# Investigate the *Toxoplasma gondii* infection in the consumed beef in Al-Diwaniyah province

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# **Abstract**

Toxoplasmosis is very important zoonotic disease in the world cause by an obligate intracellular protozoan parasite called *Toxoplasma gondii* can infect human and all warm-blood animals, beef consider from most important source for infection with *T. gondii* and there is no really data and study about the rate of the infection in beef in Al-Diwaniyah province, so for this reason the aim of this work was designed. A total of 300 samples which collected from heart, tongue, muscles, of 100 slaughtered beef of local and imported cattle, throughout the period from September 2017 to May 2018, initially examined microscopically for searching on *T. gondii* bradyzoites then all suspected samples was subjected to conventional PCR technique through *B1*gene amplification to confirm the infection, in addition to analyzed the recorded data for each sample to determine the effect of some factors on prevalence of infection like organ, season and animal age. Out of 300 tested samples only 53 were confirm positive *T. gondii* DNA. The infection in local beef was higher (22%) than in imported (13.5%), while there is no difference in infection among different examined organs. Regarding to effect of some factors, the autumn season recorded highest rate of infection with significant differences rather than others seasons in both local and imported beef, whereas, age appears with no effect on infection. The local cattle meat is riskier than the imported due to the higher rate of infection with *T. gondii*, and the animal age cannot affect on the infection rate, in comparing with the season which play role in this rate.

*Keywords: Toxoplasma gondii*, Beef, Iraq, Diwaniyah, PCR Available online at <a href="http://www.vetmedmosul.com">http://www.vetmedmosul.com</a>, © 2020, College of Veterinary Medicine, University of Mosul. This is an open access article under the CC BY 4.0 license (<a href="http://creativecommons.org/licenses/by/4.0/">http://creativecommons.org/licenses/by/4.0/</a>).

# التحري عن الإصابة بمقوسة كوندي في لحوم الأبقار المحلية والمستوردة في محافظة الديوانية في محافظة الديوانية في عايز فرح محمد صكبان و نعمان ناجي عايز

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الخلاصة

داء المقوسات هو من اهم الأمراض المشتركة حول العالم ويسببه طفيلي مقوسة كوندي، وهو من الأوالي مجبرة التطفل داخل الخلايا والتي تصيب الأنسان ومعظم حيوانات الدم الحار، وتعتبر اللحوم أحد اهم المصادر لنقل الإصابة ولا يوجد هناك دراسات أو بيانات أولية حول نسبة إصابة لحوم الأبقار المحلية والمستوردة في محافظة الديوانية ولهذا السبب جاء الهدف من الدراسة وهو تحديد نسبة انتشار طفيلي مقوسة كوندي في لحوم الأبقار المحلية والمستوردة باستخدام الطرق الجزيئية مع دراسة تأثير بعض العوامل على نسبة انتشاره. تم إجراء الفحص المجهري لـ ٣٠٠ عينة مأخوذة من القلب واللسان والعضلات لـ ١٠٠ ذبيحة لأبقار من سلالات محلية ومستوردة وذلك للكشف عن الطور الساكن بأستخدام تقنية تفاعل سلسلة البلمرة لبعض العينات من خلال مضاعفة جين B1، بالإضافة إلى تحليل البيانات المسجلة لكل عينة لتحديد تأثير بعض العوامل على انتشار العدوى مثل العضو والموسم وعمر الحيوان. تم تأكيد الإصابة بطفيلي مقوسة كوندي لـ ٥٣ نموذج فقط من أصل ٢٠٠ وكانت نسبة الإصابة في اللحوم المحلية اعلى (٢٢٪) مما عليه في اللحوم المستوردة (٣٠٥٪)

). بينما لا يوجد فرق في العدوى بين مختلف الاعضاء التي تم فحصها. وفيما يتعلق بتأثير بعض العوامل فقد سجل موسم الخريف أعلى معدل للإصابة بفوارق كبيرة بدلاً من مواسم أخرى في كل من لحوم البقر المحلية والمستوردة، في حين أن العمر لم يظهر له أي تأثير على على الإصابة. لذا يعتبر لحم الماشية المحلي أكثر خطورة من المستورد بسبب ارتفاع معدل الإصابة بطفيلي مقوسة كوندي، وظهر عدم تأثير عمر الحيوان على معدل الإصابة، مقارنة بالموسم الذي يلعب دورًا في هذا المعدل.

