

AL-KUNOOZE SCIENTIFIC JOURNAL ISSN: 2706-6231 E ,2706-6223 P

Vol.11 No.3 (2025)



Screening of The Bioactive Composition in Aqueous and Ethanolic Extracts of Tamarind fruit (*Tamarindus indica*) using GC-MS

Suaad Mohsen Jassim* and Saher Mahmood Jwad

Department of Biology, Faculty of Education for Women, University of Kufa, Iraq

Corresponding Author Email Address: suaadm.alzamili@student.uokufa.edu.iq

ORCID ID https://orcid.org/0009-0006-0899-3619

Abstract

This look at aimed to discover the bioactive compounds in tamarind (*Tamarindus indica*) fruits using aqueous and ethanolic extracts. GC-MS analyses revealed quite a few compounds found in those extracts. Tamarind is a tropical plant native to Africa but broadly cultivated globally. It is known for its nutrient-wealthy houses and numerous health blessings. It is thought for its nutrient-rich houses and numerous health benefits. In latest years, interest in herbal antioxidants and their role in ailment prevention and treatment has grown. Tamarind consists of an excessive attention of polyphenols and flavonoids, which can be presumed to be the primary materials liable for its powerful antioxidant houses. The phenolic compounds in tamarind make contributions to heart and immune health, along with their antimicrobial and antineoplastic consequences. Flavonoids found in numerous parts of the plant are also recognized for their anti-inflammatory, anti-diabetic, and lipid-lowering homes, making them beneficial inside the control of several fitness conditions. This study investigates the bioactive compounds in tamarind and their associated organic activities.

Keywords: Edible tamarind plant, GC-MS Analysis, Bioactive composition.

Introduction

Tamarindus indica is a widely recognized leguminous tree from the family, valued for Fabaceae medicinal, nutritional, financial, and environmental benefits. Due to its versatility, it's miles taken into consideration a multipurpose plant. It can undergo dry durations of up to 5–6 months but has low resistance to extraordinarily bloodless temperatures [1]. There are two foremost forms of tamarind: acidic and sweet-acidic. The acidic type thrives in warm, sunny climates and is the maximum typically observed, whilst the sweet-acidic range is greater, touchy to temperature adjustments, and is less broadly available. Tamarind fruit is quite widespread and may be consumed processed. Its precise candy and tangy taste come from a balance of tartaric acid and phytogenic saccharides [2].

The fruit is utilized in plenty of meal products, which include seasonings, confectionery, curries, chutneys, sauces, juices, and beverages. Tamarind seeds are a byproduct of industries that use the pulp. However, their excessive tannin content material and another dyeing substances in the seed coat make them mistaken for direct consumption [3]. To be eaten, they need to first be soaked and boiled. One of the most

crucial business products derived from tamarind seeds is tamarind kernel powder, which is used in the jute, paper, textile, and material industries [3]. Additionally, iellose. polysaccharide extracted from the seeds, serves as a stabilizer in cheese, mayonnaise, ice cream. and pharmaceutical merchandise.In a few growing nations, tamarind seeds are used as an opportunity protein source to assist fighting malnutrition. The plant's flowers and leaves are also edible and can be consumed sparingly, cooked, or brought to curries, salads, and soups. Given its extensive variety of makes use of and potential fitness advantages, compiling present studies on Tamarind [2].

Gas chromatography-mass spectrometry (GC-MS) is a paradigm shift within the evaluation and structural elucidation of plant additives, with its excessive sensitivity for detecting compounds as low as one nanogram .With the development of chromatographic approaches, encompassing gas chromatography-mass spectrometry (GC-MS), it has end less difficult to

investigate small portions of chemical

to

[4].This research

assess

was

gas

the

compounds

performed

chromatography-mass spectrometry (GC-MS) and Fourier transform infrared spectroscopic characterization

