# Estimation of CPK, LDH, GOT and GPT Enzymes Activity in Serum of Abortion Women

Layla O. Farhan

Department of Chemistry, College of Science for Women, Baghdad University, Baghdad-Iraq. <u>E-mail</u>: layla\_athman@yahoo.com.

# Abstract

The current project was designed to study the biochemical aspects of serum of Abortion women for enzymes activities and to compare the recorded values with the standard values. The study group comprised of thirty abortion women and thirty normal women as control. Laboratory investigations including creatine phosphokinase (CPK), Lactate Dehydrogenase (LDH), glutamicoxaloacetic transaminase (GOT) and glutamic pyruvic transaminase (GPT) had been measured in abortion women and control. There were significant difference in CPK, LDH, GOT, and GPT, (P<·,·) in the abortion women when compared to control group. In this study, was observed a significantly positive association between GPT [U/L] with GOT[U/L] (R = ·,<sup>1</sup>,<sup>r</sup>, p<·,·), and negative association was observed between GOT/GPT with CPK [U/L] (r=·,<sup>r</sup>, p<·,·°), LDH [U/L] (r=·,<sup>io</sub>, p<·,·°) in Abortion women while there was no significant correlation was observe in the control.</sup>

Keywords: Abortion, CPK, LDH, GPT, GOT.

# Introduction

The enzyme creatine phosphokinase (CPK) is to be found mainly in muscle cells. It participates in the energy supply by means of phosphate transfer, (CPK) is a key enzyme for energy metabolism of contraction and in both striated muscles (such as skeletal and cardiac) and smooth muscle. The CPK has been found in all smooth muscles studied to date including the fallopian tube [1]. One theory is that damage to the fallopian tube in EP is sufficient to cause an increase in serum CPK [<sup>Y</sup>]. Although some studies have demonstrated that maternal serum CPK levels can be an important biochemical marker for the diagnosis of EP  $[^{r}, \xi]$ . Other diagnostic markers are also described for diagnosis as progesterone CPK, CAllo and pregnancy glycoprotein (PSBS) specific [0,7]. β Measurement of serum levels of creatinekinase, an intracellular metabolic enzyme with high concentrations in the brain, the myocardium and skeletal and smooth muscle, have first beensupported by lavie et al in ectopic pregnancy [V]. So far its measurement only been used in the evaluation of acute myocardial infarction  $[^{A}]$ .

Lactate Dehydrogenase (LDH) is mainly an intracellular enzyme. It is responsible for interconversion of pyruvate and lactate in the cells. Its levels are several times greater inside the cells than in the plasma. So its levels are increased in the scenario of increased cell leakiness, hemolysis and cell death [<sup>4</sup>]. Lactate dehydrogenase is a safety valve in our pipeline of energy production. Most of the time, our cells breakdown glucose completely, releasing the carbon atoms as carbon dioxide and the hydrogen atoms as water. This requires alot of oxygen. If the flow of oxygen is not sufficient, however, the pipeline of energy productiongets stopped up at the end of glycolysis. Lactate dehydrogenase is the way that cells solve this problem, at least temporarily[<sup>1</sup>,].

Aspartate aminotransferase (AST, EC (1,1,1,1,1)) and alanine aminotransferase (ALT, EC (1,1,1,1,1)) are enzymes found mainly in the liver, but also found in red blood cells, heart cells, muscle tissue and other organs, such as the pancreas and kidneys. AST and ALT formerly are called serum glutamicoxaloacetic transaminase (GOT) and serum glutamic pyruvic transaminase (GPT), respectively. AST or ALT levels are a valuable aid primarily in the diagnosis of liver disease. Although not specific for liver disease, it can be used in combination with other enzymes to monitor the course of various liverdisorders. The normal concentrations in the blood are