# Introduction

Toxoplasma gondii is a protozoan obligate intracellular parasite and its cause Toxoplasmosis, zoonosis disease worldwide distribution can infect all warm-blood animals which act as intermediate host and felids like domestic cats known as definitive hosts (1). The importance of this disease occurring during pregnancy period especially in women, where this parasite cause many congenital defects in fetus in addition its severe life-threating infections, also immunocompromised individuals consider the target to this parasite, and can cause illness in many features, in both the weakness of immune system play important role in occurrence of the infection (2). The main ways of disease transmission are ingestion of oocyst that contain sporozoites by food, water, or any way lead to contact with cat feces, transmission via placenta, and consumption of raw or under cooked meat until dealing with it, so about 28% pregnant women get infection by this way (3). The role of beef in transmission of T. gondii infection to human is unclear yet because of the infection by it is reported as the one of the risk factors that cause acute infection, on the other hand the theory believed that cattle poor persistence of parasite and the tissue cyst are not very persistent in cattle, thus it is necessary make large scale screening of cattle for the present of T. gondii to clarify the role of cattle as a source of infection (4). According to the importance of toxoplasmosis as a zoonotic disease and its close relationship to the health of community, role of meat in transporting of T. gondii infection to human, and there are no previous studies in this field in Al- Diwaniyah province the aim of study was designed.

# Material and method

Three hundred samples were used in this study which collected from heart, tongue, muscles, of 100 slaughter animals of local and imported cattle.

# Isolation of *T. gondii* bradyzoites

Meat samples were subjected to a peptic digestion method for isolate suspected toxoplasma bradyzoites from the examined tissue to prepare it for DNA extraction, briefly 10 g of meat from each sample was cut by scissors for a very small pieces and they were transferred into a sterile test tube, 10 ml from digestive solution (pepsin 2.6 g, NaCl 5 g, HCL 7 ml, Distilled water 485 ml this amounts

for 500 ml from digestive solution) were added to the tube and incubated at 40°C for 30 minutes, then the digestate was poured through two layers of gauze into a flask and then the filtrate was centrifuged (5000 rpm for 10 min), the supernatant was discarded and 5 ml of sodium bicarbonate solution (NaHCO 3.6 g + 500 ml distilled water) was added to precipitate then mixed well and re-centrifuged (5000 rpm for 10 min), after that supernatant was discarded again and the precipitate was examined microscopically. The positive sample's precipitates were suspended in 600  $\mu$ l normal saline and mixed well, then used for DNA extraction.

# **Genomic DNA Extraction**

Genomic DNA were extracted from each prepared samples of meat by used the gSYAN DNA extraction Kit (Geneaid, USA), depending on the company's instructions.

# **PCR** Amplification

Conventional PCR was performed for detection *T. gondii* based on amplify the *B1* gene, this procedure was applied according to technique explained by (5) this gene was target to produce the specific primer, as forward primer (5' AAAAATGTGGGAATGAAAGAG 3'), and revers primer (5' ACGAATCAACGGAACTGTAAT 3'), and the conditions of PCR thermo cycler (Amplification steps) included initial denaturation at 95 °C for 5 minute, 30 cycle for denaturation at 95 °C for 30 second, annealing at 56 °C for 30 second, extension at 72 °C for 30 second, 1 cycle for final extension at 72 °C for 5 minute, the PCR products of *B1* gene was analyzed by 1% agarose gel electrophoresis to detect an expect 469 bp product.

# Results

The result of molecular examination showed that 22% (33/150) and 13.5% (20/150) of local and imported cattle's meat respectively were infected with *T. gondii* protozoan (Figure 1).

Regarding to the distribution of infection among examined organs the results showed there were 31.5% (15/48), 21% (10/47) and 15.9% (8/55) of the muscles, tongues, and hearts respectively from the local and 18% (9/50), 12.9% (7/54) and 8.6% (4/46) for muscles, tongues and hearts respectively from imported meat were infected but with no significant difference, (Table 1).

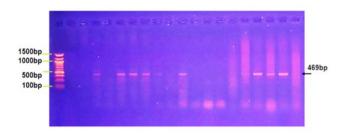


Figure 1: Molecular positive result of *T. gondii* infection according to *B1* gene (469 bp) analysis.

The rate of infection according to seasonal variation appeared highest in Autumn (September to November) in both local and imported meat and recorded 14.7%, 5.4% respectively when comparing with other studied seasons (Table 2). According to the effect of age on the rate of infection the result revealed that all studied ages can infect with *T. gondii* but there are no significant difference among them although the ages' categories of 1-3 years and more than 3 years appeared with highly infection in local and imported meat respectively in comparing with other (Table 3).

Table 1: Distribution of T. gondii infection in local and imported beef according to the organs

Organs		Local beef		Imported beef			
	Examined No.	Positive No.	Percentage (%)	Examined No.	Positive No.	Percentage (%)	
Muscle	48	15	31.5	50	9	18	
Tongue	47	10	21	54	7	12.9	
Heart	55	8	15.90	46	4	8.6	
Total	150	33	22	150	20	13.5	
$x^2$		4.189			1.805		
P value		0.123			0.406		

Table 2: Infection of *T. gondii* in local and imported beef according to the seasons

Months	Local beef			Imported beef		
Monuis	Examined No.	Positive No.	Percentage (%)	Examined No.	Positive No.	Percentage (%)
Autumn (Sept - Nov)	70	21	30	45	12	26.6
Winter (Dec - Fab)	40	4	10	66	0	0
Spring (Mar - May)	40	8	20	39	8	20.5
$x^2$	6.061*			18.817*		
P value	value 0.048		0			

