

New Advances in ocular inserts: A nod to nanotechnology

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Abstract:

Ocular drug delivery is an interesting and unique field for formulation scientists because of the many physiological and anatomical barriers of the eye. Although the eye is easily available for topical application only low amount of the administered dose reach the ocular tissues. Most of the applied medication, in particular eye drops which comprise 90% of all ocular medications, easily removed by blinking, excessive tearing, nasolacrimal drainage and corneal barriers.

Enhance pre-corneal residence time in ocular tissues is required to enhance bioavailability and reduce instillation time. Among the strategies used to enhance pre-corneal residence time is using ocular inserts. They are sterile solid or semisolid preparations that usually placed in cul-de-sac of the conjunctiva to increase pre-corneal residence time of the loaded drug. They must be formulated at specific thickness, shape and size to avoid eye irritation once applied. They can also be used for sustained drug delivery to the eye and the possibility of application of more than one drug at the same time. In this review we will look into the types of inserts, mechanism of drug release from the inserts and their advantages and disadvantages. In addition, we will have a deep look into how nanotechnology improved ocular inserts and the new advances in this field.

Key words: ocular inserts, nanotechnology, ocusert, bioadhesion

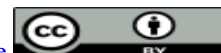
التطورات الجديدة في الإدخالات العينية: إضافة إلى تكنولوجيا النانو لهذا المجال

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خلاصة

يعد توصيل الأدوية عن طريق العين مجالاً مثيراً للاهتمام وفريداً من نوعه لعلماء تحضير التراكيب بسبب وجود العديد من الحواجز الفسيولوجية والتشريحية للعين. على الرغم من أن العين متاحة بسهولة للاستخدام الموضعي، إلا أن كمية قليلة من الجرعة المعطاة تصل إلى أنسجة العين. معظم الأدوية المستخدمة، وخاصة قطرات العين التي تشكل 90% من جميع الأدوية المستخدمة للعين، يمكن إزالتها بسهولة عن طريق الرمش، وإفراز الدمع المفرط، والتصريف الأنفي الدمعي، وحواجز القرنية. يعد تعزيز وقت الإقامة قبل القرنية في أنسجة العين أمراً ضرورياً لتعزيز التوافر البيولوجي وتقليل وقت التقطير. من بين الاستراتيجيات المستخدمة لتعزيز وقت الإقامة قبل القرنية باستخدام الأقراص الصلبة العينية. وهي عبارة عن مستحضرات صلبة أو شبه صلبة معقمة يتم وضعها عادةً في طريق الجفن الداخلي لزيادة وقت بقاء الدواء المحمل قبل القرنية. ويجب صياغتها بسماعة وشكل وحجم محددين لتجنب تهيج العين بمجرد تطبيقها. كما يمكن استخدامها لإيصال الدواء بشكل مستدام إلى العين وإمكانية إيصال أكثر من دواء في نفس الوقت. في هذه المراجعة سننظر في أنواع الأقراص الصلبة وآلية إطلاق الدواء منها



ومزاياها وعيوبها. بالإضافة إلى ذلك، سنلقي نظرة عميقة على كيفية تحسين تقنية النانو للأقراص الصلبة العينية والتطورات الجديدة في هذا المجال.

الكلمات المفتاحية: المداخلات العينية، تقنية النانو، الأوكوسرت، الالتصاق الحيوي

Introduction

The field of ocular drug delivery is unique and one of the most interesting and challenging fields in the area of localized drug delivery. The eye is an open organ that is easily accessible and convenient to be used by the patients without external help. Due to the open nature of the eye, it is impervious to foreign bodies through different defense mechanisms, which are considered as barriers for a successful ocular delivery. For a formulation scientists, the challenge is to overcome the many anatomical and physiological barriers of the eye to deliver an effective treatment (1–3).