from  $\circ$  to  $\varepsilon \cdot$  U l- $\cdot$  for AST and from  $\circ$  to  $\neg \circ$ U l for ALT. However, when body tissue or an organ such as the liver or heart is diseased or damaged, additional AST and ALT are released into the bloodstream, causing levels of the enzyme to rise. Therefore, the amount of AST and ALT in the blood is directly related to the extent of the tissue damage. After severe damage, AST levels rise 1. to 7. times and greater than normal, whereas ALT can reach higher levels (up to ° times greater than normal). On the other hand, the ratio of AST to ALT (AST/ALT) sometimes can help determine whether the liver or another organ has been damaged [11, 17]. The current project was designed to study the biochemical aspects of serum of Abortion women for enzymes and to compare the recorded values with the standard values.

### **Materials and Methods**

A total of  $\cdot$  serum samples from cases of normal and Abortion women were collected at random from AL-Yarmok Hospital, All the relevant information were recorded on Performa regularly. Under aseptic measures,  $\circ$  ml of blood was with drawn by veinpuncture with the help of disposable syringes and was transferred to a screw capped sterile clean test tube slowly to avoid haemolysis [ $\uparrow$ <sup>m</sup>]. All the blood samples were labeled with the species, outdoor registered number and the date of collection. The samples were left for about an hour for blood clotting to occur and were further processed for analysis  $[1^{\xi}]$ . Reported freezing and thawing was avoided.

Surem creatine kinase activity (CPK) was measured by a standard method using a commercial CK-NAC reagent kit (Boehringer-Mannheim) on a Hitachi  $\vee$  analyser [Szaszet al,  $19\vee1$  <sup>o</sup>]. The activities of LDH, GOT and GPT were determined spectrophotometncally by measuring the oxidation rate of NADH (nicotinamide adenine dinucleotide, reduced) in a thermostatedcuivette at  $\forall t$ . nm after incubation of samples with Na-pyruvate, L-aspartate and L-alanin, respectively  $[17,1^v]$ .

All statistical analyses in studies were performed using SPSS version  $\circ, \circ, \circ$  for Windows [Statistical Package for Social Science, Inc., Chicago, IL, USA]. Descriptive analysis was used to show the mean and standard deviation of variables. The significance of difference between mean values was estimated by Student T-Test. The probability P< $\cdot, \cdot \circ$  = significant, P> $\cdot, \cdot \circ$  = non-significant.

# **Results and Discussion**

There is no significant different in age between abortion women and normal group. LDH, CPK, GOT, GPT, and (GOT/GPT) were found to be significantly increase with P value  $< \cdot, \cdot$  ). when compared to control group as shown in Table (1).

Table ( )

The mean and standard deviation of Age, LDH, CPK, GOT, GPT and (GOT/GPT) in Abortion and normal women.

Characteristic	Abortion women [Mean±SD] [n= ザ・]	Normal women [Mean±SD][n= †]	P Value
Age[year]	49 <u>+</u> £,9V	48 <u>+</u> 2,93	N.S
LDH[U/L]	۳۰۰,٤٦ <u>+</u> ٦۰,۳۳	97,27 <u>+</u> 7,91	<۰,۰۱
CPK[U/L]	190,27 <u>+</u> 11,97	۱۰۰,٦٦ <u>+</u> ۲٩,٤٣	<۰,۰۱
GOT[ U/L]	٤•,٤٦ <u>+</u> ١٩,٢٦	۱۳,٤٦ <u>+</u> ۱ <b>.</b> ٦٩	<٠,٠١
GPT[U/L]	0., <u>+</u> 17.70	۱٤,٨ <u>,±</u> ۲. ٤۲	<۰,۰۱
GOT /GPT	۱,۱۳ <u>+</u> ۰.۳۷	•,97 <u>+</u> •.14	<۰,۰۱

In this study, a significantly negative association was observed between GOT/GPT with CPK [U/L] ( $r=\cdot, \forall \forall, p < \cdot, \cdot \circ$ ), LDH [U/L] ( $r=\cdot, \sharp \circ, p < \cdot, \cdot \circ$ ), and positive association was observed GPT [U/L] with GOT [U/L]

 $(R=\cdot, \forall \forall, p < \cdot, \cdot \forall)$ , in Abortion women while there was no significant correlation was observe in the control group as shown in Fig.( $\forall$ ).

