

## The Clot-lysis Effect of Selective $\alpha_1$ -Adrenoceptor Antagonist in Vitro Model Associated with High Peroxynitrite Level

Marwan S.M. Al-Nimer, Ali Ismail A. AL-Gareeb\*, Hayder M. Al-Kuraishy

### ABSTRACT:

#### BACKGROUND:

Alpha<sub>1</sub>-adrenoceptor blocking agents showed several effects beyond their action on the vascular smooth muscles. They improve the lipid profile and inhibit the aggregation of blood platelets.

#### OBJECTIVE:

To investigate the clot-lysis effect of selective  $\alpha_1$ -adrenoceptor antagonists and its relation to peroxynitrite level *in vitro* experimental model.

#### MATERIALS AND METHODS:

Venous blood samples obtained from ten healthy subjects. To each pre-weighed clot, 100  $\mu$ L of either distilled water as a negative control, prazosin (10  $\mu$ g), terazosin (20  $\mu$ g) and alfuzosin (25  $\mu$ g) were added. Peroxynitrite level was measured in sera and sangious fluid that formed after clot-lysis.

#### RESULTS:

Prazosin, terazosin and alfuzosin, in order, significantly reduced the clot weight up to 3.7%. Peroxynitrite level in sangious fluids was higher in treated groups than that of negative control or sera levels.

#### CONCLUSION:

$\alpha_1$ -adrenoceptor antagonists induced clot-lysis effect. This effect is associated with generation peroxynitrite

**KEY WORDS:** clot-lysis,  $\alpha_1$ -adrenoceptor antagonist, peroxynitrite

### INTRODUCTION:

Selective  $\alpha_1$ -adrenoceptor antagonists caused smooth muscle relaxation in peripheral vasculature in arterial and venous dilation<sup>(1)</sup>. As well, they relaxed smooth muscle of the bladder neck and prostate<sup>(2)</sup>. They are indicated for hypertension<sup>(3)</sup> and for the symptomatic treatment of benign prostate hypertrophy<sup>(4)</sup>.

Prazosin, *in vivo*, had no effect on platelet mediated thrombosis<sup>(5)</sup> while *in vitro* reduced thrombus formation when it combined with plasmin<sup>(6)</sup>.

Doxazosin treatment in patients with essential hypertension resulted in increase of fibrinolytic potential via increase in tissue-plasminogen activator (t-PA) mass concentration<sup>(7)</sup> and decrease in plasma plasminogen activator inhibitor (PAI)<sup>(8)</sup>.

Terazosin improved the prothrombotic state of patients with essential hypertension as a result of significant increase nitric oxide (NO)<sup>(9)</sup>. Nielsen *et al* reported that peroxynitrite (ONOO<sup>-</sup>), an end-product of NO, inhibits t-PA resulting in inhibition of fibrinolytic activity<sup>(10)</sup>.

This study aimed to investigate the clot-lysis effect of selective  $\alpha_1$ -adrenoceptor antagonists in reference to the peroxynitrite level *in vitro* experimental model

#### MATERIALS AND METHODS:

This work was done at Department of Pharmacology, College of Medicine, Al-Mustansiriya University in Baghdad, Iraq during December 2009. The study was approved by the scientific committee of institute, and after obtaining permission from the local ethics committee and informed subject consent, subjects from healthy medical students were allocated randomly to enroll in the study.

Department of Pharmacology College of Medicine  
Al-Mustansiriya University

## CLOT-LYSIS EFFECT OF SELECTIVE $\alpha_1$ -ADRENOCEPTOR

Venous blood samples (3 milliliters) were drawn from ten healthy human medical students. 500  $\mu$ l of blood was transferred to each four previously weighed eppendorff tubes for each subject.

The transferred 500  $\mu$ L allowed to clotting at 37°C for 60 minutes<sup>(11)</sup>. After clot formation, serum was completely removed and kept for determination of peroxyinitrite level. Each tube with clot was again weighed to determine clot weight (clot weight (mg)= weight of tube containing clot minus weight of tube alone).. To each eppendorff contained pre-weighed clot, 100  $\mu$ L of either distilled water as a negative control, prazosin HCl (10  $\mu$ g), terazosin HCl (20  $\mu$ g) and alfuzosin HCl (25  $\mu$ g) were added. All the tubes were then incubated at 37°C for 90 minutes and observed for clot lysis. After incubation, the released sangious fluid of each treatment was removed, pooled, centrifuged and the supernatant kept for determination peroxyinitrite level. The tubes were again weighed. The difference in weight was expressed as percentage of stabled or lysed clot.

Peroxyinitrite level in pooled sera (before treatment) and pooled sangious fluid (after each treatment) were determined according to the method described by Beckman *et al*<sup>(12)</sup> cited by VanUffelen *et al*<sup>(13)</sup>. Peroxyinitrite mediated nitration of phenol resulting in nitrophenol formation, formed the basis of peroxyinitrite assay.