The main barrier is the cornea due to its lipophilic nature and complex structure. It is a transparent layer that covers the front of the eye and consist of three main layers, epithelium, endothelium and stroma, separated by two membranes. Each layer has a different structure, physiological properties and lipophilicity which hinder the transport of the drug through the cornea. The lipophilic nature of the epithelium along with the tight junctions between the cells represent a barrier for paracellular and transcellular transport of hydrophilic drugs. On the other hand, the hydrophilic nature of the stroma also hinders the permeation of topically administered hydrophobic drugs(4–7).

Followed instillation of an eye drop reflex blinking, excessive tear production and nasolacrimal drainage play a role in reducing efficiency of treatment. They tend to dilute and wash any foreign materials on the topical surface within minutes thus reduce the pre-corneal residence time. That is why only 5% of an instilled eye drop penetrate to the ocular

tissues and the rest is eliminated through nasolacrimal drainage and the conjunctival blood circulation. Frequent daily administration is required with eye drops to maintain the therapeutic level of the applied medication at the site of action. Frequent administration is one of the reasons for low adherence to treatment when treating ocular diseases especially when treating chronic conditions such as glaucoma. Another concern is the continuous exposure of the ocular tissues to preservatives which will increase sensitivity of ocular tissues with continues exposure (8–10).

Increasing pre-corneal residence time (PCRT) is a key factor that will allow the drug to remain in contact with ocular surfaces for extended period, thus improving efficacy and bioavailability of the applied medication and reducing instillation times. Increasing PCRT through different strategies was investigated and many approaches were evaluated such as enhancing viscosity, use of mucoadhesive formulations, collagen shields, *in-situ* formulations, nanoformulations, vesicular systems, mini tablets, therapeutic contact lenses and ocular inserts (11–19) .

Ocular inserts are sterile solid or semisolid preparations that are used for the delivery of drugs to ocular tissues. They are usually placed in cul-de-sac of the conjunctiva to increase PCRT of the loaded drug. They must be formulated at specific thickness, shape and size to avoid eye irritation once applied. Some of their advantages, in addition to increase PCRT, includes the elimination of the need to use preservatives, accurate dosing, minimize dosing intervals, improved



patient adherence to treatment, better control of drug release and the possibility of application of more than one drug at the same time (20–23).

Historical background

The use of inserts is dated back to the 1800s when drug impregnated filter paper was cut and placed in the conjunctiva. However, inserts in its modern form was first introduced in the seventies(24,25). In 1975 pilocarpine ocusert was introduced as a controlled release dosage form. They were placed in the conjunctival sac and formulated to deliver pilocarpine for one week for the treatment of glaucoma. When compared to eye drops, ocular residence time and efficacy were good. But there was a problem of sudden leakage of pilocarpine encountered in some patients involved in the study (26,27). Another example of research conducted at that period is an artificial tear insert formulated for the treatment of dry eye. A soluble succinylated collagen insert was placed in the cul-de-sac to slowly release the polymer instead of frequent instillation of artificial eye drops. When evaluated in patients no report of blurred vision or discomfort was recorded (28).

Some researchers use Four different mucoadhesive polymeric film formulations containing ERY-loaded EUD/PVA nanoparticles were designed and developed as ocular inserts to overcome the trials related to the administration of conventional eye formulations including limited bioavailability, short residence time, and the necessity of frequent administration. The researchers supposed that these formulations have the potential to be more developed and evaluated for delivery of various topical ocular agents such as antibiotics, antifungals, ocular hypotensive, steroids and nonsteroidal anti-inflammatory, antihistamines, decongestants etc.(29),

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Research continued over the next two decades and several published research articles reported successful attempts in formulating ocular inserts(30–32). An example of the research conducted at that period is the fabrication of hydroxypropyl cellulose insert. The insert, measuring approximately 3x 1 mm, was placed in patient fornix for the treatment of dry eyes. Patients involved in the study reported good tolerance with only few experiencing problems (33). From that period onward the research on ocular inserts gain momentum and development were made regarding the formulation techniques and polymers used(34–37).