#### Journal of Al-Nahrain University Science

Detection of rising levels of serum CPK is one such marker which has been studied widely for early diagnosis of ectopic pregnancy. Ectopic pregnancy presents a major health problem for women of child bearing age. It is a result of flaw in the human reproductive physiology that allows the conceptus to implant and mature outside the endometrial cavity, which ultimately ends in death of the fetus have hypothesised that serum CPK levels would increase in ectopic pregnancy as a result of the trophoblastic invasion and ensuing damage to the muscularis of the tube, known to lack a submucosallayer [14,19]. They found that CPK levels in all cases of ectopic pregnancy to be raised above the range of CPK values observed in patients with normal intrauterine pregnancies or missed abortions, and suggested that CPK is an additional tool in the diagnosis of ectopic pregnancy, similar in concept to its established use in the evaluation of acute myocardial infarction. The conclusions of these authors could not be corroborated by histological evaluation of the involved tubes, however, as they did not provide any information on the depth of trophoblastic invasion of the tubes [1.1]

The AST in so many tissues makes their serum level a good marker of soft tissue damage but precludes its use an organ specific ۱۹۸۳ ۲۱]. Moss enzvme [Bovd. and Buttorworth  $(197\xi)$  also stated that the use of enzyme estimation in serum in the detection of acute or chronic damage to cells which cause the leakage of enzymes into extracellular fluid and then in the blood provides an extremely sensitive index of deterioration of plasma membrane. Since enzymes can be detected by their catalytic activity has in case of AST level in serum of affected women  $[\gamma\gamma]$ . The ALT in the serum is a sensitive live-specific indicator of damage so that it is used as an indicator of hepatopathy in toxicological studies [<sup>Y</sup>], Since elevation of these enzymes in serum is known to be produced by their leakage from injured tissues  $[\gamma \gamma]$ .

The LDH, GOT and GPT are cellular metabolic key enzymes, Therefore any detectable increase of their activity in serum can be used as a reliable indicator of changed metabolic functions or structural damage at the tissue level  $[7 \, \xi]$ .

The increased SGPT observed with abortion could possibly be due to the parturition hemorrhage, as this has been reported to result an increase in SGPT level, and these observations may possibly indicate an increased tendency for liver damage to occur during pregnancy.[ $\gamma \circ$ ]. On the other hand, the ratio of AST to ALT (AST/ALT) sometimes can help determine whether the liver or another organ has been damaged [ $\gamma \epsilon$ ]. elevated levels of serum LDH may signify the presence of hemolysis and hepatic cell death [ $\gamma \circ$ ].



Fig.( <sup>1</sup>) Correlation between GOT /GPT with CPK, LDH and GOT with GPT in normal and Abortion women.

### Conclusion

The present study suggest that maternal CPK, LDH, GPT and GOT level sare significantly higher in women with abortion, large-scale prospective studies are needed for better evaluation and to determine a cut-off point for CPK. also The current study propose to evaluation the level of these enzymes throw first trimester to use it as indicator for abortion.

### References

- [1] Clark JF. "Thecreatine kinase system in smooth muscle". Mol Cell Biochem 1997-1995, 1995.
- [<sup>\*</sup>] Lavie O, Beller U, Neuman M, Ben-Chetrit A, Gottschalk-Sabag S and Diamant YZ "Maternal serum creatine kinase: a possible predictor oftubal pregnancy." Am J Obstet Gynecol 179, 1169–1100, 1997.