### Drugs and chemicals

All the chemicals used in the study were of analar grade. Prazosin HCl, Terazosin HCl (Sigma-Aldrich, St Louis, Missouri) and Alfuzosin HCl (Safoni-Synthelabo, France) were freshly prepared according to the manufacturer instructions.

### Statistical analysis

Data were expressed as mean  $\pm$  SD of observations (n=10). The significance was  $p \leq 0.05$  between percent changes in clot weight induced by each treatment tested by ANOVA test.

### RESULTS:

Table 1 showed that  $\alpha_1$ -adrenoceptor antagonists significantly induced clot lysis as compared with negative control. Although the effect of prazosin HCl is more than terazosin HCl and alfuzosin HCl, it did not reach to the level of significant. It is. The mean level of peroxyinitrite in sera is higher than that of sangious fluid of negative control (5.681  $\mu$ mol vs 4.545  $\mu$ mol). Peroxyinitrite level of sangious fluids belonged to  $\alpha_1$ -adrenoceptor antagonists induced clot-lysis was higher than that of negative control and sera level (Fig.1). The increment in peroxyinitrite level is inversely proportional to the percent of clot lysis. The more clot-lysis effect, the lesser peroxyinitrite level in respect to  $\alpha_1$ -adrenoceptor antagonist.

**Table 1: Effect  $\alpha_1$ -adrenoceptor antagonists on blood clot.**

Treated groups	Clot weight(mg) before treatment	Clot weight (mg) after treatment	% change
Distilled water	483.2 $\pm$ 22.66	476.86 $\pm$ 22.06	-1.374 $\pm$ 0.551
Prazosin (10 $\mu$ g)	518.9 $\pm$ 20.49	499.71 $\pm$ 17.8	-3.676 $\pm$ 1.316**
Terazosin (20 $\mu$ g)	495.91 $\pm$ 34.43	480.21 $\pm$ 29.98	-3.166 $\pm$ 1.446**
Alfuzosin (25 $\mu$ g)	498.3 $\pm$ 32.26	487.54 $\pm$ 32.22	-2.109 $\pm$ 0.754*

\*  $p < 0.05$ , \*\*  $p < 0.01$  : in comparison with distilled water treated group.

### DISCUSSION:

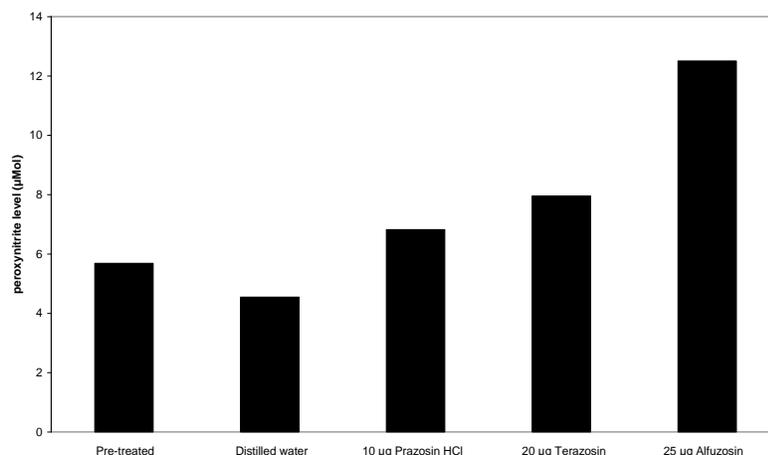
This study shows that  $\alpha_1$ -adrenoceptor antagonists lysed clot from the blood of healthy individuals. Prazosin HCl, terazosin HCl and alfuzosin HCl that are used for benign prostatic hypertrophy were not reported to have antithrombotic or fibrinolytic effect. The other intriguing finding is the higher mean level of ONOO<sup>-</sup> in sangious fluids, of clot lysed by  $\alpha_1$ -adrenoceptor antagonists, than corresponding negative control or sera.

There is cumulative evidence that ONOO<sup>-</sup> attacked tissue factor and inhibits procoagulant activity<sup>(14)</sup>,

and it inhibits fibrinogen activity (IC<sub>50</sub> is 22  $\mu$ mol) leading to inhibit clot formation<sup>(15)</sup>. Moreover, nitronyl nitroxide containing peptides possessed thrombolytic activity<sup>(16)</sup> and singlet oxygen radical potentiates thrombolysis induced by polymorphnuclear neutrophils<sup>(17)</sup>.

Therefore, the clot-lysis effect of  $\alpha_1$ -adrenoceptor antagonists may be related to their effect on generation nitrogen species<sup>(18,19)</sup> by the evidence of high ONOO<sup>-</sup> that formed from interaction of nitric oxide and superoxide anion.