Requirements of a typical ocular inserts (38)

- 1- Must be biocompatible to ocular surfaces.
- 2- Must be stable, nontoxic, non-immunogenic and non-carcinogenic.
- 3- Release of the drug in a controlled manner and for extended period is favorable.
- 4- For non-biodegradable must be easy to retrieve if problems detected or after use.
- 5- Do not cause discomfort or blurred vision upon use.
- 6- Should have good mechanical strength and durability.
- 7- Easy to manufacture and sterilize to minimize cost.
- 8-

General problems encountered with ocular inserts

There are general problems associated with ocular inserts which includes (38):

1. Discomfort during application and use especially in oversensitive patients.
2. If not mucoadhesive they tend to move around the eye with possibility



of loss during sleep or rubbing the eye.

3. May cause blurred vision.
4. Difficulty in removal for insoluble inserts and difficulty in controlling the release of incorporated drugs for soluble inserts.

Mechanisms of drug release from inserts

Drug incorporated into the insert will be release by three main mechanisms; diffusion, bioerosion and osmosis.

1- Diffusion

It is the process of transfer of drug molecule from one part to the other depending on the concentration gradient. In the case of ocular inserts the drug will diffuse from the insert into the surrounding lachrymal fluid from either soluble or insoluble insert. In the matrix form of insoluble inserts, the drug is dispersed in the non-biodegradable polymer matrix and the surface of the matrix is usually surrounded by a porous membrane. Once placed in the eye, the water from the tear film will enter the matrix and dissolve the drug which will diffuse through the pores in a controlled manner(40–42).

For soluble inserts the swelling of the polymer is the key factor for dissolution and controlled the diffusion of the drug. The drug is homogenously dispersed in a polymer matrix and once placed in the eye they start to swell followed by diffusion of the drug(42). The swelling of the polymer depends on the physicochemical properties of the polymer used. When hydroxypropyl methylcellulose or polyvinyl alcohol were used for the preparation of cetirizine hydrochloride insert the matrix the type of the polymer had an effect on mechanism of drug released. Since both are hydrophilic polymers with tendency to swell the release of the drug was through diffusion from the swelling matrix(43).

2- Bioerosion

When an insert formulated with biodegradable polymers the release of the incorporated drug will be through bioerosion mechanism. The drug is usually dispersed in a bioerodable matrix. Once placed in contact with tear film the inserts starts to erode and release the drug. The rate of drug release is controlled by the rate of erosion of the polymer which depends on the physicochemical properties of the polymer used. Chemical or enzymatic hydrolytic reaction is responsible for erosion. The advantages of bioerodible inserts is the ability to modulate their erosion patterns to control the release or improve physical properties of the insert (44,45).

3- Osmosis

Drug released through osmosis when incorporated into insoluble insert. It is usually formulated with two compartments separated by an impermeable elastic membrane. The first compartment, which contain an osmotic solute, is surrounded by semi-permeable membrane in addition to the impermeable elastic membrane. The solute must not pass through the semi-permeable membrane. The second compartment, which is considered as the reservoir for the drug, is surrounded by impermeable and elastic membrane. An aperture for the release of the drug is present in the impermeable membrane of the insert. The reservoir of the drug could be in liquid or gel form. Once in contact with tear film, water will diffuse to the first compartment and extends the elastic membrane to inflate the first compartment. Once inflated the first compartment will shrink the second compartment and forces the drug through the aperture (46).



Classification of ocular inserts

Ocular inserts can be classified according to their fate after application into soluble and insoluble inserts.

A) Soluble inserts

They are the oldest class of inserts that are designed to be dissolved completely during use to eliminate the need for removal after application. They are also known as degradable and biodegradable based on the type of polymer used. Depending on the drug release mechanism (diffusion or bioerosion) water soluble polymers or bioerodible polymers are used for their manufacture. Several polymers were utilized such as collagen, polyethylene oxide, cellulose derivatives, polyvinyl alcohol, polyester derivatives, polycaprolactone, poloxamers and soluplus (47–50).