Methodology

Preparation of extract

The fruits of the plant had been acquired from local markets to put together the extract. According to [5] with some modifications, an exceptional pattern (approximately one thousand g) was measured and positioned in a 2000 ml beaker, wherein it was soaked in distilled water for 24 hours. The answer changed into a combined one with an electricpowered mixer for 15 minutes and then filtered utilizing of Whatman No. 1 filter paper. For additional filtration, the filtrate changed into focused using a centrifuge. The filtrate was then dried, scraped, and amassed in a sealed box. This technique was used to put together the aqueous extract. For the ethanolic extract, the identical manner was followed, the use of ethanol in place of distilled water. The prepared extracts have finally been used for GC-MS evaluation.

GC-MS analysis of bioactive

of this plant extract.

compounds from plant extracts

The bioactive unstable compounds in both (aqueous and ethanolic) extracts were tested utilizing gas chromatographyspectrometry (GC-MS). Analysis was done on a Shimadzu QP-2010 machine, using a 60-m non-polar RTX 5MS column. Helium was used as the provider gas. The temperature software initiated with a preliminary oven temperature of forty°C, held for three min, observed via a final temperature of 480°C at a rate of 10°C/min. A 2-μL sample become injected with the use of the splitless mode. Mass spectra have been recorded within the variety of $35-650 \mu A$, with the electron effect ionization power set to 70 eV. The general analysis time for each pattern became forty-five minutes. To pick out the chemical additives in the methanol extracts, the retention instances of the chromatographic peaks contrasted with the National Institute of Standards and Technology (NIST) database, and relative retention indices have been obtained the usage a quadrupole detector. The amount of compounds turned into is determined by touching on the peak regions to the overall ion chromatogram (TIC) regions obtained from gas [5].

Results

Definition of phytochemical compounds in the aqueous extract of *Tamarindus indica* utilizing GC-MS technique

The effects of the GC-MS (Gas Chromatography-Mass Spectrometry) analysis of the aqueous extract **Tamarindus** indica fruit display identification of diverse chemical substances present in the extract. Several organic compounds have been detected, consisting of alkaloids. phenolic compounds, flavonoids, which may be chargeable for the biological consequences of the extract. The results also showed the presence of compounds with antioxidant, antimicrobial, and anti-inflammatory homes. This analysis allows in an understanding phytochemical profile of the extract and enhances the scientific understanding of its ability to be therapeutic programs. (Table 1).

Definition of phytochemical compounds in the ethanolic extract of Tamarindus indica utilizing GC-MS technique

The GC-MS (Gas Chromatography-Mass Spectrometry) analysis of the alcoholic extract of Tamarindus indica fruit identified a range of chemical constituents present in the extract. Among the compounds detected have been carboxylic compounds, phenolic compounds, flavonoids, parafines, and triterpenoid compounds which can be responsible for the extract's organic effects. The analysis additionally found out the existence of compounds with antioxidant, antimicrobial. and anti-inflammatory properties. These effects offer precious insight into the chemical composition of the alcoholic extract and advise its viable healing applications (Table 2).

Table 1: Identification of chemical compounds in the aqueous extract of *Tamarindus indica* utilizing Gas

Chromatography-Mass Spectrometry

No.	Compound Name	Peak Area %	Rt. (min)	Qua lity	Mol. Formula	Mol. Structure	Mol. W. g/mol.	Biological activities
1	5-Hydroxymethylfurfural	7.58	12.456	45	C ₆ H ₆ O ₃	H-0 0 H	126.11	Anti-allergenics and anti- diabetics [6]
2	1-tert-Butoxypropan-2-yl acetate	14.61	16.892	22	C ₁₂ H ₂₄ O ₄	0 H 0 O	232.32	-
3	N-Serylserine	71.11	22.04	47	C ₆ H ₁₂ N ₂ O ₅	HO NH OH	192.17	Antioxidant and antidiabetic [7]
4	Hexadecanoic acid, methyl ester	1.42	26.04	90	C ₁₇ H ₃₄ O ₂	~~~~~	270.5	Antimicrobial activity [8]
5	9,12-Octadecadienoic acid (Z,Z)-, methyl ester	2.94	28.593	99	C ₁₉ H ₃₄ O ₂		294.5	Hepatoprotectiv e, Antihistaminic, hypocholesterol emic, Anti- eczemic[9]