- [<sup>r</sup>] Zorn JR, Cherruau B, Abi-Rached F, Dehee A, Danoy X, Le Blond J andEkindjian O. "Evaluation of maternal plasma creatine kinase activityas a marker of abnormal early pregnancy". Hum Reprod 17, Yorig-Yory, 1994.
- [٤] Duncan WC, Sweeting VM, Cawood P and Illingworth PJ "Measurement of creatine kinase activity and diagnosis of ectopic pregnancy". Br J Obstet Gynaecol 1.1, YYT\_YY, 1990.
- [°] Jonathan, S. and Berek, "Novaks Gynecology" Lippincott Williams & Wilkins, pp: ٦.٢-٦٣°, ٢...٧.
- [7] Kimata, P., N. Amar, J.L. Benifla and P. Madelenat". Diagnosis of ectopic pregnancy". Revue Du Praticien, °7(17): 1YA1-£, 7...7.
- [V] Develioglu, O.H., C. Askalli, G. Uncu, B. Samliand O. Daragenli, "Evaluation of serumcreatin kinase in ectopic pregnancy with refrenceof tubal status and histopothology". British Journal of Obstetrics and Gynaecology, 1.9:171-17A, 7...7.
- [<sup>A</sup>] Parvin M., Seddigheh A., and Manizheh M. "Is Serum Creatine Kinase a Reliable Indicator for Early Diagnosis of Ectopic Pregnancy?" Advances in Environmental Biology, °(<sup>9</sup>): YYTY-YYT°, Y·YY.
- [9] Vasudevan D, Sreekumari S, Vaidyanathan K (eds). Textbook of biochemistry, <sup>7</sup>th edn.Jaypee Brothers, New Delhi, pp<sup>1</sup><sup>2</sup><sup>-</sup> <sup>1</sup>o<sup>9</sup>, <sup>7</sup>.<sup>1</sup><sup>1</sup>.
- [1.] Lavandera, J.L., Martin, J.J., Risco, F. Garcia-Ochoa,S.,Gamo, F.J. ,Sanz,L., Leon, L., Ruiz, J.R. and Gabarro, R., "Identification and activity of a series of azole-based compounds with lactate dehydrogenase-directed anti-malarial activity". J.Biol.Chem. YV9: TIET9-TIET9, Y...E.
- [11] Bikha R. D., Aneela, A., Syed Z. A. and Ghulam A. O. "Serum Trace Metals and Enzyme Activity in Patients with Hepatic Encephalopathy" World Applied Sciences Journal 17 (A): 1.07-1.09, 7.17.
- [14] Wang J Y, Zhu S G, Xu C F, et al. Biochemistry (in Chinese). "rd ed. Beijing: Higher Education Press, ""9, "...".

