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# Sanger sequencing reveals *Pseudomonas aeruginosa* as the most common cross-contamination of gastrointestinal endoscopy

# Zainab H Majeed<sup>1</sup><sup>®</sup>, Ahmed E Dhamad<sup>2</sup><sup>®</sup>

<sup>1,2</sup>Department of Biology, College of Science, Wasit University, IRAQ

\*Corresponding Author: Zainab Hameed Majeed.

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ABSTRACT: Pseudomonas aeruginosa (P. aeruginosa) is a common cause of nosocomial infections. It has become a significant pathogen over the last two decades, accounting for 10% to 20% of infections in many hospitals. It demonstrates an inherent resistance to numerous antibiotics. This study aims to utilize the advanced molecular techniques to identify Pseudomonas spp. that causes cross-contamination of stomach biopsies specimens taken by gastrointestinal endoscopy and the resistance it shows to some commonly used antibiotics. A total of sixty-one biopsy tissue samples were taken from patients suffering from gastrointestinal disorder at Al-Karama and Al-Zahraa Teaching Hospitals. Bacterial species were identified by traditional techniques (Gram stain and biochemical tests) and molecular techniques (16S rRNA PCR-based techniques and Sanger sequencing) methods. On average 54.1% showed bacterial growth, 56.0% of them was identified as Pseudomonas spp. (P. aeruginosa and P. nitroreducens). In this study, P. aeruginosa was identified as the most prevalent contaminant associated with gastrointestinal endoscopies. It is known to cause opportunistic and severe co-infections in patients. As far as we are aware, this is the first report of its kind identified and studied P. nitroreducens as a contaminant in Iraqi patients. Antibiotic susceptibility test was done and isolates showed various resistance and sensitivity patterns (high antibiotic resistance to Azithromycin, Ceftriaxone, Erythromycin and Trimethoprim, and low antibiotic resistance to Amikacin, Gentamicin, Levofloxacin and Piperacillin-Tazobactam). This study highlights attention to the critical issue of contamination in gastrointestinal endoscopes due to inadequate sterilization. Molecular methods, especially Sanger sequencing proved more accurate detection than the traditional methods. To the best of our knowledge, this study reveals new bacterial species in in Iraqi hospitals. Additionally, the isolated bacterial species demonstrated various patterns of resistance and sensitivity based on antibiotic susceptibility testing.

Keywords: *Pseudomonas aeruginosa, Pseudomonas nitroreducens*, Gastrointestinal endoscopy contamination, Sanger sequencing, Antibiotic resistance.



# 1. INTRODUCTION

The *Pseudomonas* genus includes over 140 species, most of them are saprophytic, with over 25 species associated with humans, and the majority of Pseudomonas responsible for human diseases being associated with opportunistic infections [1]. *Pseudomonas* species are Gram-negative, catalase, oxidase and urease producing bacteria, non-glucose fermenter aerobic rods ranging from 0.5 - 0.8 µm in width and 1.5 - 3.0 µm in length. They move using a single polar flagellum [2]. *P. aeruginosa* is rarely present as a component of the typical microbial flora found in healthy individuals [3]. *P. aeruginosa* a nosocomial pathogen, has garnered the most attention due to its frequent role in human

diseases. It is a widespread, an independent bacterium commonly found in diverse moist environments. Although it rarely causes illness in healthy individuals, it poses a significant risk to hospitalized patients, especially those with serious underlying conditions like cancer or burns [4]. It causes the most severe infections such as malignant external otitis, endophthalmitis, endocarditis, meningitis, pneumonia, and septicemia [5]. The elevated mortality rate linked to *P. aeruginosa* infections is primarily due to compromised immune systems, its antibiotic resistance, and the production of toxic extracellular enzymes and substances [4,6]. *P. nitroreducens*, is a soil bacterium initially discovered in oil brine in Japan, and it can be found in river sediments [7].

*P. nitroreducens* is well-known for its ability to synthesize polyhydroxybutyrate homopolymers (polyesters) from medium-chain fatty acids, a trait utilized in the industrial production of polyesters [8]. *P. aeruginosa* contaminates medical devices by biofilm formation, which has served as a model organism for the biofilm research [9]. The concept of bacterial biofilms was first proposed in 1936. Bacteria easily attach to the moist surfaces, subsequently forming structured cell colonies embedded in a self-produced matrix, primarily made up of polysaccharides, which aid in attachment to both the surface and one another [10,11]. In clinical settings, various environments promote the ideal conditions for bacterial biofilm formation, including contact lenses, central venous catheters, urinary catheters, and others [12]. Recent studies have also confirmed the existence of biofilm on the surfaces of gastrointestinal endoscope channels [13]. Biofilms act as a reservoir for pathogenic bacteria, which can detach, return to their planktonic state, and infect patients. They also release endotoxins that can enter the bloodstream through damaged mucosal surfaces, potentially leading to systemic complications [14].