Table 2. Identification of chemical compounds in the ethanolic extract of *Tamarindus indica* utilizing Gas Chromatography-Mass Spectrometry

No.	Compound Name	Peak Area %	Rt. (min)	Qual ity	Mol. Formula	Mol.structure	Mol.W g/mol.	Biological activities
1	2,5-Furandione, dihydro-3- methylene-	8.34	4.927	7	C ₅ H ₄ O ₃	•	112.08	Antimicrobial,antioxidant [10]
2	2- Furancarboxaldehyd e, 5-methyl-	0.76	5.773	90	$\mathrm{C_6H_6O_2}$	H	110.11	Antimicrobial activity [6]
3	2,4-Dihydroxy-2,5- dimethyl-3(2H)- furan-3-one	0.39	6.313	87	$\mathrm{C_6H_8O_4}$	но	144.12	Antioxidant, anti-proteus activity [10]
4	Cyclohexanone, 4- ethyl-	0.34	7.667	37	C ₈ H ₁₄ O		126.20	Hepatitis b antiviral agent, Inhibitors of viral replication, inhibitor of beta secretase [11]
5	Orcinol (1-(2- furanyl)-1- propanone)	0.24	8.056	49	C ₇ H ₈ O ₂	O H	124.14	Antibacterial [12]

Jasim & Jwad 11,3(39-55), 2025

6	Furyl hydroxymethyl ketone	0.71	8.476	46	C ₆ H ₆ O ₃	OH	126.11	Biofilm inhibitors,Antifungal, Antioxidant activity [12]
7	Thymine	0.85	8.679	64	$\mathrm{C_5H_6N_2O_2}$	O N H	126.11	Biological, Antibacterial, and Antifungal [8]
8	Heptane, 4-ethyl-	0.36	9.177	43	C ₉ H ₂ O	~~~	128.25	-
9	Ethanamine, N- ethyl-N-nitroso-	0.35	9.327	49	$C_4H_{10}N_2O$		102.14	Boost immune system [13]
10	4H-Pyran-4-one, 2,3-dihydro-3,5- dihydroxy-6-methyl-	2.27	10.10	94	$\mathrm{C_6H_8O_4}$	O H	144.12	Antibacterial and antifungal activities [12]

Jasim & Jwad 11,3(39-55), 2025

11	Cyclohexanone, 4- ethoxy-	0.23	10.78	22	C ₈ H ₁₆ O ₂	H. 0	144.21	Antioxidant activities [14]
12	Benzoic acid	2.98	11.37	95	C ₇ H ₆ O ₂	o H	122.12	Antibacterial [8]
13	5- Hydroxymethylfurfu ral	14.04	12.03	91	C ₆ H ₆ O ₃	H-0 0	126.11	Antidiabetics and antiallergenics [6]
14	4- Hydroxymethylfurfu ral	2.51	12.10	60	C ₆ H ₆ O ₃	но	126.11	Antioxidant antimicrobial and antiproliferative, antibiofilm[12].
15	Butanedioic acid, hydroxy-, diethyl ester	1.69	12.88 7	83	C ₈ H ₁₄ O ₅	o oH	190.19	Anti-ulcer[15]