- [۱۳]Benjamin, M.M., Outline of veterinary clinical pathology. <sup>rd</sup>Ed. Kalyani Publishers, New Dehli, ۱۹۸۰.
- [12] Samaha, H.A., Goharg, E.L., Anddraz, A.A., Toxplasmosis, balantidiasis and amebiasis among zoo animals and man. Assiut. Vet. Med. J., 79: 179-170. 1997.
- [10] Szasz, G., Gruber, W. and Bernt, E. Creatine kinase in serum: 1.determination of optimum reaction conditions. *Clin. Chem.*, *YY*, 701-707, 1977.
- Bergmeyer, H. U., Bernt, E.Lactatedehydrogenase, UV-assay with pyruvate and NADH. In: Bergmeyer. H. U. (ed.) Methods of enzymatic analysis, Vol <sup>7</sup>. Academic Press, New York, °V<sup>£</sup>-°V<sup>9</sup>, 19V<sup>£</sup>.
- Bergmeyer, H. U., Bernt, E. Glutamateoxaloacetate transaminase, UV-assay, manual method. In: Bergmeyer, H. U. (ed.) Methods of enzymatic analysis, Vol. <sup>7</sup>. Academic Press, New York, <sup>VTV-VTT</sup>, <sup>VTV-VTT</sup>, <sup>VTV-VTT</sup>,
- [1^] Sameena, W., Shagufta, Y., Shaheena, P. and Syed, N., "Serum Creatinine Phosphokinase (CPK) in The Diagnosis of Ectopic Pregnancy". Original article, Vol. 11 No. 7, April-June 7...9.
- [19] Peter, C. "Enzyme assays in the management of pregnancy" J. clin. Path., Vol<sup>Y £</sup>, l. No. <sup>£</sup>, P<sup>9,-90</sup>, <sup>Y</sup>, <sup>Y</sup>.
- [<sup>\(\circ)</sup>] Singh A, Bansal S. "Serum creatinine kinase-an alternative diagnostic marker inruptured tubal pregnancy" J Obstet Gynecol India .°°(°), Pg ٤°١-٤°, <sup>\(\circ)</sup>.
- [יז] BOYD, B.A., Clinical Enzymology, veterinary clinical pathology <sup>th</sup>Ed. Academic Press, Inc., USA, pp. יידא-ייזי, ארת.
- [<sup>YY</sup>] Syea, A. H, Razia, S, M and Azhar, M, "Biochemic alanalysis of serumenzymes and electrolytes of *Toxoplasmagond II* on fected women". Punjab Univ. J. Zool., Vol. <sup>Y</sup><sup>Y</sup> (<sup>1</sup>-<sup>Y</sup>), pp. ·<sup>Y</sup><sup>Y</sup>-·<sup>A</sup>·, <sup>Y</sup>··<sup>A</sup>
- [<sup>ү</sup><sup>m</sup>] Igado O., Ajala O. and Oyeyemi M.
  "Investigation into the Hematological and Liver Enzyme Changes at Different" International Journal of Animal and Veterinary Advances <sup>m</sup>(°): <sup>γ</sup><sup>γ</sup><sup>γ</sup>-<sup>γ</sup><sup>A</sup></sub>, <sup>γ</sup>·<sup>1</sup><sup>1</sup>.

- [<sup>Y ±</sup>] Xing-J, Yang-K and Hak-S "Aspartate Amino transferase (AST/GOT) and Alanine Amino transferase (ALT/GPT) Detection Techniques" Sensors, <sup>¬</sup>, <sup>Vo¬</sup>-VAT Y...,<sup>¬</sup>.
- [<sup>\*</sup>o] Guntupalli S, Steingrub J. Hepatic disease and pregnancy: An overview of diagnosis and management. Crit Care Med <sup>\*\*</sup> [Suppl.]: S<sup>\*\*\*\*</sup>-S<sup>\*\*\*\*\*</sup>, <sup>\*\*\*\*\*</sup>.

الخلاصة

هدفت الدراسة الحالية تقدير بعض الجوانب الحيوية (الانزيمات) في امصال النساء المجهضات ومقارنة القيم المسجلة مع القيم القياسية، مجموعة الدراسة تتألف من ثلاثين امرأة مجهضة و ثلاثين امرأة سليمة كمجموعة ضابطة. تم قياس الفحوص المختبرية بما في ذلك فسفوكاينيز الكرياتين قياس الفحوص المختبرية بما في ذلك فسفوكاينيز الكرياتين (CPK) (CPK)، اللاكتات هيدروجينيز glutamicoxaloacetic transaminase (LDH)، اللاكتات هيدروجينيز و GOT) و (GOT) و CPK و LDH و GOT في النساء الحوامل والمجموعة الضابطة. لوحظ وجود زيادة مقبولة احصائيا في مستوى CPK و LDH و GOT و GOT/GPT) عند النساء المجهضات عند مقارنتها بالمجموعة الضابطة.

لوحظ وجود علاقة خطية إيجابية بين [U/L] GPT مع P(P<•,•١)، (R= [•,٦٣] GOT[U/L]، ولوحظ ايظا وجود علاقة خطية سلبية بين GOT/GPT مع LDH [U/L] وكان (r=•,٣٦, p<•,•٥) و (r=•,٤0, p<•,•٥) في النساء المجهضات في حين لم يكن هناك ارتباط ملاحظ في مجموعة السيطرة.