

# Determination of Serum IL-8 Level in Women with Breast Cancer and Their Correlation With Disease Progression

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## Abstract :

**Background:** Interleukin-8 (IL-8) is a pleiotropic cytokine with a range wide of physiologic and pathophysiology activities, in addition to its role as an immunomodulatory cytokine. IL-8 is thought to function as a growth and differentiation factor in human cancer, by modulating metastasis and angiogenesis.

**Objectives:** Determination of serum level of IL-8 in women with breast cancer, benign tumor and healthy women and to assess, whether it correlates with the disease progression.

**Subjects and Methods:** In the current study, the IL-8 levels were measured in 41 women with breast cancer, 21 with benign tumor and 20 healthy women. Serum concentrations of human IL-8 were determined by enzyme – linked immunosorbant assay (ELISA)

**Results:** The levels of serum IL-8 were increased significantly in breast cancer patients compared with benign tumor and healthy women ( $P < 0.05$ ).

Higher serum concentrations of IL-8 were seen in stage III of the disease compared to values obtained from stage II patients ( $P > 0.05$ ).

**Conclusions:** The present study indicates that elevated IL-8 serum concentrations are strongly associated with breast cancer and correlated with clinical stage of disease.

These results suggest that serum IL-8 measurements may be useful in estimation of disease progression in women with breast cancer.

**Keywords:** breast cancer, interleukin -8, benign tumor

## Introduction:

Breast cancer represents the leading cause of cancer death among women in developed countries (1).

In Iraq, breast cancer is the commonest type of female malignancy, accounting for approximately one-third of the registered female cancers according to the latest Iraqi cancer registry (2).

This shows that the breast is the leading cancer site among the Iraqi population in general, surpassing even bronchogenic cancer (3). The treatment of breast cancer has advanced greatly from simple surgery to surgery combined with chemotherapy, radiotherapy and endocrine therapy. Despite adequate surgical intervention and adju-

vant treatment a substantial number of patients still die of recurrence and metastasis (4).

The biology of breast cancer is complex, involving oncogenesis, evasion of host immune defense mechanisms, angiogenesis, invasion and metastasis (5).

Recent efforts have focused on dissecting the role and prognostic value of tumor cell derived cytokines in human breast cancer (3).

Cytokines, cell communication mediators, play important roles in a wide range of physiological processes, such as cell growth, differentiation, apoptosis, wound healing and homeostasis (6).

A number of autocrine and paracrine cytokine loops influence tumor development. Cytokines not only provide defense against cancer cells, but also promote cancer cell growth at every stage of cancer development. Alteration of cytokines level is associated with cancer progression, response to chemotherapy and metastatic status (7).

Several reports have elaborated on the involvement of che-

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mokines in tumor growth, invasion and metastasis. More specifically, interleukin -8 (IL-8) which is a member of the CXC chemokine family related proinflammatory cytokines (8). It is of particular interest as it is expressed by many types of tumors including prostate, colon, lung, ovary and melanoma cancer (9). Interleukin -8 binds with high specificity to the CXCR1 and with less specificity to CXCR2 both receptors are expressed on stromal cells and tumor cells, both receptors are expressed on stromal cells and tumor cells (10).

So the principal objective of this study was to determine the concentration of IL-8 in blood serum of breast cancer, benign breast tumor and healthy women and their correlation with clinical stage of breast cancer

## Subjects and Methods:

### A. Subject:

Analysis was performed in 41 breast cancer women diagnosed in Al-Kadhimia Teaching Hospital. Age of the patients ranged from 30 to 72 years.

Clinical diagnosis was routinely confirmed by the histopathological examination of the tumor tissue samples. Examined patients were in clinical stage (22 II & 19 III) according to TNM classification. None of the patients suffered from infectious, allergic, autoimmune or other systemic disease.

The control groups included: twenty-one women with suspicious breast mass who were found subsequently to have a negative breast biopsy (benign tumor) and twenty healthy women. The present study was performed during the period from January /2011 to the end of October/2011.

### B. Blood collection and IL-8 measurement:

Blood samples were collected before treatment initiation and immediately centrifuged after collecting at 500xg for 10 minutes. Serum sample were stored at (-20 °C). Interleukin-8 concentrations were determined in serum samples by enzyme-linked immunosorbent assay (ELISA) kit, according to the instructions provided by manufacturer (BioSource Europe S.A.). The Biosource IL-8-EASIA is

a solid phase Enzyme Amplified Sensitivity Immunoassay performed on microtiterplate.