Sanger sequencing is a DNA sequencing technique that relies on chain termination during the DNA elongation, utilizing polymerase enzymes and specialized nucleotides [15]. It has long been the benchmark for accurately determining nucleic acid sequences, whether natural or synthetic. In laboratory medicine, sequence analysis is crucial for identifying emerging pathogens, discovering new genotypes of known pathogens, and monitoring significant evolutionary changes in pathogen genomes. It is also indispensable for confirming unusual laboratory findings, such as the detection of a pathogen in a new species or location. In the Sanger sequencing technique, amplified DNA or complementary DNA (cDNA) attaches to an oligonucleotide primer. DNA polymerase extends the strand by incorporating a mixture of four deoxynucleotide triphosphates (dNTPs: dGTP, dATP, dCTP, dTTP) along with chain-terminating dideoxynucleotide triphosphates (dATPs: ddGTP, ddTTP) [16], (figure 1).

This study investigates the contamination rates in gastrointestinal endoscopes at Al-Karama and Al-Zahraa teaching hospitals and explores how this increases the risk of bacterial infections. *P. aeruginosa* is the most common contaminant found in the endoscopy device compared to other growing species. To the best of our knowledge, this study represents the first documented instance of *P. nitroreducens* cultured from human stomach biopsies, as a rare type of bacteria. Furthermore, antibiotic susceptibility testing demonstrated that the isolated bacterial species exhibited different patterns of resistance and sensitivity to the most common therapeutic antibiotics.



**FIGURE 1:** A detailed illustration showcasing the Sanger sequencing process conducted through capillary electrophoresis. (1) Chain-termination PCR using fluorescent ddntps, (2) Size separation and sequence analysis using capillary gel electrophoresis and fluorescence detection, adapted from BioRender [17].

### 2. MATERIALS AND METHODS

#### **2.1 Samples collection**

Samples were obtained from patients from both males and females at Al-Zahra and Al-Karama Teaching Hospitals in Wasit Governorate, Iraq. This study was conducted between October 2023 and March 2024. A total of 61 gastric

biopsy samples were collected from the gastric antrum or corpus of patients with gastrointestinal disorders who were suspected of having *Helicobacter pylori* infection. The biopsy samples were placed in tubes containing 2 mL of sterilized brain heart infusion broth (BHI) as a transport medium and were delivered to the laboratory within 2 hours, using a cold box to maintain proper conditions for culturing.

#### 2.2 Bacterial culture and preservation

Biopsy tissues were homogenized and cultured on standard Columbia agar. The agar plates were incubated at  $37^{\circ}$ C, both in ambient air and in a carbon dioxide-humidified environment. Colonies that grew were stored for short-term and long-term use by transferring the bacteria to Columbia agar slant tubes and 10% glycerol/BHI tubes, respectively. The slant tubes were kept at 2-4°C, while the glycerol/BHI tubes were stored at -80°C.

#### 2.3 Bacterial identification

#### A. Traditional identification

To identify the bacteria, Gram staining and biochemical tests were carried out. The catalase test involved adding a drop of hydrogen peroxide ( $H_2O_2$ ) onto a glass slide, then mixing a small part of the bacterial colony with the drop using a disposable loop. The formation of bubbles within 30 seconds indicates a positive result [18]. The oxidase test involved applying a drop of oxidase enzyme reagent to a small amount of bacterial colony on filter paper. A color change to purple within 10 seconds indicates a positive result [19]. For the urease test, several colonies were cultured on urea agar base and were incubated at 37°C for 24 hours. A color change to red or pink signifies a positive result. Positive and negative controls were included to validate the tests [20].

#### **B.** Molecular identification

#### Extraction of DNA and its integrity checking

DNA was extracted using specialized kits from Scientific Research Company. Following the provided protocol, bacterial isolates were first cultured on Columbia base agar. Then, 1 ml of BHI broth was added to sterile tubes, and cells were harvested by centrifugation. Lysis and binding were carried out using the appropriate buffers, and the lysate was passed through a spin-DNA column with subsequent washing and drying steps. The purified DNA was eluted in 50  $\mu$ l of preheated elution buffer and stored at -20°C. The amount and integrity of the extracted DNA were evaluated using a Quantus<sup>TM</sup> Fluorometer (Promega, USA). The samples were prepared in 1X TE buffer and loaded into the fluorometer. The manufacturer's instructions were followed to evaluate the DNA integrity.