Jasim & Jwad 11,3(39-55), 2025

16	Butanedioic acid, 2,3-dihydroxy-, diethyl ester, [S- (R*,R*)]-	2.56	14.80	91	$\mathrm{C_8H_{14}O_6}$	O HO O O O O O O O O O O O O O O O O O	206.19	-
17	Succinic acid, 3- methylbut-2-yl 3- heptyl ester	0.70	15.37 7	38	C ₁₆ H ₃₀ O ₄	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	286.41	Antioxidant [2]
18	D-Galactose	0.94	15.81	47	C ₆ H ₁₂ O ₆	H. O. H.	180.16	Antioxidant [16]
19	5,7-Dihydroxy-2-(4- hydroxyphenyl)-4H- chromen-4-one (Apigenine)	0.82	16.73 7	50	C ₁₅ H ₁₀ O ₅	н о о о н	270.24	Antioxidant and anti- inflammatory [2]
20	L-Tartaric acid	1.44	17.80 5	50	C ₄ H ₆ O ₆	H. O H O H	150.09	Antioxidant ,antimicrobial,Laxative [2]
21	Triethyl citrate	0.89	20.95	72	C ₁₂ H ₂₀ O ₇	H H	276.28	Anti-Ulcer and anti- inflammatory agent [15]

Jasim & Jwad 11,3(39-55), 2025

22	.betaD- Glucopyranose, 4-O- .betaD- galactopyranosyl-	0.36	21.55	47	C ₁₂ H ₂₂ O ₁₁	HO OH OH OH	342.30	Antioxidant, antibacterial, antifungal, and anti-inflammatory[14]
23	2-[2-(2- Ethoxyethoxy)ethox y]ethyl methacrylate	41.43	23.92	43	C ₁₂ H ₂₂ O ₅	^°~°~°~°\	246.30	-
24	Hexadecanoic acid, ethyl ester	1.71	27.14 5	98	C ₁₈ H ₃₆ O ₂	~~~~~	284.5	Antioxidant and antidiabetic [7]
25	Butyl citrate(citric acid)	0.47	29.15	87	C ₁₈ H ₃₂ O ₇		360.45	Antioxidant, anti- inflammatory [2]
26	Linoleic acid ethyl ester	3.08	29.61	99	$C_{20}H_{36}O_{2}$, in the state of	308.5	Anti-hyperglycemic, Hypocholesterolemic Anticoronary, and antioxidant [18]
27	9,12,15- Octadecatrienoic acid, ethyl ester, (Z,Z,Z)-	0.25	29.66	99	$C_{20}H_{34}O_{2}$	~°%~~~****	306.49	Hepatoprotective, Anti- arthritic, Anti-asthma, diuretic., Antioxidant activity, [9]
28	Butyl citrate	4.94	29.75	90	C ₁₈ H ₃₂ O ₇	H	360.45	Antioxidant, anti- inflammatory [2]

Jasim & Jwad 11,3(39-55), 2025

29	Octadecanoic acid, ethyl ester (Eicosanoic acid)	0.42	30.17	98	$C_{20}H_{40}O_2$	Y	312.5	Antimicrobial and antifungal. [10]
30	Cyclohexane, 1-(1,5-dimethylhexyl)-4-(4-methylpentyl)-	0.36	34.17 6	50	C ₂₀ H ₄₀		280.54	Antibacterial, Anticancer activity [9]
31	E,Z-1,3,12- Nonadecatriene	0.45	36.31	94	C ₁₉ H ₃₄ O ₂	"	294.5	Antimicrobial activity[17]
32	1,2- Benzenedicarboxylic acid, butyl methyl ester	1.54	37.24	91	C ₁₃ H ₁₆ O ₄		236.26	Antioxidant and antibacterial [8]
33	Ergosta-7,22-dien-3- ol, .3)beta.,22E-(0.25	42.85	91	C ₂₈ H ₄₆ O	100	398.7	Antioxidant and antitumor [10]
34	.gammaSitosterol	1.33	44.22 6	99	C ₂₉ H ₅₀ O	n H	414.71	Antimicrobial and anticancer agent [10]

Discussion

The outcomes of the chemical analysis of the aqueous and alcoholic extracts of the tamarind fruit (Tamarindus indica) using chromatography-mass gas spectrometry (GC-MS) showed a clear variation in the number and identified chemical type of five compounds. Only compounds were identified in the aqueous extract, compared to thirty-four compounds in the alcoholic extract. This variation is likely due to the different polarity of the solvent used, as alcohol has a higher ability to extract a wide range of active plant compounds, especially phenols, flavonoids, and terpenoids. [19-20].

