



## ***Ferritin as Biomarker of Covid-19 Disease***

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### **Abstract**

Ferritin was determined by fluorescence Immunoassay (AFIAS) technique for quantitative analysis of ferritin in human serum. The linear range from (10 – 1000) ng/ml with regression equation and coefficient correlation between two test were  $y = 0.99198x + 0.56317$  and  $R = 0.9897$  respectively. The technique provided accurate and reliable results with limit of detection was determined to be 4.51 ng/ml. Quality and control test should be performed immediately after new test to ensure the test performed is not altered.

### **Introduction**

Ferritin as a major iron storage makes iron available for cellular processes and protecting from toxic effect of iron<sup>(1-3)</sup>. In clinical medicine ferritin is utilized<sup>(4)</sup> as marker of total body iron stores. This study suggests that ferritin provides a more sensitive, specific and reliable for diagnosis of the prognosis of Covid-19 disease. The test uses a sandwich immuno detection method, the detector anti-body is buffer bind to antigen in sample forming antigen-antibody complexes and migrate onto nitro-cellulose matrix to be captured by other immobilized-antibody on test strip. The more antigen in sample forms the more antigen in sample forms the more antigen-antibody complex and lead to stronger intensity of fluorescence signal on detector anti-body<sup>(5)</sup>.

### **Experimental work and Results**

This search was applied on many patient suffering from Covid-19 disease and their ages between (17-74) years from two genders. Health person were used as control for comparison. The study was follow up on measurement of ferritin for one patient (58 years old) after the blood sample were collected from the vein, centrifuged and (100µl) from the serum was injected in the (AFIAS) technique, the result obtained were recorded in table

**Table (1) Concentration of ferritin in blood**

Time (day)	Concentration (ng/ml)	
1	$39 \pm 3$	
2	$45 \pm 5$	30-350ng/ml health person
3	$55 \pm 2$	
4	$430 \pm 5$	



5	$550 \pm 4$	
6	$825 \pm 5$	
7	$850 \pm 5$	
8	$859 \pm 6$	
9	$860 \pm 9$	
10	$910 \pm 0$	

The accuracy of AFIAS was determined and listed in Table (2)

Table (2) **accuracy of AFIAS**

Ferritin added ng/ml	Ferritin found ng/ml	Recovery %
0	N.D	/
5	45	90
5	48	96
100	98	98
500	488	97

The precision of AFIAS was described in Table (3)

Table (3) **Precision of AFIAS**

Ferritin ng/ml	Mean	SD	CV %
15	14.89	0.97	6.54
150	149.11	4.08	2.73
450	451.32	7.95	17.1

### **Discussion**

The result in Table (1) show an increasing in concentration of Ferritin after fourth day from the suffering from Covid-19 disease this due to ;

- (1) Ferritin is protein responsible for storage of iron . In severe case of Covid-19, the virus attack respiratory system and reduce production of Hemoglobin (protein responsible for transport oxygen to cell of body and return carbon dioxide to lungs to get it out of the body) , this case lead to hypoxia , therefore the body increase production of hemoglobin and ferritin resulting to an increase the viscosity of blood leading to many clots in lungs <sup>(6)</sup>.



- (2) High level of leading to increase the activity of macrophage cells leading to cytokine storm which cause damage to heart, kidney and brain, finally death <sup>(7)</sup>.

The results in tables (2) and (3) illustrated that the technique used in this work is highly accurate and precise.

### **Conclusion**

High level of Ferritin in blood more than 1000 ng/ml indicates that a severe case of Covid-19 disease exists.

### **References**

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