Patil et al reported the preparation of dorzolamide hydrochloride soluble ocular insert using polyvinyl alcohol and poloxamer 407. The release of the drug was sustained for 6 h with complete solubility of the insert (51). Nepafenac ocular insert using soluplus as insert forming polymer was also prepared. The insert had a proper physical and chemical properties and had sustained the release for around 4 h (52).

As noticed with previous examples the main problem encountered with soluble inserts is their rapid solubilization by the lachrymal fluid and difficulty in controlling the release of the drug. Approaches such as incorporation of hydrophobic polymers and mucoadhesive polymers in the formulation were introduced to provide a more controlled environment for the release of the drug(47,53).

Freeze-dried solid inserts for the delivery of hLF 1-11 peptide was fabricated with mucoadhesive polymers hydroxypropyl methylcellulose and sodium hyaluronate. Only 40% of the drug was released within 4

hours and the remaining amount was sustained (54). Abdelkader et al reported the impact of mucoadhesion on curcumin release from an insert. The insert was formulated using a mucoadhesive polymers (carboxymethylcellulose, polyvinyl alcohol, hydroxypropyl methylcellulose) and thermoresponsive polymer pluronic F127. The *in vitro* release and transcorneal permeation were enhanced by 9 fold and 8.86-fold respectively when compared to a control curcumin suspension (55). Ofloxacin and dexamethasone were also formulated as matrix insert using bioadhesive hydroxy propyl methyl cellulose and biodegradable Eudragit at different concentrations and combinations. All formulas prepared sustained the release for 24 h and followed zero order kinetics (56).

Coating the insert with control releasing polymer was also investigated as a mean to control the release of incorporated drug from the prepared inserts (57). Pawar et al reported that when an insert of moxifloxacin formulated using sodium alginate and polyvinyl alcohol was coated with different grades of Eudragit, the release was modified. The uncoated insert sustain the release for 5 h compared to 9 h for the coated insert. In the *in vivo* study the permeation percent was 34.95% within 5 h without coating and significantly increased to 68.42% within 9 h after coating(58). Valarmathi et al reported the formulation of reservoir insert. A reservoir of hydroxyl propyl cellulose or polyvinyl alcohol and aciclovir was made by solvent casting method and coated with a rate controlling film of ethylcellulose or eduragit RL 100 at different concentrations. In the optimum formula only 10 % of the drug was released after 2 h and the release was sustained for 24 h with no irritation based on the animal study(59). Dawba also reported that coating a ciprofloxacin hydrochloride insert by release controlling membrane had



an impact on the release of the drug. The reservoir was formulated using pullulan or hydroxy propyl methyl cellulose and both were coated with hydroxy ethyl cellulose. Before coating 60% of the drug was released within 30 min and complete release achieved within 1 h. The coating of all formulations extended the release between 7 to 25 h based on the concentration of the coating used(60). Two biodegradable ocular inserts are FDA approved; DEXTENZA[®] and LACRISERT[®]. Lacrisert is a biodegradable rod shape insert formulated using hydroxypropyl cellulose polymer which is used for the treatment of dry eye syndrome. The insert is 3.5 mm long with a 1.27 mm diameter and contain 5 mg of hydroxypropyl cellulose. It is preservative free and dissolves within 14-18 h after application in the inferior conjunctival cul-de-sac. It acts by stabilizing the precorneal tear film, lubricating the eye and prolonging the tear film breakup time(61,62).

Dextenza is a dexamethasone insert approved by FDA for the treatment of pain and inflammation after ophthalmic surgery. It is designed to be placed in the punctum of the eye to release dexamethasone for one month to ocular surfaces. The insert contains 0.4 mg dexamethasone and the release of the drug here depends mainly on the solubility of dexamethasone in the tear film(63).