The aqueous extract contained 5compounds such as hydroxymethylfurfural, Nserylserine, tert-butoxypropane-2-yl acetate, hexadecanoic acid methyl ester, and 9.12 octadecadienoic acid (Z,Z), which methyl ester, are biological compounds with

activities, including hypocholesterolemic, antioxidant, antimicrobial, and antidiabetic effects [6-9]. These results are partially consistent with those reported by (21).5-Hydroxymethylfurfural and hexadecanoic acid, methyl ester, were detected in the aqueous extract of T. indica, while the remaining compounds varied. This variation is attributed to environmental and geographical factors that influence the chemical composition of the plant, as well as different extraction conditions and techniques [22].

alcoholic extract was The characterized by containing a wide spectrum of biologically active compounds, such as 2,5-Furandione, dihydro-3methylene, Orcinol 1-(2-furanyl)-1-propanone, Furyl hydroxymethyl ketone, Hydroxymethylfurfural, H-Pyran-2,3-dihydro-3,5-4-one, dihydroxy-6-methyl, and Hexadecanoic acid, ethyl ester, these results were consistent with

those of [12] when analyzing a methanolic extract of the same plant using GC-MS, almost the same compounds were detected. These compounds were of great biological importance, as they possess antioxidant properties, antidiabetic activity, and antimicrobial and antifungal properties [9,12].

These results support the findings of [19] that solvent type plays a crucial role in determining the composition and effectiveness of plant extracts. Alcohol, thanks to its physical and chemical properties, is an effective solvent for extracting water-insoluble compounds, such as paraffins, alkaloids, and triterpenoids, this was supported by what [20] indicated that using alcohol as a solvent leads to a significant increase in the bioactivity of the extract, especially with regard to the concentration of antioxidant compounds.

It can be concluded that the alcoholic extract of *T. indica* fruit is more effective than the aqueous

extract in terms of the number and diversity of active compounds, which indicates its high potential in pharmaceutical and therapeutic applications, especially in combating chronic diseases associated with oxidative stress, such as diabetes, cancer, and inflammation.

Conclusion:

This look at verifies confirms that both aqueous and alcoholic extracts of tamarind fruit contain bioactive compounds contribute to its antioxidant and antimicrobial properties, supporting the plant's use in traditional medicine. Despite the remarkable effectiveness of the aqueous extract, the alcoholic extract demonstrated a clear superiority in terms of the number and diversity of active compounds, making it more effective and potentially a better option for future therapeutic applications.

Acknowledgement: Special thanks are due to [Dr. Nour Al-

Qazwini] for his invaluable steering and optimistic feedback, which considerably contributed to the quality of this research.

Conflict of Interest: The authors declare no conflict of interest.

References

- [1]. Pereira PHF, Voorwald HCJ, Cioffi MOH, Mullinari DR, Da Luz SM, Da Silva MLCP. Sugarcane bagasse pulping and bleaching: thermal and chemical characterization. Bioresources. 2011;6(3):2471–82.
- [2]. Devi B, Boruah T. Tamarind (*Tamarindus indica*). In: Nayik GA, Gull A, editors. Antioxidants in fruits: Properties and Health Benefits. Springer; 2020. p. 317–32. https://doi.org/10.1007/978-981-15-7285-2_16.
- [3]. Kumar CS, Bhattacharya S. Tamarind seed: properties, processing and utilization. Crit Rev Food Sci Nutr. 2008;48(1):1–20.
- [4].Mehdi MAH, Al- Alawi AMA, Thabet AZA, Alarabi FYS,