 $x^2$ : chi-square. \* significant difference at P< 0.05

Table 3: Infection of T. gondii in local and imported beef according to the age

Age		Local beef		Imported beef			
	Examined No.	Positive No.	Percentage (%)	Examined No.	Positive No.	Percentage (%)	
>1 year	30	4	13	15	1	0.15	
1-3 year	57	17	30	48	8	16.6	
< 3 year	64	12	19	87	11	12.6	
$x^2$		3.757			1.074		
P value		0.153			0.584		

### Discussion

Meat is an important source of human food, and among different kinds of meat, beef represent one of the most common consumption types (6). *T. gondii* infects beef as whereas other meat and lead to many health problems like congenital defects and abortion in both humans and livestock (7). This is the first study that deals with the *T. gondii* infection in local and imported beef in in Al-

Diwaniyah / Iraq, in which molecular technique was used to detect the infection through amplification of *B1*gene, serological study associated with beef was done by Zakaria (8) in Iraq (Mosul) to detect the *T. gondii* infection in different meat juices by LAT test, while another many Iraqi studies were deals with the prevalence of infection in sheep, aborted women, chicken, stray cats (9-13) and there are many researches on pregnant and aborted women in Iraq.

Out of 300 beef samples 33 (22%) and 22 (13.3%) for local and imported beef respectively were achieved a positive result. These results were compatible to the results of Ehsan in Iraq (Mosul) who mentioned in serological study that 17% of examined sample revealed *T. gondii* infection also in molecular study was done by Amdouni *et al* (14) from Tunisia showed that among 150 cattle meat samples that 19.3% (29/150) gave positive result. So, the agreement between the results of the previous studies and the current study revealed the risky in consumption of infected beef with *T. gondii*.

The results of the present work were less than that values found in Northern Portugal 50% by Lopes *et al* (15), and the study in Colombia included 180 samples from chicken, swine, and beef, targeted *B1* gene which recorded 37% by Franco-Hernandez *et al* (16). In another side the prevalence of *T. gondii* in present study was higher than those recorded in Brazil and Switzerland (2% and 3.8%, respectively) (17,18), also the study that where done in Iran by (19) which recorded 4% rate of infection.

In comparing study by Navari *et al* (20) between local and imported meat in Iran, showed that the imported meat recorded higher infection rate 26% than local meat 6%, this results are conflict with present study which found the infection in local animals more than infection in imported, thus at the end all these differences among different studies may depend upon many factors like climate conditions, numbers of tested samples, rearing methods, false negative, and different sample size.

Concerning to the infection of *T. gondii* in different examined organs no significant difference was recorded in the current study. This recording is in agreement with other previous study made by Burrells *et al* (21) on calves when studied the probable variations of different organs infection and showed that there is no clear predilection site within bovine tissues.

According to the effect of seasons on infection with T. gondii, Autumn was recorded the highest rate of infection with significant difference, the present study consistent with the study (22) in China where they revealed that T. gondii was found in 6 (3.33%) samples collected in Autumn and 1 (0.56%) collected in winter, this indicated that seasons might have important impacts on the presence of T. gondii, likewise (23) recorded rising in infection rate during winter and spring than Autumn and summer and referred to that seasonal variation of T. gondii infection in human are remarkably different than animals, also seasonal variation study on pregnant women in France appeared that the maximal risk of infection between end of summer to end of Autumn (24), this may be related to the availability of favorable conditions for oocysts maturation and sporulation to become infective (25).

Regarding to the animal's age the current study mention that the highest prevalence of infection was recorded in age 1-3 years 30% (16.6) for local and imported respectively, while lowest prevalence rate observed in ages less than 1 year 1.2%. This results near to many another like the study did by Navari et al (20) and he referred to that infection in cattle and sheep in Iran were increase during ageing in rate 3.7% for animals less than 2 years while the rate of infection was 9.09% in animals with ages range from 2-4 years, another molecular study was done by Amdouni et al (14), referred to that younger animals less infection than the older animals, serological study in Sudan conducted by Elfahal et al (26) for detection of T. gondii in cattle, mentioned that the prevalence of T. gondii infection was significantly higher 36.4% in animals less than one year old than those above two years 12.8%. In fact many factors impact on T. gondii infection incidence such as the type of livestock management and production, the hygiene standards of abattoirs, food processing, the density of cats in the environment, and the habits of human consumers, also the geographical location with respect to altitude, and the prevailing climatic conditions and the important factor is present of the final host (27).

#### Conclusion

The infection of consumed meat with *T. gondii* can't be negligible due to the valuable rate of infection severity of the problem on community healthy, in addition to that the local cattle meat are more risky than the imported due to the higher rate of infection with *T. gondii*, the parasite can infect all examined organs (heart, muscles, tongue) in the same rates approximately, and the infection rate can be effected by season but not by age of animals.

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