B) Insoluble inserts

Insoluble inserts are solid or semi-solid preparations that consist of a drug reservoir squeeze in by rate-controlled polymers as part of a drug delivery system. In a container system, drugs that have been diffused or dissolved in a polymer matrix might be liquid, semi-solid, gel, or solid (29). As carriers, hydrophobic, hydrophilic, inorganic, organic, synthetic, natural, or other polymers can be employed. They are further divided into matrix and reservoir. The main problem associated with

insoluble insert is the removal of the insert after use and the main advantage is better control of the release.

1- Reservoir system

In reservoir system the release is controlled by a rate controlling membrane and the drug is released either by diffusion or osmosis based on the method of fabrication. The drug in the reservoir could be either a liquid, gel, semisolid, colloid, solid matrix or drug carrier complex form (64,65). Ocusert is an example of diffusional insert that release a drug from a reservoir through microporous membrane at constant rate. As mentioned earlier, Ocusert pilo-20 and Ocusert pilo-40 were the first FDA approved ocusert for pilocarpine delivery for the treatment of glaucoma. They release the drug at a constant rate and provide near constant concentration of the drug in ocular tissues for 7 days. Lowering the side effect of the drug such as miosis and myopia was obtained. The reservoir is fabricated from alginic acid pilocarpine and surrounded by ethylenevinyl acetate rate controlling membrane and impregnated with titanium dioxide. The reservoir is surrounded by annular ring for visibility in insertion and removal of the insert(26,66).

2- Matrix system

It involves in incorporation of the drug into a crosslinked polymeric matrix fabricated using hydrophilic or hydrophobic polymers. The crosslinked matrix tend to swell to equilibrium and release the drug by diffusion. Contact lenses are considered as a type of insoluble matrix insert for ocular delivery in which the drug is incorporated into the lens and slowly release during the wearing of the lens. When first introduced contact lenses were used for vision correction and aesthetic use. However, over the years their use as drug



delivery system gained popularity because of their biocompatible nature to the eye (67–70). The duration of Moxifloxacin release from silicon contact lens was above the minimum inhibitory concentrations for 13 days (71). Maulvi et al reported the use of silicone contact lens for the delivery of gatifloxacin. The release of the drug was sustained for 48 h and further enhanced to 72 h when pluronic was used to enhance loading of the drug to the contact lens (72). Another research reported that travoprost release was sustained using contact lens. When the drug was loaded into the lens via soaking method from a solution the release was sustained for 36–48 h for the different formulations. And further improvement in release was observed when

emulsion of the drug was used as soaking medium. The release was extended for 48–120 h (73).

New Advances in ocular inserts: the role of nanotechnology

Current research on ocular inserts is focusing on combining different approaches to overcome the problems associated with conventional formulations and further improve their properties. Several approaches were investigated over the years and some modifications can be seen in Table 1. However, the most widely investigated approach was the use of nanotechnology in ocular inserts.

Table 1: New advances in ocular insert formulations

Drug	Polymer used	modification	Improvement	Ref.
triamcinolone acetonide	Hydrophobic poly (1,4-butylene succinate) (PBS)	Plasma-assisted chemical surface functionalization of the PBS scaffolds made by electrospinning with biopolymers (inulin, α,β -poly(N-2-hydroxyethyl)-D,L-aspartamide, heparin)	improving surface hydrophilicity without modifying the bulk properties of the material and improving wettability, mucoadhesion and cyto- compatibility on human corneal epithelial cells	(74)
linezolid	Sodium alginate	Grafting the polymer Sodium alginate-grafted- poly (butyl methacrylate) and sodium alginate-grafted-poly (lauryl methacrylate) were synthesized.	Stronger adhesive force, slower release of the drug	(75)
pilocarpine nitrate	polyvinyl alcohol (PVA) as film-forming polymer blended with sodium alginate, as bioadhesive polymer. The effect of addition of either carboxymethylcellulose, carbopol, polyvinylpyrrolidone, or methylcellulose was investigated.	in situ film-forming liquids	convenient for patients	(76)