- Omar GMN, PradhanV. Analysis of bioactive chemical compounds of leaves extracts from Tamarindus indica using FT-IR and GC-MS spectroscopy. Asian J Rese Biochem.2021; 8(1): 22–34. https://doi.org/10.9734/ajrb/2021/v8i130171.
- [5].Mahadkar S, Valvi S, Jadhav V. Gas Chromatography Mass Spectroscopic (GCMS) analysis of some bioactive compounds from five medicinally relevant wild edible plants. Asian J Pharm Clin Res. 2013; 6(1): 136-9.
- [6].Hussein HM . Analysis of trace heavy metals and volatile chemical compounds of Lepidium sativum using atomic absorption spectroscopy, gas chromatography-mass spectrometric and fourier-transform infrared spectroscopy.

 Res J Pharm Biol and Chem Sci.2016; 7(4): 2529-55.
- [7].Ahmed SA, Ajiboye AT,Ibrahim YA,Olagunju AT, Salau S, Adetunji O. Antihyperglycemic and antioxidant

potentials of some bioactive compounds identified from the methanolic kernel extract of Anacadium ocidentale in vitro and in silico investigations. Niger J Chem Res. 2022;27 (1): 61 –82.

[8].Al Abboud M, Ismail K, Mashraqi A, Albishi S, Al-Namazi A, Masrahi Y. GC-MS analysis and antibacterial activities of some plants belonging to the genus Euphorbia on selected bacterial isolates.

Open Chem.2023;21(1): 20220325.

https://doi.org/10.1515/chem-2022-0325.

[9].Sunil KS, Suma A, Ashika BD, Roy CL, Naresh S, Sathyamurthy B. GCMS and ftir analysis on the methanolic extract of Coriandrum sativum leaves. Eur J Pharm Med Rese.2018;5(8): 454-60.

[10].Fagbemi KO, Aina DA, Coopoosamy RM, Olajuyigbe OO. Gas chromatography-mass spectrometry chemical profile investigation and biological activities of ethylacetate fraction of baobab (Adansonia digitata L.) pulp used in the treatment of urinary tract infections. J Med Plants Econ Dev.2022;6(1): a117.

[11].Naresh, S.; Sunil K. S.; Suma, A.; Ashika, B. D.; Roy,C.R.and
Sathyamurthy,B.(2018). GCMS and ftir analysis on the methanolic extract of red Vitis vinifera pulp.

World J Pharm Life Sci .2018; 4(

8): 153-9.

[12].Fagbemi KO, Aina DA, Adeoye-Isijola MO, Naidoo KK, Coopoosamy RM, Olajuyigbe OO. Bioactive compounds, antibacterial and antioxidant activities of methanol extract of Tamarindus indica Linn. Sci Rep.2022; 12(1): 9432. https://doi.org/10.1038/s41598-022-13716-x.

[13].Bhalla N, Ingle N, Patri SV, Haranath D. Phytochemical analysis of Moringa oleifera leaves extracts by GC-MS and free radical scavenging potency for industrial applications. Saudi J Biol Sci . 2021;28 : 6915–28. https://doi.org/10.1016/j.sjbs.202

1.07.075.

[14].Jimoh TA, AbdulRazaq Tukur A, Musa NM, Rukayya Muhammad Obansa RM, Ismail M. Phytochemical and gas chromatography-mass spectrometry (gc-ms) analysis of ethyl acetate root extract of Indigofera diphylla. Adv J Chem. 2023; 5(2): 173-83.

[15].Al-Marzoqi AH, Hameed IH, Idan SA.Analysis of bioactive chemical components of two medicinal plants (Coriandrum sativum and Melia azedarach) leaves using gas chromatographymass spectrometry (GC-MS) .Afr J Biotechnol. 2015;14(40): 2812-30.

[16].Xu R, Yang X, Wang J, Zhao H, Lu W, Cui J, Hu YX. Chemical composition and antioxidant activities of three polysaccharide fractions from pine cones. Int J Mol Sci.2012; 13: 14262-77.