The assay uses monoclonal antibodies (MAbs) directed against distinct epitopes of IL-8. Calibrators and samples react with the capture monoclonal antibody (MAb 1) coated on microtiter well and with a monoclonal antibody (MAb 2) labeled with horseradish peroxidase (HRP). After an incubation period allowing the formation of a sandwich: coated MAb1-human IL-8-MAb2-HRP, the microtiterplate is washed to remove unbound enzyme labeled antibody. Bound enzyme labeled antibody is measured through a chromogenic reaction. Chromogenic solution (TMB) is added and incubated.

The reaction is stopped with the addition of Stop Solution and the microtiterplate is then read at the appropriate wavelength. The amount of substrate turnover is determined colourimetrically by measuring the absorbance, which is proportional to the IL-8 concentration.

### C. Statistical analysis:

Statistical analysis was performed using t-test compare among patients & control groups. A value of ( $P < 0.05$ ) was considered statistically significant.

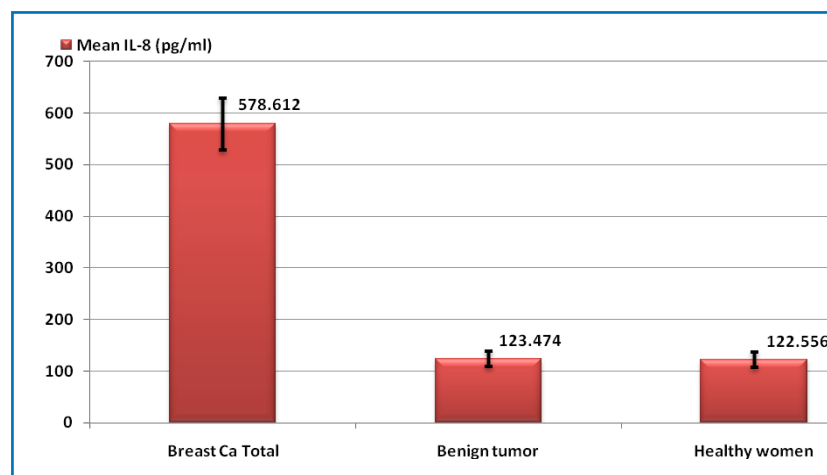
## Results:

Figure-1 represented the comparative analysis of IL-8 levels in patients with breast cancer, benign tumor and healthy volunteers. Breast cancer patients have the following value of IL-8 (mean  $\pm$  SD) ( $578.612 \pm 49.618$  pg/ml) compared with control subjects benign tumor ( $123.474 \pm 14.852$  pg/ml) and healthy women ( $122.556 \pm 15.138$  pg/ml).

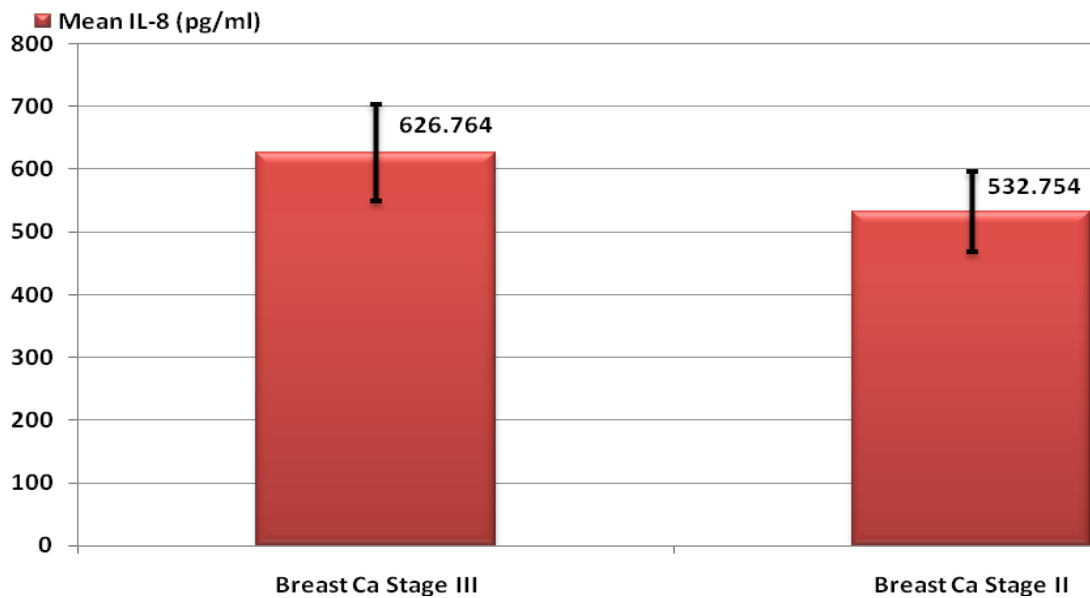
The differences in serum IL-8 between the controls and patients with breast cancer is significant ( $P < 0.05$ ).