gatifloxacin	thiolated sodium alginate used for the preparation of mucoadhesive layer	Bilayered film in which one layer is mucoadhesive and the second layer is sustained release layer Eudragit RL 100 and Eudragit RS 100 in 75 : 25 proportion	The mucoadhesive film when used alone released 85% of the drug within 1 h however the bilayered film release 70% within 12 h	(77)
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Nanotechnology is one of the technologies that found application in all aspects of life including medicine (78,79). It involves the manipulation of the structure of particles to nanoscale level (1-100 nm). In ocular delivery nanoformulations, such as nanoparticles, nanosuspensions, nanoemulsions and nanogels, helped to overcome ocular barriers by enhancing permeation through the cornea thus enhancing efficacy, minimize degradation of unstable drugs sustain the release of the loaded drug and increase ocular residence time through their ability to adhere to mucus tissues as a consequence of their small size (80–84). The formulation of the drug in nanoscale followed by incorporation into a solid matrix or formulate using advanced mechanisms such as electrospinning technique gained momentum in the past few years. The next paragraphs will discuss in details the benefit of combining nanotechnology and ocular inserts.

Electrospinning technique

It is a new and simple method for manufacturing of nanofibers with high productivity. It involves the transformation of a polymeric solution into a solid nanofiber by the use of high voltage electricity. Three main parts are involved in the process; power supply, spinneret (syringe) and a collector. A high voltage electricity is applied between the syringe and collector which are separated by an appropriate distance. When high voltage applied into the polymeric solution, charges accumulate at its surface and starts to repel each other to overcome the surface tension of the droplets and form a Tylor cone. From the tip of the cone a charged jet is ejected and moves to the collector which has an opposite charge. The jet then stretches in the electric field and the solvent evaporates and converts into a solid fiber. Nanofibers produced by this method have favorable properties such as flexibility, porous structure, enhanced mechanical strength and high surface area(85–87).



