peripheral blood cells and no apparent marrow material. Five days later, the peripheral blood picture was repeated and it showed Hb 6.2g/dl, PCV 20%, ESR 65 mm/1st hr, WBC 4900/cmm and platelets 42000/cmm. The differential count showed neutrophils 20%, lymphocytes 72%, monocytes 5%, eosinophils 2% and basophils 1%. Blood film showed normochronic normocytic red

cells, atypical lymphocytes (18%), with the absence of malarial parasite and no definite blast was seen.

Biomechanical investigations showed blood urea 17mg/dl, serum creatinine 0.7mg/dl, serum uric acid 4.5mg/dl, serum calcium 6.8mg/dl, serum potassium 4.4mg/dl & serum phosphorus 4.8mg/dl. Sickling test was negative and haemoglobin electrophoresis was of A pattern.

Bone marrow study again, had been tried from both right and left posterior iliac crests under GA. Few drops of marrow was delivered and trephine biopsy was taken. Aspirate and touch imprint showed an increase in lymphocytic infiltration (around 30% of total nucleated marrow cellular elements) with, surprisingly large number of clusters of necrotic cells with unidentified type and morphology, nuclear pyknosis and intensely basophilic homogeneous cytoplasm infiltrating the marrow and appearing in groups with scattered normal cellular marrow elements in between. There were no Leishmann-Donovan bodies seen.

Bone marrow trephine biopsy paraffin-sections stained with eosin-haematoxylin showed increased marrow cellularity with almost total loss of normal marrow architecture and replacement by diffuse small and large, cleaved and non-cleaved abnormal lymphoid cells. Few scattered megakaryocytes were left and multiple focal areas of necrotic cells of unidentified type seen. On that basis, the case had been diagnosed as non-Hodgkin's lymphoma, diffuse, mixed small and large cell type with clinical and histomorphological features of bone marrow necrosis.

The patient was referred to the Oncology Unit in Al-Basrah Maternity and Paediatric Hospital for treatment. She received two courses of NHL therapy, including methotrexate, vincristine and doxorubicin along with supportive therapy, including platelet

transfusion, hydration and systemic antibiotics. The patient runned a terminal course and she died soon after the second course.

Discussion and Conclusion

Bone marrow necrosis is an uncommon ante-mortem finding among haematological malignancies. To our knowledge, this is the first to report it in Iraq preceding non-Hodgkin's lymphoma. However, Al-Sani, AK and Shakir AN in 1983 did report a case of BMN preceding the development of acute myelomonocytic leukaemia¹³.

Ante mortem diagnosis of BMN is technically difficult, thus a high index of suspection is required. However, repeated MRI imaging of bones along with bone marrow trephine biopsy in suspected cases can greatly help in reaching the diagnosis^{2,14,15,16,17}.

It seems that bone marrow necrosis is an index of terminal course in haematological malignancies and it carries an extremely poor prognosis with a mortality rate of about 22%. However, in our case, the process of BMN was focal, yet it carried a poor prognostic index which was in concordance with most published literarues^{1,2,18-21}.

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