#### Polymerase Chain Reaction (PCR)

The PCR technique was utilized for molecular detection based on the 16S rRNA gene. The primer pairs used in this study were as follows: 22F: GCTAAGAGATCAGCCTATGTCC and 22R: [TGGCAATCAGCGTCAGGTAATG. The 25  $\mu$ l PCR reaction mixture contained 12.5  $\mu$ l of 2x PCR Master Mix containing Taq polymerase (Promega company, M7822), 1  $\mu$ l of extracted DNA, 1  $\mu$ l of each primer, and 9.5  $\mu$ l of DNase-free water. The PCR thermal cycling settings were as follows: DNA was initially denatured for three minutes at 94°C, this was followed by 40 cycles, including denaturation at 94°C for 30 seconds, primer annealing at 58°C for 30 seconds, extension at 72°C for one minute, and a final extension at 72°C for five minutes. The PCR product was then analyzed by a 0.5% agarose gel containing ethidium bromide was used, along with the GeneRuler 100 bp DNA ladder, for staining and assessing the quantity and quality of the PCR results [21].

#### Sanger sequencing

DNA sequencing-based bacterial identification offers greater objectivity and precision compared to traditional methods, particularly in classifying rare microorganisms that may emerge as pathogens in immunocompromised individuals [22]. Two primer pairs (758F, 907R, 27F, and 1492R) used in this study targeted the 16S rRNA gene (Table 1). The technique was carried out at Macrogen Inc. (Korea) following their standard protocol.

	Primers name	Primer sequence (5'-3')	Reference
	758F	GGA TTA GAT ACC CTG GTA	
	907R	CCG TCA ATT CMT TTR AGT TT	Macrogen
	27F	AGA GTT TGA TCM TGG CTC AG	
ſ	1492R	TAC GGY TAC CTT GTT ACG ACT T	

Table 1	. Primer	pairs	info	rmation.
		P		

# 2.4 Antibiotic Susceptibility Test

Antimicrobial susceptibility testing (AST) was conducted using the Kirby-Bauer disk diffusion method with eight antibiotics: Gentamicin, Amikacin, Ceftriaxone, Levofloxacin, Azithromycin, Erythromycin, Piperacillin-Tazobactam, and Trimethoprim (Table 2). These antibiotics represent six distinct classes: aminoglycosides, cephalosporin, fluoroquinolones, macrolides, penicillin- $\beta$ -lactamase inhibitors, and sulfonamides, frequently utilized antibiotics following the guidelines set by the Clinical Laboratory Standards Institute (CLSI) in 2020 [23]. In brief, freshly cultured bacterial colonies on nutrient agar were used to perform the antibiotic susceptibility test. The isolates were suspended in sterile normal saline and standardized to 0.5% McFarland, equivalent to approximately 1.5 × 10<sup>8</sup> CFU/ml. A volume of 0.2 ml of culture suspension was uniformly applied to a sterile Mueller-Hinton (MH) agar plate (Liofilchem, Italy). Sterile antibiotic discs (Liofilchem, Italy) were placed on the agar using sterile forceps under aseptic conditions, followed by incubation at 37°C for 24 hours. After incubation, the inhibition zones were measured in millimeters (mm) [24].

Antibiotic Class	Antibiotic Name	Abbreviations	Disc Concentration (µg)				
	Gentamicin	CN	10				
Aminoglycoside	Amikacin	AK	30				
Cephalosporin	Ceftriaxone	CRO	30				
Fluoroquinolones	Levofloxacin	LEV	5				
	Azithromycin	AZM	15				
Macrolide	Erythromycin	Е	15				
Penicillin-	Piperacillin-	TZP	110				
βlactamase	Tazobactam						
Sulfonamides	Trimethoprim	TM	5				

Table 2: Details of antibiotics, including their classification, abbreviations, and disc concentrations.