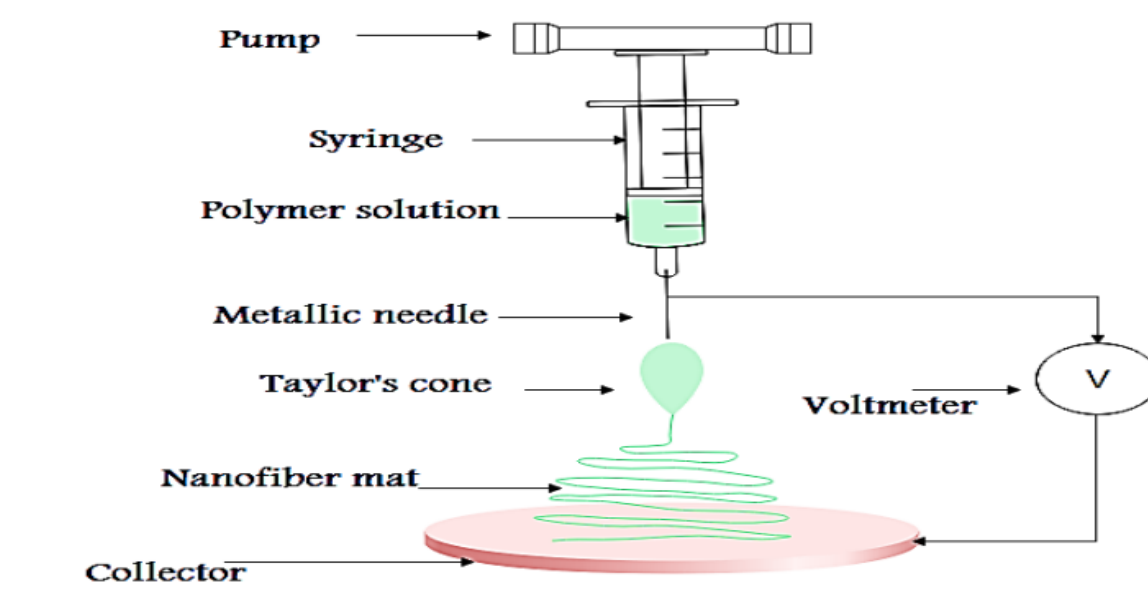


Figure 1. Diagram of electrospinning process (88)

Mirzaeei et.al reported the formulation of triamcinolone acetonide as nanofiber ocular insert. Chitosan formulations were compared to formulations fabricated using hydrophobic Eudragit S100 and Zein polymers. Burst release was not observed and the release continued for 4 days compared to free triamcinolone acetonide which released 70% within 8 h (89).

PEG and PCL were used for the formulation of electrospun nanofibers as ocular inserts for the delivery of besifloxacin HCl. Although the release was faster in the first two days it continued at fixed rate for 7 days until a 100% release was achieved (90).

Biodegradable polycaprolactone nanofibers loaded with fluocinolone acetonide were prepared as ocular insert using electrospinning technique. The insert

demonstrated an extended release for up to 5 days which was reflected by the improvement in permeability and pharmacokinetics of the drug compared to drug suspension. As a result of improving residence time the half-life of the drug was 18.96 h for the insert compared to 4.6 h for the drug in suspension (91).

Insert loaded nanoparticles

Nanoparticles (NP) are particulate substances that have one or more dimensions that is less than 100 nm in diameter. When particles formulated in nanoscale their physical and chemical properties modified(92). They are broadly classified into organic and inorganic NP based on the materials used for their synthesis Figure 1.

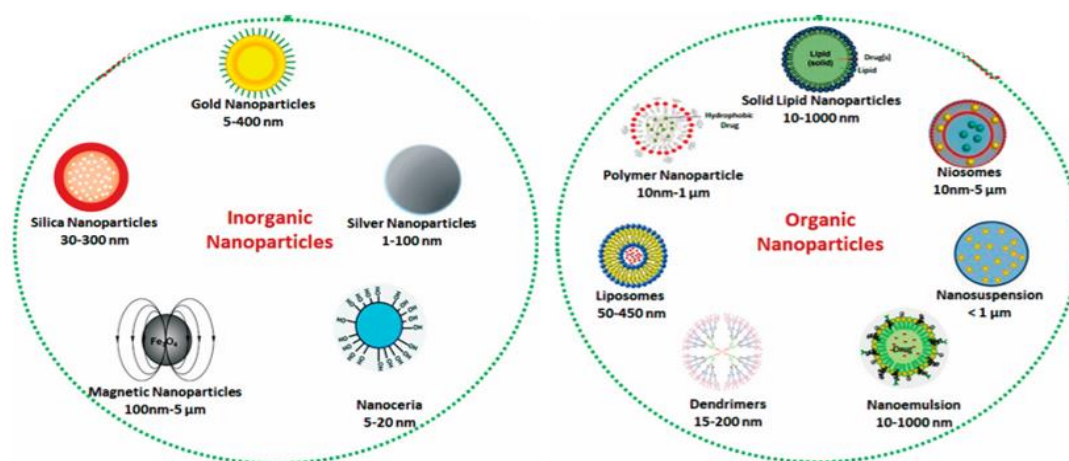


Figure 2 Classification of nanoparticles (80).