## CLOT-LYSIS EFFECT OF SELECTIVE $\alpha_1$ -ADRENOCEPTOR



The mean level of peroxy nitrite in serum (pre-treated) and in blood (post-treated)

### CONCLUSION:

On the minor clot-lysis effect in vitro,  $\alpha_1$ -adrenoceptor antagonists may be incorporated for improvement of patients suffering from thrombotic disorders. Further investigation is essential to elucidate their mechanism of action.

### REFERENCES:

1. Martin DJ. Preclinical pharmacology of alpha-1 adrenoceptor antagonists. *Eur Urol* 1999; Suppl 1: 35-41.
2. Akduman B, Crawford ED. Terazosin, doxazosin and prazosin: current clinical experience. *Urology* 2001; 58(Suppl 1):49-54.
3. Zusman RM. The role of alpha-1 blockers in combination therapy for hypertension. *Int J Clin Pract* 2000; 54: 36-40.
4. Ito K, Ohtani H, Sawada Y. Assessment of alpha-1 adrenoceptor antagonists in benign prostatic hypertrophy based on the receptor occupancy theory. *Br J Clin Pharmacol* 2007; 63: 394-403.
5. Bolli R, Brandon TA, Mace ML Jr, Weibaecker DG. Influence of alpha-adrenergic blockade on platelet-mediated thrombosis in stenosed canine coronary arteries. *Cardiovasc Res* 1985;19: 146-54.
6. Grigoreva ME, Kalishevskaya TM, Golubeva MG. Thrombosis prophylaxis using plasmin and its combination with alpha-adrenoceptor antagonists. *Fiziol Zh* 1992;38: 42-9.
7. Zehetgruber M, Christ G, Gabriel H, Mundigler G, Beckmann R, Binder BR, Huber K. Effect of antihypertensive treatment with doxazosin on insulin sensitivity and fibrinolytic parameters. *J Thromb Haemost* 1998;79: 378-82.
8. Jeng JR, Sheu WH, Jeng CY, Huang SH, Shieh SM. Effect of doxazosin on fibrinolysis in hypertensive patients with and without insulin resistance. *Am Heart J* 1996;132: 783-9.
9. Zhang WR, Sun M, Luo JK. Serum nitric oxide and D-dimer before and after administering antihypertensive drugs in essential hypertension. *Hunan Yi Ke De Xue Xue Bao* 2003; 28: 382-4.
10. Nielsen VG, Crow JP, Zhou F, Parks DA. Peroxynitrite inactivates tissue plasminogen activator. *Anesth Analg* 2004;98: 1312-17.
11. Prasad S, Kashyap RS, Deopujari JY, Purohit HJ, Taori GM, Dagainawala HF. Development of in vitro model to study clot lysis activity of thrombolytic drugs. *Thromb J* 2006;4:14.
12. Beckman JS, Ischiropoulos H, Zhu L., van der Woerd M, Smith C, Chen J., Harrison J, Martin JC, Tsai M. Kinetics of superoxide dismutase and iron-catalyzed nitration of phenolics by peroxy nitrite. *Arch Biochem Biophys* 1992;298: 438-45.

13. VanUffelen BE, Van der Zee J, deKoster BM, VanSteveninck J, Elferink JG. Intracellular but not extracellular conversion of nitroxyl anion into nitric oxide leads to stimulation of human neutrophil migration. *Biochem J* 1998;330 (pt 2):719-22.
14. Adam JM, Ettelaie C, Naseem KM, James NJ, Bradley NJ, Bruckdorfer KR. Modification of tissue factor by peroxynitrite influences its procoagulant activity. *FEBS Lett* 1998; 429: 347-50.
15. Lupidi G, Angeletti M, Eleuteri AM, Tacconi L, Coletta M, Fioretti E. peroxynitrite-mediated oxidation of fibrinogen inhibits clot formation. *FEBS Lett* 1999;462: 236-40.
16. Zhao M, Liu J, Wang C, Wang L, Liu H, Peng S. Synthesis and biological activity of nitronyl nitroxide containing peptides. *J Med Chem* 2005;48:4285-92.
17. Stief TW. Singlet oxygen potentiates thrombolysis. *Clin Appl Thromb Hemost* 2007;13:259-78.
18. Wu CC, Ko FN, Teng CM. Inhibition of platelet adhesion to collagen by cGMP-elevating agents. *Biochem Biophys Res Commun* 1997;231:412-6.
19. Karmohapatra SK, Chakraborty, Kahn NN, Sinha AK. The role of nitric oxide in aspirin induced thrombolysis in vitro purification of aspirin activated nitric oxide synthase from platelets. *Am J Hematol* 2007;82: 986-95.