# 3. RESULTS AND DISSCUSIONS

#### 3.1 Isolation and molecular diagnosis

The study involved 61 patients presenting with diagnosed. gastrointestinal disorders, including abdominal pain, diarrhea, vomiting, anorexia, and stomach ulcers. Of these, the majority (58.7%) were females. The collected samples were carefully transported under sterile conditions and immediately cultured on Columbia base agar. Bacterial growth was successfully confirmed in 54.1% of Stomach tissue samples. Despite prolonged preservation, the bacteria retained their viability for growth for both middle and longtime storages. These samples underwent both traditional and molecular identification methods. Gram staining revealed that all isolates were gram-negative and rod-shaped (Figure 2). Additionally, the isolates tested positive for catalase, oxidase and urease activity [25]. The integrity of the extracted DNA, measured using Quantus<sup>TM</sup> fluorometers, showed an average concentration of 15 ng/ $\mu$ L across all samples. Bacterial species identification was conducted based on the results of PCR and Sanger sequencing. The purified DNA was sent to Macrogen Company, primer pairs (758F, 907R, 27F, and 1492R) were utilized for the analysis. 92.8% were identified as *Pseudomonas aeruginosa* and 7.2% as *Pseudomonas nitroreducens*. The Sanger sequencing results of 16s rRNA gene were compared with worldwide bacteria database from NCBI to draw species trees (Figure 3).



FIGURE 2: Gram staining results of, (a) P. aeruginosa and (b) P. nitroreducens.



**FIGURE 3:** Phylogenetic trees. These trees illustrate the sanger sequence results for isolated and identified bacteria (a) *P. aeruginosa* and (b) *P. nitroreducens*.

*Pseudomonas spp.* are widespread microorganisms capable of affecting individuals with compromised immune systems and are the common cause of hospital-acquired infections [26]. *Pseudomonas sp.* exhibits exceptional metabolic versatility and adaptability, enabling them to colonize a wide range of ecological environments, including water, soil, and animals. It is also notable for their inherent resistance to various antimicrobial agents [27]. *P. aeruginosa* and *P. nitroreducens* cause many opportunistic and nosocomial infections such as, endocarditis, meningitis, pneumonia, and septicemia. They cause severe infection like malignant external otitis and endophthalmitis as well [28]. Also, Previous studies have demonstrated that the urease activity of bacteria that colonize in gastric mucosa, (such as, *Pseudomonas spp.*), affect the diagnosis of *Helicobacter pylori* and give a false positive result in urea breath urease [29], This may cause a serious medical and treatment problem. Based on statistical analysis (Figure 4), of endoscopy-related contamination in AL-Karama Teaching Hospital and AL-Zahraa Teaching Hospital, both hospitals have high contamination rates due to improper sterilization protocols and improper cleaning practices during endoscopy procedures. While AL-Zahraa hospital still faces significant issues, its contamination rate is lower compared to AL-Karama hospital. This slight difference may be attributed to more consistent, albeit still insufficient, sterilization efforts or marginal improvement in staff compliance with hygiene procedures.



**FIGURE 4:** Shows the ratio of contamination to the number of samples taken in Al-Karama and Al-Zahraa teaching hospital.

# 3.2 Antibiotic susceptibility test

The bacterial isolates exhibited varying levels of susceptibility and resistance to the antibiotics tested.(Table 4), (figure 5).

		Antibiotics														
Bacterial species	Azithromycin		Amikacin Ceftr		riaxone Erythro		romycin Gentam		amicin Levofloxacin		loxacin	Piperacillin- Tazobactam		Trimethoprim		
	(S%)	(R%)	(S%)	(R%)	(S%)	(R%)	(S%)	(R%)	(S%)	(R%)	(S%)	(R%)	(S%)	(R%)	(S%)	(R%)
P. aeruginosa	0	91.6	100	0	8.3	91.6	0	100	83.3	8.3	100	0	100	0	0	100
P. nitroreducens	0	100	100	0	0	100	0	100	100	0	100	0	100	0	0	100