The ocular inserts are used either as a platform for delivery of the NP or enhance the efficacy of NP through increasing PCRT. Mohammadi et al reported the preparation of Ketorolac tromethamine loaded eudragit nanoparticles for the treatment of ocular inflammation. The nanoparticles of the drug were prepared first then they were incorporated into polyvinyl alcohol and hydroxyethyl cellulose insert. The insert was prepared using different ratios of polyvinyl alcohol and hydroxyethyl cellulose. The optimum formula has a burst release of 18% within 4 h followed by extended release for up to 50 h and followed Higuchi model for release (93).

Another research on the release of Ketorolac tromethamine from nanodispersion loaded mucoadhesive ocular inserts was reported. Different grades of hydroxypropyl methylcellulose were compared as mucoadhesive polymer for the insert synthesis. The permeation of the drug was significantly higher compared to eye drops (94).

Azithromycin biodegradable mucoadhesive nanoparticles were formulated using poly (lactic-co-glycolic acid) copolymer/pluronic and later incorporated into a nanofiber insert.

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The insert was formulated using electrospun technique and polyvinylpyrrolidone as the main polymer. Azithromycin permeation was significantly enhanced and the release profile achieved for an azithromycin eye drop in 24 h was achieved for the insert in 10 days. The half-life was extended from 6.3 h to 93.5 h based on the pharmacokinetic studies(95).

Nanostructured lipid carrier approach was utilized for the formulation of ocular inserts. Nanostructured lipid carrier of ofloxacin was incorporated into a chitosan oligosaccharide lactate solid insert. The insert provided a sustained release for 24 h which render it suitable for one day application(96). Shukr reported that when voriconazole was prepared as niosomes and loaded into an ocular insert the release of the drug was sustained for 8 h(97).

Another area of interest and was the focus of researchers for the past few years is loading NP into contact lens. The following table will shed light on the new advances in this area Table 2. Contact lens problem with loading is resolved when the loaded drug is formulated as NP and at the same time the delivery of NP is enhanced because the contact lens act as reservoir (98,99).

Drug	NP type	Improvement	Ref.
Timolol	Gold NP	enhance the uptake of the drug into the CL by soaking method	(100)
triamcinolone acetonide	nanosuspension	Significant increase in loading capacity of the lens from the nanosuspension compared to solution	(101)
Phomopsidione	NP	Reduce risk of bacterial infection associated with wearing CL, 99% of the microorganism growth was halted due to coating of the CL with NP	(102)
Ketotifen	Silica shell NP	The NP laden CL extended the release of the drug for 10 days	(103)
Silver	NP	Reduce risk of bacterial infection associated with wearing CL. Excellent antibacterial activity was observed	(104)
dimyristoyl phosphatidylcholine	Liposomes	The liposome laden CL extend the release of the drug for 8 days	(105)
Resina Draconis	Solid lipid nanoparticles	Increase PCRT and higher permeability of the drug	(106)
Timolol	NP	The release of the loaded CL was extended to one month	(107)
Prednisolone	Nanocapsule	Improve PCRT and loading efficiency of the CL	(108)
prednisolone	NP	The release of the drug was sustained when the NP incorporated into CL. The release of the drug was 10.8 % from the CL compared to 42.3% of NP in 24 h	(109)
Natamycin	NP	The loading of the drug into the CL was improved and the release was sustained up to 12 h	(110)
loteprednol etabonate	NP	The release of the drug was extended to 12 days	(111)
Dysprosium	NP Nanorods Nanocomposites	The CL used as delivery medium for the three types of nanoformulation.	(112)

Conclusion

Ocular inserts is a type of dosage form that have many advantages in ocular drug delivery and has been widely investigated and some are already available in the market. Their main advantages includes reduce instillation time, reduce use of preservatives, enhance bioavailability and enhance patient compliance. They can be prepared in different shapes and sizes which made them versatile. They can also incorporate different techniques with their formulation such as using vesicular systems and nanotechnology. However, their main disadvantages is cost and difficult to reproduce and the problem of converting to large scale production. In spite

of that they are promising dosage forms and their ability to incorporate different techniques made them interesting for formulation scientists.

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