The distribution of IL-8 serum concentration according to clinical stages of breast cancer is shown in figure-2.

Higher serum concentration of IL-8 were seen in stage III of the disease compared to value obtained from stage II patients, but no significant differences were seen ( $P > 0.05$ ).



*Figure -1- Serum level of IL-8 (pg/ml) in breast cancer & control groups.*



*Figure -2- Serum level of IL-8 (pg/ml) according to clinical stage.*

## Discussion:

According to our results, breast cancer patients exhibited significantly higher serum concentrations of IL-8 compared to benign tumor and healthy comparison subjects (Figure 1). Interleukin -8 is an important factor involved in human breast cancer progression (11).

Increased expression of IL-8 and/or its receptors has been characterized in cancer cells; endothelial cell, infiltrating neutrophils and tumor-associated macrophages suggesting that IL-8 may function as a significant regulatory factor within the tumor microenvironment (12).

All breast cancer cells expressed the IL-8 receptors, CXCR1 and CXCR2, whereas only 50% of the benign breast tissue samples expressed either CXCR1 or CXCR2 (13, 14).

It was reported that interleukins stimulate cancer cell growth and contribute to locoregional relapse as well as metastasis (15).

Permanent synthesis and release of these cytokines lead to increased serum cytokines concentration and act as marker of immunity status and immune system activation for prognosis and monitoring the course of cancer progression (5).

In addition to adversely affecting disease progression in persons with cancer, elevated level of proinflammatory cytokines have been associated with distressing symptoms in individuals with breast cancer (16).

Cytokines may play a role in pathophysiology of neuropsychiatric of the immune and neuro-endocrine system. Proinflammatory cytokines have been associated with de-

pression in persons with cancer during treatment and in fatigue in survivors of breast cancer (17). IL-8 also has mitogenic, angiogenic and motogenic properties in different cancer cells models (8).

Additionally IL-8 was primarily known to be chemotactic for neutrophils. Inflammatory infiltrates have been associated with enhanced tumor growth and worse survival; this might be attributed to the release of angiogenic growth factors by neutrophils and macrophages (18).

In this study, it was found higher serum concentrations of IL-8 in stage III of the disease compared to values obtained from stage II patients ( $P > 0.05$ ) (Figure-2). This finding in our study confirmed by Kozłowski et al (5) study who found no significant differences between two stages of disease. IL-8 has been shown to be up-regulated in several human cancers including breast cancer (19).

Higher serum levels of IL-8 in breast cancer patients have been associated with poor prognosis, increased tumor burden and decreased post relapse survival (20). The frequency of increased results and absolute value of IL-8 levels showed tendency to significant increase with the stage of disease (21).

In conclusion, our study suggests that IL-8 measurement can be used to diagnose women with breast cancer and to identify patients with a poor prognosis who may benefit from more aggressive management.

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## تحديد مستوى الانترلوكين-8 في مصول النساء المصابة بسرطان الثدي وعلاقته بتقدم المرض.

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### الخلاصة:

**المقدمة:** يعتبر الانترلوكين-8 متعدد الانتحاء وذو مدى واسع من النشاطات الفيزيائية وفسولوجية الامراض بالاضافة الى دوره في التحوير المناعي. كما يعتقد ان وظيفته كعامل للنمو والتميز بتغيير عملية الانتشار وتكوين الاوعية في السرطان .  
**الهدف:** تحديد مستوى الانترلوكين-8 في مصول النساء المصابة بسرطان الثدي. الورم الحميد والنساء الاصحاء وتقييم علاقته بتقدم المرض.

**طريقة البحث:** في الدراسة الحالية تم قياس الانترلوكين-8 في واحد واربعين عينة من النساء المصابة بسرطان الثدي واحد وعشرين من النساء المصابة بالورم الحميد وعشرين من النساء الاصحاء. وقد تم تحديد تركيز الانترلوكين-8 باستخدام تقنية الاليزا (ELISA).  
**النتائج:** اظهرت النتائج وجود زيادة معنوية في النساء المصابة بسرطان الثدي مقارنة مع النساء المصابة بالورم الحميد والاصحاء. كما لوحظ زيادة تركيز الانترلوكين-8 في المرحلة الثالثة للمرض مقارنة مع القيمة المستحصلة في المرحلة الثانية للمرض.  
**الاستنتاج:** تشير الدراسة الحالية الى ان ارتفاع مستوى الانترلوكين-8 يقترن بقوة مع سرطان الثدي. كما انه يرتبط مع المرحلة السريرية للمرض. تقترح هذه النتائج بأن قياس الانترلوكين-8 ذو فائدة في تقدير تقدم المرض في النساء المصابة بسرطان الثدي.