#### NOTE: 8.3% of *P.aeruginosa* had an intermediate response to Azithromycin and Gentamycin.

According to the results which were illustrated in (table 4), P. aeruginosa isolates showed 100% sensitivity to Amikacin, Levofloxacin and Piperacillin-Tazobactam, and 83% to Gentamicin. P. nitroreducens was 100% sensitive to Amikacin, Levofloxacin and Piperacillin-Tazobactam, but it differed from P. aeruginosa in its 100% sensitivity to Gentamicin and Trimethoprim. Amikacin mechanism of action attaches to the 30S subunit of the bacterial ribosome. disrupting the reading of the genetic code and inhibiting protein synthesis. This interference leads to premature termination of protein production and the incorporation of incorrect amino acids [30]. Levofloxacin disrupts essential bacterial processes, including DNA replication, transcription, repair, and recombination, by inhibiting type II topoisomerases. It serves as an effective therapeutic option for treating severe Gram-negative hospital acquired infections [31]. Piperacillin, a  $\beta$ -lactam antibiotic, combined with Tazobactam, a  $\beta$ -lactamase inhibitor, functions as a non-reversible inhibitor of bacterial  $\beta$ -lactamases. This combination is highly effective in treating intra-abdominal infections, infections of the skin and soft tissues, lower respiratory tract infections, and complicated urinary tract infections. offering broadspectrum coverage against resistant pathogens [32]. Gentamicin crosses the gram-negative membrane through an oxygendependent active transport mechanism [33]. The results of current study are in line with the recent research by Farhan, et al. (2021), Anderson, et al. (2008), Daley, et al (1996) and Charles et al. (1971) [34,35,36,37]. Nageeb, et al. (2022), Lepe, et al. (2022), Gin, et al. (2007), and Ahmed, et al. (1989), on the other hand, reported the high-level resistance to these antibiotics [38,39,40,41].



# **FIGURE 5:** Sensitivity of (a) *P. aeruginosa* and (b) *P. nitroreducens* to Amikacin, Gentamycin, Levofloxacin and Piperacillin-Tazobactam.

P. aeruginosa and P. nitroreducens showed high resistant rates to Azithromycin, Ceftriaxone, Erythromycin and Trimethoprim. The mechanisms of these antibiotics include: suppression of bacterial protein synthesis, reduction of proinflammatory cytokine production, prevention of neutrophil infiltration, and alteration of macrophage polarization by Azithromycin.[42]. However; Ceftriaxone inhibits the bacterial cell wall synthesis by disturbing the mucopeptide synthesis [43]. They specifically target the 23S rRNA in the bacterial 50S ribosomal subunit. Erythromycin prevents the synthesis of proteins [44], and just the same, Trimethoprim acts by Inhibiting the transformation of dihydrofolate into tetrahydrofolate, the biologically active form of the folic acid, in susceptible organisms [45]. Pseudomonads employs a variety of innate and acquired resistance mechanisms, including antibiotic inactivation, alteration of drug targets, reduceducing the membrane permeability, activating efflux pump systems, biofilm formation, and quorum-sensing pathways. These strategies work in tandem to significantly decrease its susceptibility to antibiotics, making it highly resistant to treatment [46]. Antivirulence therapies focus on neutralizing these factors to reduce bacterial harm while allowing the immune system to eliminate the infection. Unlike traditional antibiotics, this approach exerts less selective pressure, thereby reducing the likelihood of drug resistance development [47]. Biofilm formation enables pathogenic bacteria to survive under adverse conditions such as temperature changes, limited nutrients, exposure to antibiotics, and enhance their persistence on both living and non-living surfaces [48]. Biofilm formation is a defining characteristic of P. aeruginosa, with its complex and organized biofilms frequently observed in patients suffering from chronic infections [49]. It may be the primary reason for the widespread of *P. aeruginosa* as contaminants in medical devices, especially gastrointestinal endoscopes, as inefficient sterilization and not drying them well during storage, providing a suitable environment for biofilm formation.

# 4. CONCLUSIONS

This study highlights the critical problem of contamination in gastrointestinal endoscopy linked to *P. aeruginosa*, emphasizing the role of insufficient sterilization protocols in contributing to hospital-acquired infections. The results show that *P. aeruginosa* is the most common contaminant, presenting a significant threat to patient safety due to its strong resistance to various antibiotics. Additionally, the study identifies *P. nitroreducens* as a rare but noteworthy contaminant, detected using advanced molecular techniques like Sanger sequencing, underscoring the value of modern tools for precise bacterial identification. The antibiotic resistance patterns identified in these bacterial isolates highlights the urgent need for stronger infection control measures, prudent antibiotic usage, and the exploration of alternative treatment options. Additionally, the ability of these bacteria to form biofilms further complicates their removal, as it enables them to withstand unfavorable conditions and resist standard sterilization methods. To address these challenges, future efforts should focus on enhancing sterilization protocols, especially for medical equipment like endoscopes, to reduce contamination rates. Research into new therapies, particularly those targeting bacterial biofilms and resistance mechanisms, is essential to prevent the spread of these infections. This study provides valuable insights into the risks associated with current practices and the urgent need for innovative solutions in healthcare setting.

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