[17].Hadi MY, Mohammed GJ, Hameed IH . Analysis of bioactive chemical compounds of Nigella sativa using gas chromatography-mass spectrometry. J Pharmacogn Phytother. 2016; 8(2): 8-24.

[18]. Tyagi T, Agarwal M. GC-MS analysis of invasive aquatic weed, Pistia stratiotes L. and Eichhornia crassipes (Mart.) Solms. Int J Curr Pharm Res. 2017;9(3):111-7.

[19].Bourgou SR, Beji S, Medini F, Ksouri R. Effet du solvant et de la méthode d'extraction sur la teneur en composés phénoliques et les potentialités antioxydantes d'Euphorbia helioscopia. J New Sci.2016;28:1649-55.

[20].Talebi Ε. Altave G. evaluation Comparative of aqueous, alcoholic, and hexane Grammosciadium extracts of platycarpum Boiss & Hausskn. Safe Future and Agric Res J 2(1): 21-5.doi: .2023; 10.22034/sfar.2023.406533.1004.

[21].Akter T, Bulbul MRH, Sama-Ae I, Azadi MA, Nira KN, Al-Araby SQ, Deen JI, Rafi M KJ, Saha S, EzajMMA, Rahman MA. Sour tamarind is more

antihypertensive than the sweeter one, as evidenced by in vivo biochemical indexes, ligand-protein interactions, multitarget interactions, and molecular dynamic simulation.

Nutrients.2023; 15(15):3402-54. https://doi.org/10.3390/nu15153402.

[22].Roy M, Roy S, Roopali B, Ottalwar N, Singh N, Singh J. Phytochemical characterization of different extracts isolated from Tamarindus indica L. in and around Durg District of Chhattisgarh State, India. Int J Curr Microbiol Appl Sci.2020; 9(3): 2819-24.

فحص التركيب الحيوي الفعال في المستخلصين المائي والإيثانولي لثمرة التمر الهندي (GC-MS) باستخدام تقنية كروماتو غرافيا الغاز مطياف الكتلة (Tamarindus indica)

سعاد محسن جاسم وسحر محمود جواد قسم علوم الحياة- كلية التربية للبنات/ جامعة الكوفة- العراق

الخلاصة

هدفت هذه الدراسة إلى تشخيص المركبات الحيوية الفعالة في ثمرة التمر الهندي (GC-MS) عن وجود العديد من المركبات في هذين المائية والإيثانولي. كشف تحليل كروماتوغرافيا الغاز-مطياف الكتلة (GC-MS) عن وجود العديد من المركبات في هذين المستخلصين. التمر الهندي نبات استوائي موطنه أفريقيا، ولكنه يُزرع على نطاق واسع عالميًا. يُعرف بخصائصه الغنية بالعناصر الغذائية وفوائده الصحية العديدة. في السنوات الأخيرة، ازداد الاهتمام بمضادات الأكسدة العشبية ودورها في الوقاية من الأمراض وعلاجها. يحتوي التمر الهندي على تركيز عالٍ من البوليفينولات والفلافونويدات، والتي يُعتقد أنها المواد الأساسية المسؤولة عن خصائصه المضادة للأكسدة القوية. تساهم المركبات الفينولية في التمر الهندي في صحة القلب والمناعة، بالإضافة إلى تأثيراتها المضادة للميكروبات والأورام. كما تُعرف الفلافونويدات الموجودة في أجزاء عديدة من النبات بخصائصها المضادة للالتهابات والسكري وخفض الدهون، مما يجعلها مفيدة في السيطرة على العديد من الحالات الصحية. بينت هذه الدراسة المركبات الحيوية الفعالة الموجودة في التمر الهندي و الأنشطة العضوية المرتبطة بها.

الكلمات المقتاحية: نبات التمر الهندي الصالح للأكل، تحليل كروماتو غرافيا الغاز ومطياف الكتلة، التركيب الحيوي النشط.